



April 2016 • Adar II / Nisan 5776

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# upcoming events מה חדש

Please note that details of events are occasionally subject to change. Check our website for the most up-to-date information.  
Unless specified all events take place at Bonai Shalom.

## Shabbat & Festivals (Holidays) שבת וחגים

### Svasana on Shabbat

Saturday, April 2 • 9:30am

A restorative yoga practice to help our bodies, minds, and spirits rest. Drop your kids at school and come spend an hour for yourself on Shabbat. Enjoy slow movements and supported yoga postures that allow us to bring focus to our breath and minds, which in turn allows our nervous systems and spirits a chance to come home to Shalom. If you feel comfortable doing so, please bring a yoga mat and any yoga blankets or props you may have. Guided by Marni Siegel in Rabbi Marc's basement.

### The Basement: A Contemplative Shabbat Experience

Friday, April 15 • 6:00pm

Join Rabbi Marc for a different kind of Shabbat prayer experience in his basement at 6:00pm. We will chant, meditate, sing, and reflect as we bring in Shabbat together. There will be some drumming in this service too. You are invited to stay for kiddush, soup, and challah. Feel free to bring some Kosher wine or dessert. No RSVP required, but let the office know if you are planning to come so that the Rabbi knows how much soup to make! You may call us at 303-442-6605 or email office@bonaishalom.org.

## Social Action תקון עולם

### Farm Work Day

Sunday, April 10

Interested in joining us to raise a "hoop house" at Bonai Shalom? Mark your calendars for the Bonai Farm Work Day led by Greg Bourgon! This simple project will greatly expand our growing season into the early spring and late fall, providing the Bonai kitchen with more fresh, locally-grown, organic vegetables for a longer part of the year!

### Bridge House Community Table

Monday, April 11 • 4:15-6:30pm • at Bridge House

Bonai's commitment to Bridge House's Community Table is to provide volunteers to help prep and serve meals to those in need. Hot meals are served from 5:00-6:00pm, set-up starts at 4:15pm, clean-up till 6:30pm. Please help with whatever time you can give.



## Pesach Services 5776

April 21, 5:00pm – Sale of Chametz forms due to Bonai Shalom

April 22, 11:43am – Last Eating of Chametz

April 22, 11:30am – Burning of Chametz (behind Bonai Shalom)

April 22, 7:29pm – Candle Lighting

April 23, 9:30am – First Day of Pesach (and Shabbat Services) including Hallel

April 23, 8:31pm – Candle Lighting

April 24, 10:00am – Second Day Pesach Services

April 24, 4:00pm – Family Seder

April 24, 8:32pm – Candle Lighting

April 28, 7:35pm – Candle Lighting

April 29, 9:30am – Seventh Day Pesach Services

April 29, 7:36pm – Candle Lighting

April 30, 9:30am – Eighth Day of Pesach (and Shabbat Services) including Yizkor

Join Congregation Bonai Shalom  
for a fun + interactive  
Seder...just for kids!

This Seder is great for kids 2-10 and their families.



April 24, 2016, 4pm

RSVP online or at 303-442-6605. Capacity is limited so make your reservations EARLY and no later than Tuesday, April 19. Cost is \$5 per child paid to Bonai at the time of reservation. Kosher for Passover snacks will be provided. This is not intended to be a halachic Seder but a fun mock-seder with lots of moving, singing and learning.

Congregation Bonai Shalom is an egalitarian synagogue of diverse membership that embraces traditional prayer and practice with openness and creativity. We strive to make a difference in our community and the world by preparing our children for Jewish Life, providing adult education, strengthening connections to Israel, and participating in social action projects and green initiatives. Bonai Shalom is affiliated with The United Synagogue of Conservative Judaism.

## Adult Learning & Programs

לימוד ותוכניות

### Shira: Singing as Spiritual Practice

Sunday, April 3 • 7:30pm • CBS Sanctuary

Join us as we build our singing community! We'll explore *niggunim* (melodies), experimenting with rhythm, volume, texture, harmony, and listening. This is for folks of all levels of comfort and skill singing. Facilitated by Rabbinic Intern Hannah Kapnik-Ashar.

### Passover Retold: Special Teaching with Dr. Naomi SS Jacobs

Tuesday, April 5 • 7:00-9:00pm

What was the name of the Egyptian who found Moses? Where is there evidence that Israelites had dogs? How was a Satan like figure part of the Exodus story?

Learn all this and more in a special Passover class in which we read from the Book of Jubilees (more than 2,000 years old) in which a special angel tells Moses the story of his life and what happened in Egypt. Suggested donation \$10-\$15.

### Talmud Class

Wednesdays, April 6, 13 & 20 • 12:00-1:00pm

Join Rabbi Marc for a deep dive into Talmud featuring Tractate Sotah.

### The Open Book Monthly Torah Study 2nd Shabbat of Each Month (Saturday) 8:30-9:30am

Join us in the Rabbi's basement for this monthly deep study and discussion of the weekly parsha before our Shabbat morning service. Tea, coffee, and snacks provided.

### Fun With Seals – Special Teaching with Dr. Naomi SS Schwartz

Tuesday, April 12 • 7:00-9:00pm

Recently, archeologists found a 2,500 year-old seal belonging to an important Israelite woman. We will discuss this finding, look into seals in general and learn how to read the ancient Hebrew alphabet in which they are written. We will also consider what we know and don't know about the history of Israelite women. Suggested donation \$10-\$15.

### Chai Mitzvah: Grow Your Judaism

Thursday, April 21 (3rd Thursday of Each Month)  
6:00-7:30pm



Chai Mitzvah is an adult Jewish engagement initiative, asking the question, "What do you want your adult Jewish life to look like?" The course guides participants in

answering that question through study, spirituality and social action. This nine-month journey, led by Rabbi Marc, explores a variety of topics with monthly study groups.

## Children & Families

ילדים ומשפחות

### Shabbat B'Yachad

1st and 3rd Shabbat of Each Month when Religious School is in Session • 10:45am

Learning service for children in Grades 3-5 led by 'storchteller' Dafna Michaelson. Parents are welcome and children do not have to be enrolled in the Religious School to participate.

### Shabbat Koleinu

1st and 3rd Shabbat of Each Month when Religious School is in Session • 11:00am

Learning musical service for children ages K-2nd grade led by Music Specialist, Rachel Cole. Parents are welcome and children do not have to be enrolled in the Religious School to participate.

### Shabbat Shelanu

2nd and 4th Shabbat of Each Month • 11:00am

Parent-led Shabbat service for families with children ages 0-5. Includes singing, dancing, stories, and snack.

### Religious School Field Trip to Golden West

Wednesday, April 13 • 4:00pm • meet at Golden West

The 6th grade is helping Rabbi Marc lead a short seder for the residents of Golden West (1055 Adams Cir., Boulder 80303). Program ends at 5:00pm and students are to return to CBS so that they can participate in the sofer program.

### Special Guest: Sofer Kevin Hale

Wednesday, April 13

Rabbi Hale is a trained Sofer STaM, Torah scribe. His work focuses on evaluating and restoring Sifrei Torah, writing, and teaching about our sacred scribal traditions. He is skilled at engaging young children, teens, and adults. Rabbi Hale will be visiting the Religious School on April 13 as well as joining the Thursday Morning Minyan on April 14 at 7:00am. Following the minyan, he will be available to speak about scribal arts, answer questions, and show some of his works in progress.

## Youth

נוער

### Rosh Hodesh - It's a Girl's Thing!

Saturday, April 2 (meets monthly) • 12:00pm • CBS Library

Through discussion, arts and crafts, creative ritual, games, and drama, girls ages 11-18 and their leaders draw on Jewish values and a gender lens to explore the issues the girls care about most, such as body image, friendship, relationships, family, competition, and stress.

### Farm Day for Bonim and Kadima

Sunday, April 10

Youth groups will help with various projects while learning about food, sustainability, and animals. Snacks will be provided! RSVP to ariel.levitt@bonaishalom.org.

Bonim (Grades 3-5) – 9:30am-11:00am

Kadima (Grades 6-7) – 11:15am-12:45pm

### Prince of Egypt Movie Day for Ilanot (2nd graders)

Sunday, April 10 • 1:00-2:45pm

Join our Ilanot Youth Group for a fun movie day in Rabbi Marc's basement to celebrate Passover! The 1998 film is an adaptation of the Book of Exodus and follows the life of Moses from being a prince of Egypt to his ultimate destiny to lead the children of Israel out of Egypt. We will have snacks and coloring activities available as well. The event is free, RSVP required. Email ariel.levitt@bonaishalom.org.

### Shevet Achim: The Brotherhood

Sunday, April 10 (meets monthly) • 6:00-8:00pm

Join Shevet Achim for a bonding experience where 8th-9th grade boys can have open discussions about real teen issues. Led by Rabbi Marc and BJTJ Director Gary Brandt, this fun and transformative experience inspires boys to grow into adulthood with confidence, compassion, and purpose.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>3</b> 7:30pm - Shira: Singing as Spiritual Practice	<b>4</b>	<b>5</b> 6:30pm - Tuesday Evening Minyan 7:00pm - Passover Retold: Special Teaching with Dr. Naomi SS Jacobs	<b>6</b> 12:00pm - Talmud Class 4:10pm - Religious School	<b>7</b> 7:00am - Thursday Morning Minyan	<b>8</b> 7:15pm - Candle Lighting	<b>9</b> Parshat Tazria Shabbat HaHodesh Rosh Hodesh Nisan 8:30am - The Open Book Monthly Torah Study 9:30am - Shabbat Services / Bar Mitzvah of Zachary Yacht 9:30am - Religious School 11:00am - Shabbat Shelanu 8:36pm - Havdalah
<b>10</b> Farm Day for Bonim and Kadima Community Farm Work Day 1:00-2:45pm - Prince of Egypt Movie Day for Illanot 6:00-8:00pm - Shevet Achim: The Brotherhood	<b>11</b> 4:00pm - Bridge House Community Table	<b>12</b> 5:30pm - AIPAC Movie Screening: The Green Prince 7:00pm - Fun with Seals / Special Teaching with Dr. Naomi SS Schwartz	<b>13</b> 12:00pm - Talmud Class 4:00pm - Religious School Field Trip to Golden West Special Guest: Sofer Kevin Hale	<b>14</b> 7:00am - Thursday Morning Minyan with Special Guest: Sofer Kevin Hale	<b>15</b> 6:00pm - The Basement: A Contemplative Shabbat Experience 7:22pm - Candle Lighting	<b>16</b> Parshat Metzora First Shabbat with New Siddur Lev Shalem Shabbat HaGadol NO Religious School 9:30am - Adult Learning with Rabbinic Intern Hannah Kapnik-Ashar 8:43pm - Havdalah
<b>17</b> 8:30am - Bonai Hike	<b>18</b>	<b>19</b> 4:30pm - Pesach Shelanu 6:30pm - Tues- day Evening Minyan	<b>20</b> 12:00pm - Talmud Class 4:10pm - Religious School	<b>21</b> Ta'anit Bechorot 7:00am - Thursday Morning Minyan 6:00pm - Chai Mitzvah: Grow Your Judaism	<b>22</b> Erev Pesach - First Seder 10:43am - Finish Eating Chametz 11:30am - Community Burning of Chametz at CBS 11:51am - Selling and Burning Chametz Complete 7:29pm - Candle Lighting	<b>23</b> 9:30am - Shabbat Services with Hallel Second Seder NO Religious School 8:31 - Candle Lighting
<b>24</b> 10:00am - 2nd Day Pesach Services 4:00pm - Kid's Seder 8:32pm - Chag Ends Begin Counting the Omer	<b>25</b>	<b>26</b> 5:30pm - 8th Annual Queer Seder at Temple Emanuel	<b>27</b> 4:10pm - Religious School	<b>28</b> 7:00am - Thursday Morning Minyan 7:35pm - Candle Lighting	<b>29</b> 9:30am - 7th Day of Pesach Services 6:00pm - Kabbalat Shabbat Services 7:36pm - Candle Lighting	<b>30</b> 9:30am - Religious School 9:30am - Shabbat Services with Yizkor 8:39pm - Chag Ends

APRIL

# Connect to Bonai!

Bonai Shalom is connected to social media. Please "like" our page on Facebook, and "follow" our Twitter feed and Pinterest site. Simply put "Congregation Bonai Shalom" in the search boxes and you will find us. We will be using these sites to get the word out about all of Bonai's programs!



## Congregation Bonai Shalom

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### Coming This May! Torah Reading Class with Rabbinic Intern Hannah Kapnik-Ashar

In this six-session class for adults and interested b'nai mitzvah students able to read Hebrew, Hannah will teach Torah reading skills, including understanding the trope as punctuation and learning its music. Each participant will 'graduate' with reading a 3-4 verse aliyah on Shabbat or Thursday morning. Class runs six consecutive Monday nights, May 2nd-June 6th, 7:45-8:45pm at Bonai. If you are interested in participating, please email Hannah at [hannah@bonaishalom.org](mailto:hannah@bonaishalom.org).

### Save the Date! Yom HaShoah

Wednesday, May 4 • 5:30pm • at Nevei Kodesh

The Boulder Jewish community and Haver will host an Inter-Generational Yom HaShoah program on May 4 at Nevei Kodesh. The evening will begin at 5:30pm with a middle and high school student dinner and conversation with Holocaust survivors. Community Yom HaShoah Services will begin at 7:00pm.