Congregation Bonai Shalom is an egalitarian synagogue of diverse membership that embraces traditional prayer and practice with openness and creativity. We strive to make a difference in our community and the world by preparing our children for Jewish Life, providing adult education, strengthening connections to Israel, and participating in social action projects and green initiatives.

Bonai Shalom is affiliated with The United Synagogue of Conservative Judaism.

Officers
President .................. Jeff Davis
President Elect.......... open
Vice President of Administration .......... Phil Sadow
Vice President of Education ............. Suzanne Sweeney
Treasurer ................. Aza Squarer
Secretary .................. Arti Goldstein

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Facilities................ Itzik Ziv
Membership ............. Rona Cantor
Ritual ...................... Larry Cohn
Director At-Large ....... Eve Wood
Director At-Large ........ Gary Jacobs
Director At-Large .......... Mary Byly Kramer
Director At-Large .......... Bruce Wildman
Past President................. Steven Hill

Staff
Rabbi ......................... Marc Soloway
Administrative
Director.................. Kit Colorado
Education Director...... Karen Raizen
Director of Programming ....... Dove Weissman
Communications and Admin Assistant........ Meghan Letts

For More Information:
Phone: 303-442-6605
Online: www.bonaishalom.org
Email: office@bonaishalom.org

High Holy Day Schedule

Erev Rosh Hashanah
Wednesday, Sept. 24; 6:30pm

First Day Rosh Hashanah
Thursday, Sept. 25
8:30am-1:30pm Traditional Service
9-10am Alternative Prayer Practice
10am-1:30pm Youth Activities and Family Service
11-11:45am Shelanu (ages 0-5)
1:30pm Community Rosh Hashanah Kiddush Lunch
3:30pm Tashlich following Kiddush

Second Day Rosh Hashanah
Friday, Sept. 26
8:30am-1:30pm Traditional Service
9-10am Embodied Torah Practice
12:15-1:30pm Family Service
11-11:45am Shelanu (ages 0-5)
1:30pm Light Kiddush

Erev Yom Kippur – Kol Nidre
Friday, Oct. 3rd; 6:15pm

Yom Kippur
Saturday, Oct. 4; 8:30am-7:20pm
8:30am-2:30pm Traditional Services
9-10am Alternative Prayer Practice
10:30am-2:30pm Youth Activities and Family Services
11:30am – 12:15pm Shelanu (ages 0-5)
2:30-3:30pm Break
3:30pm Resorative Yoga
3:30pm Forgiveness, Compassion and Reconciliation – An Honest Discussion
4:45pm Minchah
6pm Neilah
7:20pm Fast Ends
7:20pm Community Break the Fast Meal

Worship Services

FRIDAYS: 6pm
Kabbalat Shabbat Service is held every Friday.
First Fridays begin with 6pm services, 7pm dinners, 8pm panel discussion, RSVP for First Fridays only.
SATURDAYS: 9:30am
Community Shabbat Services are held every Saturday morning in the sanctuary.

At-A-Glance

Friday, Oct. 3; 6pm
First Friday

Wednesdays, Sept. 10, Oct. 29, Nov. 12, and Dec. 3; 4:10-6:10pm
Drop-in Parenting Group

Sunday, Sept. 14; 4-6pm
Community-wide Anniversary of the Flood

Sundays, Sept. 21 and Oct. 19; 9:30am
Bonai Hiking Group

Friday, Sept. 26; 5pm
Family Fourth Fridays

Sunday, Oct. 5; time TBD
Sukkah Building

Wednesday, Oct. 8; 3pm
Sukkah Decorating

Friday, Oct. 10; 6pm
Community Sukkot Dinner

Sunday, Oct. 12; 12pm
Sukkah Hop

Mondays, Oct. 13 and Nov. 10; 3:45pm
Community Table

Saturday, Nov. 8; 9:30am
Jed Woodward Bar Mitzvah

Saturday, Nov. 15; 9:30am
Mincha-Alexei Schneeweiss Bar Mitzvah

New Programming Offerings

Please see page 7 for a complete listing.

Connect to Bonai!

Bonai Shalom is now connected to social media. Please “like” our page on Facebook, and “follow” our Twitter feed and Pinterest site. Simply put “Congregation Bonai Shalom” in the search boxes and you will find us. We will be using these sites to get the word out about all of Bonai’s programs!
Our beloved Reb Zalman touched so many people for decades, all around the world and I feel fortunate to have been one of his students. Since his sad but not tragic death at the beginning of July, it seems like Reb Zalman’s extraordinary legacy has been continuing to influence us in diverse ways. I feel more and more that the piece of him that I am most carrying forward is what he called “deep ecumenism.” I will never know even a fraction of what he knew about the world’s religions, I will never be ordained as a Sufi Sheikh and it is very unlikely that I will have a private audience with the Dalai Lama, but I do feel committed to know and to work with practitioners of other faith traditions. One of Reb Zalman’s phrases that has been reverberating inside me like a mantra is “the only way to get it together is together.”

When some twenty people from the Jewish community joined members of the Islamic Center of Boulder in July for Iftar, the nightly Ramadan break-fast that coincided that night with our own fast day, the 17th of Tamuz, we strongly felt Reb Zalman’s guiding hand and smile of approval of this gathering. In a previous article, I described that night as a reunion with long lost cousins. The open-hearted way in which we were welcomed was so moving. For too long, the relationship between Muslims and Jews has been defined by violence and hatred and yet we have so much that connects us. We share the same dreams for our children, for our world. In Arabic the word “Sulcha” is about forgiveness and reconciliation and is the same linguistic root as “selichot,” our penitential prayers of forgiveness that lead us into the Days of Awe. This year our selichot program before the service will be an opportunity to hear the stories of an Orthodox rabbi and a Palestinian activist in the West Bank, working together for peace. We will be inviting our friends from the Islamic Center to join us for this program. During the break on Yom Kippur this year, we are hoping to have an Imam and a Rabbi in conversation on themes of forgiveness and compassion in our different traditions.

I am writing this on Tisha b’Av, the day when we commemorate destruction throughout our history and right now, it looks like the horrible war between Israel and Hamas in Gaza is over. At least for now. For a sustainable peace, there has to be more understanding of each other and recognition that those committed to violence distort our faith traditions. The Haftarah at the end of Tisha b’Av, which is seven weeks before Rosh HaShanah, is from Isaiah and ends with his vision, “My house shall be called a house of prayer for all peoples.” (Isaiah 56:7). Is this the prophet’s way of saying “let’s get it together, together?” As I work with clergy from different faiths on a “guns to art” project that dreams of turning swords into ploughshares, guns into art, violence into peace; and as I reach out to my sisters and brothers in the Islamic community in friendship and reconciliation; and as we expand our commitment to local agriculture with the first interfaith CSA (Community Supported Agriculture) program, I feel the enormous hands of my Rebbe, Reb Zalman, holding my own hands, guiding me in this transformative work.

As another year begins on our Jewish calendar, we have so much gratitude for being back home in our beautifully refurbished building; such deep appreciation for the professionals and volunteers who made our rebuilding possible. I am so grateful for an amazing, inspiring staff and a wonderful lay leadership with Jeff Davis at the helm. Our tent is standing firm and looks beautiful, so what do we dream of for our community, for our city, state and our world? Our community is called “Builders of Peace” and I set an intention for this year that we are able to participate locally and globally, through deepening friendships across religious and cultural boundaries, in bringing more peace. Let’s get it together, together! Blessings for a year of peace, Rabbi Marc
Picked by our friend Emilia from her garden, two eight ball zucchini squash were recently given to my partner Dustin and I as a casual gift. Delighted to receive these perfectly round, zebra striped edibles; I immediately started planning a dinner around them. As I was heading down the road of steam or sauté, eat raw or roast, my mind took a slight detour and I began thinking about the special nature and somewhat lost art of handmade, homemade and homegrown gifts.

As children, our only true (tangible) offerings are those that we create. My mom still wears the beaded bracelets and glittered pins I made for her at age five; my dad has my toddler scribbles framed on his office wall. In our adult life, we often enlist the convenience of a store to assist with our gifting needs, foregoing the intimacy and uniqueness of a present made with our hands. Luckily, the tradition of creating from the home is increasingly popular and we are all recognizing the joy in both giving and receiving from the heart.

Many of us have gardens producing an assortment of fruits, vegetables and herbs, often too much to consume on our own. We are likely frequenting farmers markets and food stores, reveling in the abundance of color, texture, flavor and scent displayed on stands and shelves. No matter how we receive earth’s precious offerings, our harvests can be brought into our kitchens and transformed into a plethora of nourishing treats, fresh and preserved, making any occasion a bit more personal. Cucumbers can be made into pickles, cabbage into kimchee, tomatoes to salsa and herbs to pesto. Berries become jam, carrots help to make cake and wild herbs like yarrow, red clover, mint and dandelion are picked and steeped as medicinal teas.

It is true that creating in the kitchen can be quite daunting and not all of us feel fulfilled from preparing food. This doesn’t have to hinder a desire or devotion to gifting food. A locally bought vegetable ‘bouquet,’ a basket of fresh berries or hand-picked edible flowers are wonderful gestures and incredible presents for recipients more gastronomically inclined.

No matter the specifics, in the end, it is the intention and opportunity to infuse our offering with love that truly matters.

**Fire Cider**

Delicious and healing winter medicine and what to do with all of those onions and garlic.

1 medium onion, chopped
5 large, 10 medium cloves of garlic, chopped
½ cup grated ginger root
½ cup horseradish root
1 jalapeno pepper, chopped or 1 tsp cayenne pepper

Juice from 1 lemon
Apple Cider Vinegar
Raw Honey

Prepare all ingredients and place them in a quart size mason jar. Pour apple cider vinegar into the mason jar, covering all ingredients. Place a piece of parchment paper under the lid to prevent the metal from touching the vinegar and put the top on. Shake well. Store in a cold, dark place for one month to six weeks. Shake daily.

Using a cheesecloth, strain out the pulp and pour the vinegar into a new jar. Add ¼-½ cup of honey, depending on sweetness desired, stirring until thoroughly mixed. Take spoonful’s or sips to warm the body, help strengthen the immune system, at the onset of a cold or even as part of a salad dressing.

*Be sure to place a label on the cider with what it is and date.*
Kiddush Sponsors

Do you have an event you’d like to celebrate or a person you’d like to honor? Sponsoring a kiddush is a perfect way to share the joy!

**Think GREEN** – make your kiddush a ZERO WASTE kiddush! Contact the office for details.

Sept. 20........ Kiddush in honor of Beth Ornstein
Oct. 18........ Kiddush sponsored by Charles Cornfield
Nov. 8......... Jed Woodward Bar Mitzvah
Nov. 15........ Alexei Schneeweiss Cole Bar Mitzvah

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**Candle Lighting Times**

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<td>Nov. 7........ 4:35</td>
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<td>Nov. 21....... 4:23</td>
<td>Nov. 28....... 4:20</td>
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The prescribed time for lighting candles is exactly 18 minutes before Shabbat actually comes in, to ensure that we do not light candles after Shabbat, as the Torah forbids the lighting of fire on Shabbat. Once we have lit candles, we have brought in Shabbat, and anything that our personal practice forbids on Shabbat starts then. Regardless of your level of observance, it is an important, holy and wonderful Mitzvah to gather as a family each week and light candles to shift the energy of the week into the transformative energy of Shabbat. A truly healing weekly ritual!

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**Shabbat Ends**

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<th>Sept. 6....... 8:07</th>
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<td>Oct. 18........ 6:59</td>
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At the end of Shabbat, it is traditional to perform the short Havdalah ceremony to distinguish the holiness of Shabbat from the everdayness of the week in a beautiful ritual with wine, spices and a multi-wicked candle. The symbolism of this service is to capture the essence of the light and sweetness of Shabbat and bring it into our week to sustain us in our work and busy lives. Need a tutorial? Visit http://www.jewfaq.org/prayer/havdalah.htm.

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**Inclusion Committee**

**We Need Your Ideas and Input**

At Bonai Shalom, we’re trying hard to reach out to people who might need some accommodation to be able to fully participate in our congregation. Do you have any special needs? Do you know someone else with special needs? Would you or someone you know like to attend our programs or services, but need some help in doing so – a ride, help with a wheelchair, large print books or help with hearing? Contact us with concerns, questions, or information. You are invited to attend one meeting of our newly formed committee. Please contact the office for details.

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**Earn money for Bonai when you food shop!**

Stop by the office to purchase cards!

King Soopers and Safeway gift cards are **RECHARGEABLE** (up to $500 at a time) at the check-out lane or service counter using your own credit card! You get the points every time you recharge (reload) the card, and Bonai Shalom, the JCC, and the Boulder chapter of Hadassah share the 5-percent profits equally.

Your first King Soopers or Safeway scrip card must be purchased from either Bonai Shalom or Karen Diamond. The number on this card is tied to the shared account — everyone profits! The cards are available in $10 denominations. The rechargeable gift card may be used at King Soopers gas stations and Safeway gas stations. The King Soopers rechargeable gift card may also be used at Kroger and Ralph stores, and a host of other nationwide stores listed on the card.

Whole Foods gift cards are now available in $100 denominations. These cards are not rechargeable. When the amount on the card is “used up,” the card is thrown away. Whole Foods offers a 3-percent rebate to our scrip program. For more information or to purchase a Whole Foods gift card, contact Karen Diamond at 303-939-8656.

Also, $100 or $200 Sprouts gift cards are available from Karen Diamond. These cards are not rechargeable, but Sprouts offers a 5-percent profit. Once the amount on the card is spent, a new one must be purchased from Karen — please contact her with questions and for orders.

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At the beginning of the summer, I had the wonderful opportunity and absolute pleasure to attend the Teva Jewish Outdoor Food and Environmental Education seminar at the Isabelle Freidman Center Village, CT through Hazon. I went with Meghan Letts, who was our senior staff leader on the B’nai Mitzvah Camping Trip this year. Her participation in the seminar was supported by a Hazon mini-grant that had been awarded to Bonai Shalom earlier last year. We spent an engaging and informative week at the seminar. There were sessions that covered the spiritual AND educational aspects, advocacy, and Jewish texts related to JOFEE. We had hands-on sessions that helped us learn how to establish community gardens, make our own cheese and compound butters, make recycled paper, and how to make dyes from plants among many other things. We met with colleagues from camps, Moishe House, other educators, and lay people who were part of their community’s Green Committee. It was a very inspirational week, and the food we ate – much of what is grown there – was incredible!

From what I learned that week, I put together a JOFEE curriculum for our students and their families in the Religious School.

Together with Meghan, Communications Administrator, and Dove, Director of Programming, we applied for a Hazon Mini-grant for a multi-age, family-based program that included the Religious School curriculum, a Shabbaton to be held at Bonai in November, and a family retreat that is in the planning stage. I am very happy to report that we were awarded the grant!

The Shabbaton will focus on this being the year of Shmitah. For more information about Shmitah, please go to Hazon’s website to learn more: http://hazon.org/shmita-project/overview/.

The Family Retreat will be held at Ramah of the Rockies new Retreat Center. More details as they are decided will be forthcoming. In the school curriculum, each grade level will focus on one aspect/Jewish text within the realm of JOFEE with three-four activities to support their learning. The activities will also include family education programs.

We are very grateful to Hazon for their financial support in helping to develop and promote these programs, and we are looking forward to implementing these in the coming year!

Rosh Chodesh – It’s a Girl Thing!

This fall we are launching Rosh Hodesh: It’s a Girl Thing! at Congregation Bonai Shalom for girls going into 6th and 7th grades. Rosh Hodesh builds self-esteem, Jewish identity, leadership skills, and friendship networks of adolescent girls. The group will meet monthly at Bonai Shalom on Sunday afternoons.

I am happy to announce that our new group leader will be Aviva Bannerman. Aviva will be starting graduate school at Naropa University’s Somatic Psychology program in the fall. She spent the last few years traveling across the United States, Central America, and Southeast Asia, studying various forms of alternative medicine, such as massage therapy, herbalism, and energy work. She attended a Jewish day school until she graduated high school, and she feels passionate about spreading the values of Judaism. Aviva has four years of experience as a b’nai mitzvah tutor, and she is looking forward to working with our young teens. She will also be our Youth Advisor and will run our two youth groups.

If you have any questions about the program, please contact Karen at karen@bonaishalom.org.
Tehilim, Psalms for Daily Inspiration with Morah Yehudis Fishman
Mondays, Sept. 15, 22 and Oct. 20, 27, 13; time TBD
Regular attendance preferred, drop-ins are welcome.
Welcoming in the New Year, and carrying the warm energy of the holidays into the coming winter, we’ll explore the magnificent poetry and prose of the Psalms. With Reb Zalman’s translation of the Psalms, and commentaries from Midrash.

Women in the Bible: Black Fire and White Fire with Maggid Charna Rosenholtz
Tuesdays, Oct. 28 and Nov. 11; 6:30-8:30pm
The Five Books of Moses are filled with stories, teachings, and laws. On first glance it appears that women were bit characters in the narrative, relegated to the background. Yet a careful reading shows there are over two dozen women who were integral to the unfolding tale. Their stories will fill out the white spaces of the text, the whispered events in the Torah. In this workshop, we will explore some of the women’s stories and glean an understanding of their role in the development of Jewish wisdom.

Charna Rosenholtz, MA is an accomplished teacher, specializing in psychospiritual growth and applications of spiritual wisdom. Ordained as a Hebrew wisdom teacher (Maggid) by Rabbi Zalman Schachter-Shalomi and Rabbi Tizrah Firestone, she also holds a Master’s degree in Religious Studies from Naropa University in Boulder. She has mentored with medicine women, clergy, and master teachers in relation to the development of human potential. Charna’s passion and skill helps develop an empowered learning environment. By utilizing technologies from Matrix Leadership Institute, Hakomi Institute, and Right Use of Power, she seamlessly weaves content and context, for a holistic educational experience, be it text study, ceremony and ritual or contemplative practice.

Introduction to Jewish Meditation Workshop with Reb Lev Ettelson
Sunday, Nov. 2; 1-4pm
What’s Jewish about meditation? The Talmud describes the “First Hasidim” (who lived about two thousand years ago) as contemplatives who spent nine hours a day in prayer and meditation. The Torah, depicts our early ancestors as shepherds who were natural mystics, engaged in deep contemplation. The rich traditions of Kabbalah and the Hasidim of the Baal Shem Tov, are replete with practices for deeply engaging with our inner lives. In the modern era thanks to pioneers such as Rabbis Zalman Schachter-Shalomi a”h and Aryeh Kaplan a”h, Jewish contemplative practices have entered the mainstream Jewish life. In this workshop we will explore some of the history and foundations of Jewish Meditation. We will have a chance to experience such practices as mindfulness, visualization, chanting, using a word, divine name or Torah verse as a touchstone for contemplation and how to fully engage our breath and body.

Jewish Meditation Group with Reb Lev Ettelson
Tuesdays beginning Nov. 4, 7-8:30pm
Ongoing attendance, drop-in welcome.
We will begin the evening with chanting and then sit together in silence for twenty minutes, followed by a period of walking meditation, and another period of sitting meditation. There will be a short teaching (either introduction to a new technique or some aspect of Torah relating to our contemplative practice) with an opportunity for personal sharing.

Drop In Parenting Group
Wednesdays, Oct. 29, Nov. 12, and Dec. 3; 4:10-6:10pm
Stick around while the kids are at Hebrew School to join in group discussions about the Oys and Joys of Parenting. Together we’ll share stories of struggles and success, the wisdom from our own parenting journeys. We will also look too the advice and teachings from Jewish sources to glean the insights from the long view of the tradition. Within our gatherings we will be opportunity to explore our questions and concerns, and to support each other in parenting “Jewishly”.

Once a month meetings with tea and snacks provided. Facilitated by Dove Weissman, Director of Programs.

Prayer Leadership and Synagogue Skills with Rabbi Marc
Thursdays, Oct. 30, Nov. 6, 13, 29, and Feb. 5, 12, 19; 6-8pm
Would you like to step into more of a leadership role in services? Would you like to learn how to bring your prayer to life more fully? This in an opportunity to find your voice in the tradition and help share the spirit with your community.

Social Justice – Jews in the Civil Rights Movement with Karen Raizen
Sundays, Nov. 2, 16, Dec. 7, Jan. 11, Feb. 1, 19; 4-5:30pm
It has been estimated that almost half of the volunteers/activists who participated in the American Civil Rights Movement of the 1960’s were Jewish. These interactive sessions investigate the motivations and experiences of some of these activists using primary sources and personal narrative. Participants are encouraged to share their own personal narratives during the events of that time. We’ll also explore questions about identity, society, and social justice using Jewish texts.

Second Sundays Stories Slam
Sundays, Nov. 9, Dec. 14, Jan. 11, and Feb. 8; time TBD
You’ve heard of Story Corp, The Moth, Truth be Told. Now we’ve got our own Bonai Shalom Second Sunday Story Slam. We all have stories to tell, and to hear! Within the safe space of community, we will explore themes such as hope, struggle, gratitude, etc. through our own personal narratives. The format is one story at a time being shared, stories are five minutes top, must be true, and must relate to the theme of the evening. Everyone is welcome to share and to listen.

Rosh Chodesh Women’s Circle
Sundays, Nov. 23, Dec. 22, Jan. 19, 26, Feb. 19, Mar. 1, Apr. 19, May 19; 7pm
Rosh Chodesh, the celebration of the new moon, is an occasion for Jewish women to gather for ritual, learning and spiritual exploration, and to mark life passages in a uniquely women’s space in time. Please come with an open heart and mind, willing to share and to listen. We will explore the unique energy and spiritual teachings connected to each month in the Hebrew calendar, and how it relates to our own lives. This group is open to all women.

Jewish roots. He spent a year in the mystical city of Safed, Israel and several years on staff at Eliat Chayyim where he attended many retreats with seasoned teachers of contemplative Judaism such as: Rabbis David Cooper, Jeff Roth and David Zeller, a”h. Earlier this year he received a “Certificate of Empowerment” from Reb Zalman, recognizing him as a teacher, preacher, storyteller and expert prayer leader. Reb Leo was formerly the chazzan of Boulder Aish Kodesh and currently tutors students preparing to become b’nai mitzvah.
Breaking fast with the Islamic Center of Boulder.

The TEVA Topsy Turvy bus visits Boulder.

B’nei Mitzvah Rafting Trip

Photo taken by Peggy Dyer, One Million Faces.

Photo taken by Peggy Dyer, One Million Faces.

Rabbi Marc and Levi leading the upcoming B’nei Mitzvah class in song.
Becca and Lauren at the B’nei Mitzvah Camping Trip.

Cat and Aviva Bannerman having fun while setting up camp at the B’nei Mitzvah camping trip.

Meghan and Karen at the TEVA Seminar making coal burned kiddush cups.

The B’nei Mitzvah Camping group taking a break while on their hike to Cub Lake.

Photo taken by Peggy Dyer, One Million Faces.
**Youth Shabbat Programming**

All of our Religious School students will now be meeting on Shabbat mornings for class. To have our community together on Shabbat is exciting and will help bring meaning and understanding to our students on the importance of this very important weekly holiday.

The students will be learning Hebrew (alef-bet for our youngest students, oral vocabulary, reading prayers, and learning root words), finding connections with the prayers, and learning about mitzvot from the weekly parsha, all through music, storytelling, drama, games, and discussion.

For the past few years, we have had Shabbat Shelanu services on the 2nd and 4th Shabbat of each month for our families with young children 0–5 years old. This parent-led service includes music, storytelling, dancing, and praying together. This 30–40 minute service will continue on the 2nd and 4th Shabbat of each month.

We have also had our Shabbat B’Yachad services for our K-3rd grade students. This service, which is led by Dafna Michaelson, is a little longer, incorporates more of the structure of the Shabbat morning service, interaction with the students about the parsha, and more participation by the students with the davening.

We will continue to offer more youth Shabbat services for not only all of our students to participate, but they will be open for anyone who comes to Bonai Shalom on a Shabbat morning looking for a child-friendly service for their children to attend. Here are the services we will be offering:

1. **1st & 3rd Shabbat of each month:**
   - **Koleinu** for students in Kindergarten–Grade 2, led by Rachel Cole. The purpose of the service is to focus on the prayers – singing, leading, stories about the prayers, and finding connections. There will also be an activity to teach about the Torah portion. This service begins at approximately 11am.
   - **B’Yacahad** for students in Grades 3–5, led by Dafna Michaelson. This service includes more leadership by the students, a focus on a different prayer each time, Torah reading and discussion. This service begins at approximately 10:30am.

2. **2nd & 4th Shabbat of each month:**
   - **Shelanu** – for families with young children, 0–5 years old. This service is parent led.
   - On the 2nd and 4th Shabbat of each month, the students will combine grades to explore the week’s Torah portion using different, engaging strategies. These Torah activities will be for Religious School students only.

   We are looking forward to celebrating Shabbat together each week as a community and warmly welcome all visitors to our Shelanu, Koleinu, and B’Yachad services.

**Youth Groups**

Building on the success of our inaugural groups last year, we will continue with our program in the coming year. This year there will be two groups:

- **Bonim:** Grades 2–4
- **Kadima:** Grades 5–7

Aviva Bannerman will be our new Youth Advisor in charge of youth groups. There will be a couple of the same fun activities as last year (bowling, games) and plenty of new outdoor activities for everyone to enjoy.

Youth Groups will meet on either a Saturday night (in the winter when Shabbat ends early) or on a Sunday. We are planning on having 5–6 events for each youth group this year.

Please give any feedback or suggestions on the activities or the timing. We want this to work well for as many students as possible!

**Religious School News**

New beginnings – Shabbat school, renovated building, and new programs! I hope everyone is as excited about the new school year as I am. No one has to worry about remembering what building to go to for Religious School this year!

Our B’nai Mitzvah class – 12 students – just returned from their four-day camping trip in Rocky Mountain National Park to start off their B’nai Mitzvah year together. We welcome them back and look forward to hearing more about their experiences. Many thanks to our excellent staff: Rabbi Marc, Meghan Letts, Charna Rosenholtz, Lev Ettelson, and Aviva Bannerman.

**New School Schedule**

Religious School will now be held on Saturdays beginning September 6th during Shabbat services – 9:30am to 12:30pm for everyone in Grades K-B’nai Mitzvah (7th grade).

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**Youth Groups**

Building on the success of our inaugural groups last year, we will continue with our program in the coming year. This year there will be two groups:

- **Bonim:** Grades 2–4
- **Kadima:** Grades 5–7

Aviva Bannerman will be our new Youth Advisor in charge of youth groups. There will be a couple of the same fun activities as last year (bowling, games) and plenty of new outdoor activities for everyone to enjoy.

Youth Groups will meet on either a Saturday night (in the winter when Shabbat ends early) or on a Sunday. We are planning on having 5–6 events for each youth group this year.

Please give any feedback or suggestions on the activities or the timing. We want this to work well for as many students as possible!

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**and**

Grades 2-B’nai Mitzvah class (7th grade) will also meet on Wednesdays, 4:10 to 6:10pm.

To register your child(ren) for school, please go to the Bonai website. Look for the link on the membership page under the Community tab. Please contact me if you have any questions.
Among the Members

Please notify the office of any change in your street address, phone number and/or e-mail address. Please check the online Membership Directory on our website (www.bonaishalom.org) for all current member information. If you would like a printed directory, please contact the office.

Did you or your child win an award? Achieve a goal? Share it with your Bonai community so we can all say “mazel tov!” Email Kit at bulletin@bonaishalom.org to include it in the newsletter.

Mazel Tov To:
Alexei Schneeweiss-Cole Bar Mitzvah on November 15th.

Welcome New Members:
Kate Toan is an attorney in private practice. She has returned to Boulder after spending time in Rutland, Vermont. Kate would like to become more involved with the Boulder Jewish community and participate in social action projects. She is currently raising six chickens.

Becca Weaver and Jeff Levy are our newest members. Becca grew up at Bonai Shalom and Jeff comes to Boulder from Sacramento, California where he previously belonged to two synagogues. He is a real estate analyst and consultant and Becca is a farmer, educator, and owner of Rise and Shine Farm. She is also employed by the Boulder JCC and Ekar Farm in Denver. They married on August 31.

Happy Birthday to those 21 and under:
Sept.  Zev Ilan Arch-Andorsky
Jacob Bloom
Lauren Fellows
Jesse Siegal Gane
Benjamin Kohav
Masai Landsman
Natalie Jo Leibtag
Eli Jonathan Rogers
Briana Rosenfeld
Morris Schwartz
Reuben Sherwinter
Eviatar Shlosberg
Ben Squarer
Claire Victor
Ofri Ziv

Oct.  Ariel Amaru
Jonathan Ansell
Eben Beh
Moshe Beh
Shiloh Fahn
Kayla Goldstein
John Hanson
Nathan Hill
Noah Hill
Aaron Kirschner
Sofia Libertun
Miriam Rosenshein
Max Rosenshein
Kate Sadow
Sarit Sherwinter
Olivia Steinberg
Maya Shaffer
Isabel Weissmann
Jedidiah Woodward

Nov.  Amanda Ansell
Zivi Kapnik Ashar
Jonathan Baer
Shayna Siegal Gane
Sara Greenberg
Noa Kessler
Ezra Kone
Nina Schwartz
Elyana-Marie Steinberg
Nathan Woodward

Dec.  Aaron Fox
Anna Hanson
Faye Rosenshein
Ilana Wurman
Hadar Ziv

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Sisterhood not only enhances the sense of community at Bonai Shalom but also financially supports it. We receive no funds from the Congregation budget and all of our present fundraising efforts go fully towards the CBS Religious School.

The Sisterhood is excited to announce that Bonai Shalom has a new Gift Shop! They would like to meet your Judaic needs, from Shabbat and yahrzeit candles to Havdallah sets and Kiddush Fountains. The Sisterhood also has a link on our website to our partner’s retail store where you can find an extensive display of Judaic jewelry and other items. That is found at http://bonaishalom.org/sisterhood-gift-shop/. Please check out the display cases in the synagogue showing local and Israeli artists. All sales, both in house and online go directly to supporting our shul. Let’s make this Gift Shop a success!

The Sisterhood will be honoring Beth Ornstein at the September 20 Annual kiddush.

Sisterhood is open to ALL Bonai Shalom women. The Sisterhood usually meets on the second Thursday of the month at noon or 7pm. Annual dues are $18 and those new to Bonai Shalom enjoy a complementary first year. You can also pay your Sisterhood dues online at www.bonaishalom.org/the-sisterhood-of-congregation-bonai-shalom

A heart full of thanks to all the Sisterhood’s board members and volunteers for a great job!

All the best,
Debbie Garelick and Marilyn Pinsker, Sisterhood Co-Presidents, 303-413-8147

Bonai Shalom has partnered with Ariel Judaica to provide you great selection for our gift shop

Voliyah Program
Bonai offers two exciting programs that allow members to support CBS by giving above and beyond their standard membership. One way is through our Aliyah Plus Giving Program, in which members give financially above their standard dues amount. Second is our Voliyah (Volunteer Aliyah) program, in which members give extra volunteer hours to Bonai Shalom.

Visit www.bonaishalom.org and click on the “Voluteer” link for details.

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Social Action / Tikkun Olam

Mission Statement
The Social Action Committee identifies, supports, and publicizes projects and activities that will allow congregants to participate in Tikkun Olam with a sense of connection to Jewish tradition and teachings. These projects will focus on safeguarding against threats to life, the earth, freedom, human rights, human dignity, peace, and justice.

Update on Tuv Ha’Aretz and Thanks from the Red Wagon
Tuv Ha’Aretz, Boulder’s Hazon-sponsored interfaith CSA (Community Sponsored Agriculture) will be winding down the 2014 season in October. Originally a Jewish community effort (Bonai Shalom was a founder), St. Aidan’s Episcopal Church and the United Unitarian Universalist Church of Boulder are now partners. As of mid-summer, there were 75 members.

Tuv Ha’Aretz (good earth/good from the earth) is a special subgroup of Red Wagon Organic Farm’s larger CSA, in which members can enhance understanding of our food’s source and deepen connection with others who care about contemporary food issues from faith-based perspectives.

Amy Tisdale, one of the owners of Red Wagon Organic Farm, has expressed gratitude to CSA members, noting: Our CSA members make our farm possible…Your payments at the beginning of the year finance our farm for about the first six months of the year, when we have so many expenses: seeds, compost, row cover, mulch, sand bags, coolers, equipment, labor and so on. By joining our CSA you are committing to a whole season’s worth of vegetables. That means we can plan for how many sugar snap peas or acorn squash or melons we need to grow. You also give us the flexibility to feed you with the food that is abundant on the farm each week. Our CSA members are really the foundation of our farm and it is incredibly satisfying for us to know the people who are benefiting from all our hard work growing food…I don’t think I will ever be able to put into words how much your support means to Wyatt and me.

Some of the great things that have come our of the relationship with Red Wagon:
- Members volunteer to work with farm employees to sort/bag produce at pickup sites.
- CSA pickups are shifted to accommodate religious holidays
- Amy and Wyatt have provided apples and horseradish for our members and have attended Tu B’Shevat seders.
- For Red Wagon’s Sharing the Harvest program, Tuv Ha’Aretz helps with allocating share subsidies for community members in need.

Thanks to all of you involved in Tuv Ha’Aretz. Future members: watch for registration announcements early in 2015.

CBS Working Group on the Prevention of Gun Violence (a Sub-Committee of the Social Action Committee)
In the wake of Newtown, Aurora, and other mass shootings across the country, the leadership of the Conservative Movement and of the Jewish Council for Public Affairs, the national policy agency of the organized American Jewish community, each issued calls for action to reduce and prevent gun violence. The CBS Working Group on the Prevention of Gun Violence formed in early 2013 to develop our own response to this issue that so deeply affects all of us, as Jews and Americans. The goals of the working group are advocacy, education, and dialogue. Our activities have included participating in a silent vigil at the Colorado State Capitol, sponsoring a 1st Friday panel discussion, organizing a Shabbat in coordination with the national gun violence prevention Sabbath, and volunteering with local and national gun violence prevention organizations. We invite you to join with us even if you haven’t been to previous meetings. For more information on the working group, please e-mail Stephanie Greenberg at socialaction@bonaishalom.org.

Interested in a social action issue? Have ideas for a project? Please contact the committee at socialaction@bonaishalom.org.

A Place at Your Table?
In the Jewish tradition hospitality (hachnassat orachim) is not just a nice thing to do, but is one of the highest mitzvot! At Bonai Shalom, we try to be as welcoming and open as we can, yet, there is still more that we can do. If you know in advance that you will have places at your table for a Shabbat or Festival meal, please let us know at the office, so that we can match you up with honored guests! Also, if you are looking for some home hospitality, please let us know too, and we will do what we can.

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Yahrzeiten continued

Howard Krasnoff ...Charlotte Michener Krasnoff ...Husband ...10/3/2013 ...29 Tishrei 5774
Belle Pilloff ...Herschel Pilloff ...Mother ...10/16/2012 ...30 Tishrei 5773
Gertrude Friedman ...Steve Friedman ...Mother ...10/12/1953 ...3 Heshvan 5714
David Goldman ...Edward Goldman ...Father ...10/11/2010 ...3 Heshvan 5771
Dot Siegal ...Janine Starr ...Mother ...11/1/2011 ...4 Heshvan 5772
Anne Conway ...Dr. Naomi Jacobs ...Grandmother ...10/15/1988 ...4 Heshvan 5749
Harold Pollack ...Marilyn Pollack ...Father ...10/27/2006 ...5 Heshvan 5767
Anne Neiman ...Joanne Neiman ...Sister ...10/15/1991 ...7 Heshvan 5752
Beileen Shivotz ...Bill Shivotz ...Mother ...10/30/2006 ...8 Heshvan 5767
Len Snyder ...Hannah Snyder ...Grandfather ...10/24/2004 ...9 Heshvan 5765
Brian Caplan ...Jan Caplan ...Brother ...10/22/1996 ...9 Heshvan 5757
Matthew Schwimmer ...Mr. Daniel Schwimmer ...Grandfather ...10/31/1968 ...9 Heshvan 5729
Harold Greenberg ...Alan Greenberg ...Father ...10/18/2010 ...10 Heshvan 5771
Florence Spelke ...Marilyn Pollack ...Aunt ...11/9/2008 ...11 Heshvan 5769
Margaret Vamosi Bandler ...Barbara Steinmetz ...Mother ...10/25/1966 ...11 Heshvan 5727
Julie Shaffer ...Grandmother

Levy Horwitz ...Rhonda Horwitz Romano ...Great Grandfather ...10/16/2013 ...12 Heshvan 5774
James Kramer ...Robert Kramer ...Father ...10/22/1980 ...12 Heshvan 5741
Gary Leibtag ...Ira Leibtag ...Brother ...10/30/1982 ...13 Heshvan 5743
Stuart Small ...Doris Small ...Child ...11/5/1968 ...14 Heshvan 5729
Alexander Samuel Bandler ...Barbara Steinmetz ...Father ...10/21/1964 ...15 Heshvan 5752
Julie Shaffer ...Grandfather

Yo-sefa bat Shaul v’Batya ...Bruce Shaffer ...Aunt ...10/19/2013 ...16 Heshvan 5774
Jesse Kay ...Marc Soloway ...Grandmother ...10/30/1939 ...17 Heshvan 5700
Tillie Klearman ...Linda Hermelin ...Mother ...10/26/1991 ...18 Heshvan 5752
Henry Horowitz ...Michael Samuels ...Father ...11/14/1992 ...18 Heshvan 5753

Chana bat Itzhak v’Dina Horvitz ...Sheeri Handler ...Grandmother ...10/31/1996 ...19 Heshvan 5757
Dan Klearman ...Linda Hermelin ...Father ...10/28/1991 ...20 Heshvan 5752
Bobbie Goldman ...Edward Goldman ...Sister ...11/4/1993 ...20 Heshvan 5754
Robert Rogers ...Joel Rogers ...Father ...11/5/2012 ...20 Heshvan 5773
Rubin Halperin ...Debra Biasca ...Father ...11/5/2004 ...21 Heshvan 5765
Faye Diamond ...Ira Diamond ...Mother ...11/7/1985 ...23 Heshvan 5746
Zalman Gaibel ...Ben Gaibel ...Father ...11/17/1995 ...24 Heshvan 5756
Jacob Gang ...Marvin Gang ...Uncle ...11/11/2001 ...25 Heshvan 5762
Faye Ornstein ...Peter Ornstein ...Mother ...11/10/2012 ...26 Heshvan 5773
Annette Gelman ...Lloyd Gelman ...Mother ...11/13/2009 ...26 Heshvan 5770
Florentine Peitster ...Daniel Schwimmer ...Aunt ...11/5/1999 ...26 Heshvan 5760
Jean Rittmaster ...Robert Kramer ...Mother-in-Law ...11/4/2007 ...27 Heshvan 5770
Mary Bloom ...Debbie Carelick ...Grandmother ...11/4/1975 ...30 Heshvan 5736
Sam Gordon ...Deborah Stovall ...Mother ...11/22/1995 ...29 Heshvan 5756

Benjamin Pilloff ...Herschel Pilloff ...Father ...11/15/2001 ...29 Heshvan 5762
Neal Blau ...Jason Blau ...Uncle ...11/2/2013 ...29 Heshvan 5774
Bernard Cohen ...Susan Cohen ...Father ...11/27/1981 ...1 Kislev 5742
Clifford Fragin ...Dori Shivotz ...Grandparent ...11/29/1989 ...1 Kislev 5750
Sylvia Soloway ...Marc Soloway ...Grandmother ...11/14/1939 ...2 Kislev 5700
Martin Small ...Doris Small ...Spouse ...11/29/2008 ...2 Kislev 5769
A. Marlice Indorf ...Nalini Indorf Kaplan ...Mother ...11/17/1995 ...3 Kislev 5754
Phyllis Mathless Atkin ...Barbara Trager ...Sister ...11/15/2007 ...6 Kislev 5768
Carol Presley ...6 Kislev 2006 ...6 Kislev 5768
Benjamin Benari ...Paula Erez ...Father ...11/27/2006 ...6 Kislev 5767
Charles Bornstein ...David Bornstein ...12 Kislev
Elizabeth Marie Amend ...Carol Chazdon ...Mother-in-Law ...20 Kislev
Irwin Cantor ...Rona Cantor ...Father ...21 Kislev
Mark David Goldman ...Michelle Goldman ...Brother ...22 Kislev
Rachel Fallik ...Joshua Fallik ...22 Kislev
Bernie Coleman ...Howard Susskind ...Step-Parent ...23 Kislev
Aron Ber Gostynski ...Doris Small ...Brother ...25 Kislev
Wendy Cohen ...Marla Cohen Shapiro ...Mother ...27 Kislev
William Fox ...Randy Fox ...28 Kislev
Dorothy Jean Cohen ...Yocheved Landsman ...Mother ...30 Kislev
Louise Joyce Bloom ...Michelle Bloom ...Mother ...30 Kislev
Vincent Flach ...Mary Gelman ...Father ...3 Tevet
Victor Amend ...Carol Chazdon ...Father-in-Law ...9 Tevet
Alice Haber ...Kara Mertz ...Aunt ...16 Tevet

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FALL 2014 14
Saturday, September 20
Evening talk begins at 8:30pm
with Selichot service at 11pm

Currently finishing his book, Painful Hope, Ali Abu Averd is today a leading Palestinian activist teaching his countrymen non-violent resistance, and reaching out to Jewish Israelis at the heart of the conflict. Ali has toured the world many times over, telling his riveting story of violent activism, imprisonment, bereavement and discovery of the path of non-violent resistance, a story of personal transformation.

Hanan Schlesinger is an Orthodox Rabbi and teacher, and a passionate Zionist settler who has been profoundly transformed by his friendship with Ali. His understanding of the reality of the Middle East conflict and of Zionism has been utterly complicated by the parallel universe that Ali has introduced him to.

Join Ali and Hanan as they tell their personal stories and of their efforts to build a better future for their peoples. They come with no ready peace plans in hand, but only with the conviction that human understanding and trust will be the prerequisites for lasting justice, freedom and peace on that tiny sliver of land that they both call home.