Community Events

**Café Bonai – Picnic by the Creek**
August 16 (4pm Story Slam, 5pm Picnic)

**Elul Shabbaton Retreat at Ramah**
August 21 – 23

**Singing Circles**
September 1, October 20, February 9, March 8, April 5, and May 17; 7:30-8:30pm

**Farm Days**
October 11 and April 17; Time TBD

**New Member Tea**
November 4; 4 – 5:30pm

**Scholar in Residence – Joey Weisenberg**
January 22 – 23

Services and Holidays

**SATURDAYS: 9:30am**
Community Shabbat Services are held every Saturday morning in the sanctuary.

**FOURTH FRIDAYS OF THE MONTH** services begin at 5:30 pm

**Slichot Service**
September 5; 9am

**The Basement**
Fridays August 7, November 13, December 18, February 12, and April 15; 6pm

High Holiday Schedule

Please see page 12.

L’Shana Tova!
Best wishes for a sweet new year!

Embracing traditional egalitarian prayer and practice with openness and creativity.

Visit us at www.bonaishalom.org
Years ago, I walked alone into an unfamiliar synagogue for a Friday night service in Jerusalem, close to where I was going to be having Shabbat dinner. The only words that anyone said to me while I was there, were "zeh hamakom shel. That is my seat." Not one person said Shabbat Shalom to me, no one shook my hand and I could not get out of there fast enough. This is an unsettling memory for sure.

Do you remember the very first time that you walked into to Bonai Shalom? What was the first impression? How did you feel? My hope is that, like so many who have shared their Bonai stories with us, you would say something like, "it felt so welcoming. Heimish and warm." This has been our hallmark, although I am sure not all have had this experience, and there is arguably nothing more important than a spirituality of welcoming and a culture of hospitality. We consciously try to build community through cultivating a sense of extended family, especially as many of us live far from our actual families. For some, this aspect of the community is more important than the form or content of the services, or any class or event that happens in our building.

I have written and spoken about hachnasat orachim, welcoming guests, many times as it is a theme to which we must often return. Based on the story in Genesis of Abraham running to greet strangers as his guests, the rabbis teach that this act is even greater than Abraham’s zeal. The rabbis tell us that we should always be the first to greet every person, rather than wait until someone greets us (Pirkei Avot 4:20). This is especially true when it comes to those visiting our community. We are blessed to have so many wonderful people at Bonai whose nature it is to greet others in this way.

Food, of course, is a very large part of Jewish hospitality and we pride ourselves on having a lovely, open Kiddush lunch almost every week, as well as other meals throughout the year. Sometimes visitors are unsure if it is appropriate for them to partake of our Kiddush and we should help make it known that they are invited to break bread with us! As this weekly meal is so central to the life of our community and is certainly not free, I strongly encourage you to think about sponsoring one or more of these kiddushes a year, as another way of participating in the spiritual act of hospitality.

A harder level of this for many of us, is to invite strangers into our own homes. It is not always comfortable to have people outside our existing social circles enter our personal space, but this is the ultimate way to fulfill this mitzvah. I would love to expand the culture in our community of Shabbat and holiday meals in our homes; for there always to be willing hosts for visitors or regulars looking for this kind of hospitality. I used to go to a shul in L.A. where after every service, there would be an announcement, letting people know who the meal hosts were for anyone who did needed at a table. From time to time, we get people visiting Boulder, often scouting it out as a possible place to live, who contact us asking for this kind of Shabbat hospitality. There are times when we cannot really help them. Could you imagine hosting a Shabbat meal once a month, or every two months, and having tow or three spots at the table for guests?

As the fall holiday season approaches with its invitation to look inside and reflect on the themes of forgiveness and compassion, renewal and return, it is important to remember that this spiritual work is not meant to separate us from our community. Instead, it is to bring us more in connection, inspiring us to be the best person we can be in the coming year, which may include inviting others into our homes.

At Bonai Shalom this year, we are having our usual festive lunch on the first day of Rosh HaShanah, as well as a Yom Kippur break fast, but we are not having a lunch on the second day. If you are planning to host any meals over Rosh HaShanah or Sukkot and would like to include others, do please let us know. The tradition of Ushpizin is a mystical ritual that invites seven holy guests from the past each embodying a special quality, to our Sukkah on each of the seven nights. Some people invite actual physical guests to their Sukkah every night of this joyous festival. Something we might consider this year.

One of the most powerful liturgical moments of the High Holidays is when we declare that teshuvah, tefillah u’tzedakah, returning, praying and acts of justice in the world will help us stay balanced when bad things happen to us. The notion is that we work on three levels of relationship at this time of year: self, God and society. It can be a very powerful time to make commitments and challenge ourselves in all three of these paradigms. How am I going to strive to be different in my inner life, my spiritual life and with the world around me?

When it comes to community, one way to deepen connections may be actively to participate in ensuring that we keep growing in our culture of welcome and hospitality, whether through committing to join our shammus team, sponsoring a Kiddush or inviting guests into your home.

As the new moon of a new year brings new possibilities, may Bonai Shalom continue in our mission to welcome and to include, to refresh and nourish all who pass through our doors with open arms and hearts. Please let us know if you have places at your table to offer meals and extend your hospitality. You can contact the office at 303-442-6605 or office@bonaishalom.org. To sign up to be on our shammus list please visit http://bonaishalom.org/shammus-duty/

Blessings,
Rabbi Marc
Programming

Text Study Group
Tuesdays; 1-2:30pm at Bonai Shalom

Shabbat Adult Learning
Sept. 19 and Oct. 10 with Hannah
This Shabbat morning text study will include self-reflection appropriate to the season and community-building among participants. Rabbinic Intern Hannah Kapnik Ashar will facilitate, drawing from the masterful Ayeka curricula.

Svasana on Shabbat: A Restorative Yoga Practice to Help Our Bodies, Minds, and Spirits Rest
Oct. 24, Nov. 21, and Dec. 5
Drop your kids at school and come spend an hour for yourself on Shabbat. Enjoy slow movements and supported yoga postures that allow us to bring focus to our breath and minds, which in turn allows our nervous systems and spirits a chance to come home to Shalom. If you feel comfortable doing so, please bring a yoga mat and any yoga blankets or props you may have.

Torah Reading Class with Rabbinic Intern Hannah Kapnik-Ashar
Sept. 30, Oct. 7, Oct. 14, Oct. 21, and Oct. 28; 11am – 12pm
This class is for adults and interested b’nei mitzvah students able to read Hebrew (need not be able to read quickly), Hannah will teach torah reading skills, including understanding the trope as punctuation and learning its music. Each participant will ‘graduate’ with reading a three-four verse aliyah on Shabbat morning.

Class begins September 30, 7:30-8:30pm at Bonai. We will meet Monday evenings for seven weeks, skipping the week of BVSD Spring Break, March 23rd. Be in touch with Hannah with any questions:hannah@bonaishalom.org.

From Aging to Saging: Spiritual Eldering
Six Weeks: Thursdays, Oct. 1 – Nov. 5; 10am – 12pm
Led by Rabbi Ori Har DiGennaro and Rosemary Lohndorf. This class builds on the teachings of Reb Zalman Schachter Shalomi z”l, and invites you to embrace life and live your elder years more consciously, more joyfully, and more compassionately, while offering powerful contemplative tools for gathering and giving expression to the wisdom of your own ripening lives. Register for the series or come to the first class. Fee: $108 for Bonai Shalom members, $132 per class for non-members. Additional $20 fee for materials workbook. Co-sponsored with the Conscious Learning Community.

Singing Circles
Nov. 1, Oct. 20, Feb. 9, Mar. 8, Apr. 5, and May 17; 7:30 – 8:30pm
Join us in building singing community! We’ll explore *niggunim* (melodies), experimenting with rhythm, volume, texture, harmony, and listening. This is for folks of all levels of comfort and skill singing. If you’re interested in participating, contact hannah@bonaishalom.org.

Chai Mitzvah Class
Thursdays, Oct. 15, Nov. 19, Dec. 17, Jan. 21, Feb. 18, Mar. 17, Apr. 21, May 19, and June 16; 6 – 7:30pm
Chai Mitzvah is an adult Jewish engagement initiative, asking the question, “What do you want your adult Jewish life to look like?” This class will guide participants in answering that question through study, spirituality and social action. This nine-month journey explores a variety of topics with monthly study groups. You may join for all nine months, or on a month-to-month basis. Deepen your personal connection to living Judaism with fellow congregants, led by Bonai Shalom lay leaders and rabbi. Dates and times TBD.

October: Adults Rite of Passage
November: Tzedakah/Philanthropy
December: Individual and Community
January: Interpersonal Relationships
February: Mindfulness/Conscious Living
March: Adding New Insights and Meaning to Passover Seder
April: Israel and the Jewish Spirit
May: Gratitude
June: Judaism and the Environment

Community Table
Can you spare time once a month to help feed hungry and often homeless people a hearty meal?

Bonai Shalom is responsible for supplying volunteers for Community Table the second Monday of every month. Please join us on August 10, September 14, and October 12 at the First United Methodist Church, 14th and Spruce Streets, in Boulder (one block east of the Hotel Boulderado, one-half block north of the Boulder Theater). Volunteer times range from 4-6 pm. You may come anytime during those hours, and stay for as long as you like. Whatever time you can share is appreciated!
Candle Lighting Times

Aug. 7 .... 7:50 pm  Sept. 4 .... 7:09 pm  Oct. 2 .... 6:23 pm
Aug. 14 .... 7:41 pm  Sept. 11 .... 6:58 pm  Oct. 9 .... 6:12 pm
Aug. 21 .... 7:31 pm  Sept. 18 .... 6:46 pm  Oct. 16 .... 6:01 pm
Aug. 28 .... 7:31 pm  Sept. 25 .... 6:35 pm  Oct. 23 .... 5:51 pm
Oct. 30 .... 5:42 pm

Holidays
Sept. 13 (Erev Rosh Hashana) .... 6:55 pm
Sept. 22 (Erev Yom Kippur) ....... 6:40 pm
Sept. 27 (Erev Sukkot) ............. 6:31 pm

The prescribed time for lighting candles is exactly 18 minutes before Shabbat actually comes in, to ensure that we do not light candles after Shabbat, as the Torah forbids the lighting of fire on Shabbat. Once we have lit candles, we have brought in Shabbat, and anything that our personal practice forbids on Shabbat starts then. Regardless of your level of observance, it is an important, holy and wonderful Mitzvah to gather as a family each week and light candles to shift the energy of the week into the transformative energy of Shabbat. A truly healing weekly ritual!

Shabbat Ends

Aug. 1 ....... 9:00 pm  Sept. 5 ....... 8:11 pm  Oct. 3 ....... 7:25 pm
Aug. 8 ....... 8:51 pm  Sept. 12 ....... 7:59 pm  Oct. 10 ....... 7:13 pm
Aug. 15 ....... 8:42 pm  Sept. 19 ....... 7:48 pm  Oct. 17 ....... 7:03 pm
Aug. 22 ....... 8:32 pm  Sept. 26 ....... 7:36 pm  Oct. 24 ....... 6:53 pm
Aug. 29 ....... 8:22 pm  Sept. 30 ...... 7:31 pm  Oct. 31 ...... 6:44 pm

Holidays
Sept. 15 (Rosh Hashana II) ....... 7:54 pm
Sept. 23 (Yom Kippur) ............ 7:41 pm
Sept. 29 (Sukkot II) ............... 7:31 pm

At the end of Shabbat, it is traditional to perform the short Havdalah ceremony to distinguish the holiness of Shabbat from the everydayness of the week in a beautiful ritual with wine, spices and a multi-wicked candle. The symbolism of this service is to capture the essence of the light and sweetness of Shabbat and bring it into our week to sustain us in our work and busy lives. Need a tutorial? Visit http://www.jewfaq.org/prayer/havadalah.htm.

Kiddush Sponsors

Do you have an event you’d like to celebrate or a person you’d like to honor? Sponsoring a kiddush is a perfect way to share the joy! Contact the office for sponsor details.

Aug. 1 ....... The Buchman family in honor of Lauren Buchman’s Bat Mitzvah
Aug. 16 ....... Jeff Levy and Becca Weaver
Aug. 26 ....... Lois and Jeffery Linsky
Sept. 9 ....... Robert and Tara Winer
Sept. 12 ....... Robert and Tara Winer in memory of Rita Goor
Oct. 17th .... Noah Hill’s Bar Mitzvah

A Community is Too Heavy to Carry Alone

By Kit Colorado

At communal leadership meetings, Board meetings, and annual meetings we talk about the same things year after year; budgets, leadership, and engagement. These topics may sound terribly boring to many of you, but to those in leadership, be it professional staff or lay leaders, it’s the three most important parts of what we do. I believe these three things are intrinsically linked. What would happen if we took budget and leadership out of the equation and looked at what it takes to engage the Bonai Shalom community in meaningful community and experiential Judaism.

Author Daniel Gordis said “In Jewish life, we seek religious satisfaction, insight, truth, and closeness to God not in solitary moments, but in engagement with others. Jewish tradition says that it is in the muddy, complex, fraught world of human relations and shared responsibility that God’s presence can be brought into our lives.”

I hear all the time, what a fabulous community we have, how warm and welcoming we are. We have a talented and passionate Rabbi, a dedicated professional staff and committed lay leaders. So what is the missing link? You. We need you. We need you to read Torah, we need you to prepare meals for the Hesed freezer, we need you to greet our guests on Shabbas, we need you to pull weeds or edit the Bulletin. We need you to share your dreams, ideas, complaints and appreciation. We need you to support classes and fundraisers. We need you to make that appointment with Rabbi Marc and tell him your ideas about what an engaged community looks like. We need you and we aren’t a community without you.

At our annual meeting this year, Rabbi Marc invited us, all of us, to reach out to him, meet him for coffee and share what we’re looking for. Why are we here? Why do we renew our membership each year; budgets, leadership, and annual meetings we talk about the same things year after year; budgets, leadership, and engagement. These topics may sound terribly boring to many of you, but to those in leadership, be it professional staff or lay leaders, it’s the three most important parts of what we do. I believe these three things are intrinsically linked. What would happen if we took budget and leadership out of the equation and looked at what it takes to engage the Bonai Shalom community in meaningful community and experiential Judaism.

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Actualizing the Meaning of Rosh Hashanah  By Dove Weissman

Rosh Hashanah is just around the corner, and parents everywhere are busy making plans and setting menus for this yearly family celebration. Here are three ways that parents can help their children actualize the meaning of Rosh Hashanah:

The power of giving Tzedakah (charitable donation) is one of the ways that helps us repent and helps ensure that our prayers are answered on Rosh Hashanah. The entire family can be involved in selecting a single charity. Think about a family that may not have the financial resources to shop for a Rosh Hashanah meal, or perhaps there is a family that is unable to prepare a meal nor be in synagogue because they have to spend Rosh Hashanah in the hospital.

The significance of asking for forgiveness is very powerful. It is not easy to remember all of the things we need to ask forgiveness for, and it is not easy to ask forgiveness. Have everybody think about forgiveness in another way with a forgiveness box. Take an empty shoe box and make a slit in the top cover. Put it in a place the entire family can see it and in the days leading up to Rosh Hashanah, each member can add notes about things for which they might need to ask forgiveness (fighting with sibling, parent yelling at one child when angry). Small children can make simple pictures to express their feelings. At the Rosh Hashanah meal, the box can be opened and shared (anonymously) with the entire family.

There are so many fantastic foods that symbolize our desire to have a sweet new year. Since kids love to bake, pick a recipe for honey cake and make it together. In honor of the custom of dipping an apple in honey for a sweet new year, you can also go apple picking as a family. Or simply use an apple cut in half as a stamp, dipped in paint to create a festive art project to adorn your Rosh Hashanah table.

Enjoy this time with your children and may you all have a Shana Tova!

Esti Berkowitz blogs at primetimeparenting.com, a blog that was started to share how she found kosher food, a husband and had children after 35.

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CBS Religious School News

The new school year will be upon us before we know it! We finished our first year with the change from Sunday School to Shabbat School. The benefits we had anticipated were certainly realized, but we also identified ways to improve our programs and have been working over the summer to develop new ideas. We are looking forward to implementing those when school begins in the fall.

We will be introducing a new Pre-K/K class for our 4 and 5-year-olds on Shabbat mornings, 9:30 – 11am. This class will include games and activities to teach alef-bet letter recognition, oral Hebrew vocabulary, lessons on mitzvot and middot, our Torah stories, prayer, and snack. They will be able to participate in our Koleinu services two times a month, which begin at 11am led by Rachel Cole, our music specialist. The other two times a month, they can join our parent-led Shelanu service with their parents.

The class schedule is as follows:

- Grades Pre-K – K: Saturdays, 9:30 – 11:30am
- Grade 1: Saturdays, 9:30am – 12:30pm
- Grades 2 – 7: Saturdays, 9:30am – 12:30pm, Wednesdays, 4:10 – 6:10pm

The first day of school for our students in Grades 2-7 will be Wednesday, September 9th.

The first day of Shabbat School for all of our students is on Saturday, September 12th.
Join the Holy Fellowship!

Every traditional Jewish community has one and they perform some of the most important of all the mitzvot; a group of men and women, sometimes professionals, but here in Boulder, all volunteers, who serve the immediate needs of the recently departed and their families. These Jewish Burial Societies are known as a Chevra Kaddisha, literally, a holy fellowship. The specific rituals of washing and preparing a body for burial (taharah) and and watching over the body from the time of death until burial (shemirah) are considered to be hesed shel emet, the truest act of loving kindness, given with no expectation of reward or acknowledgement. These customs are based on very ancient practices connected to the purity of death and the sense that a soul needs some caring assistance as it makes its transition from the body that has been its home. Traditionally, the identities of the members in these groups are private and there is considerable humility that comes from serving needs of the dead and their families with dignity and respect.

Our Boulder Chevra Kaddisha is made up of wonderful and dedicated volunteers from across the Jewish community, women and men who find great fulfillment in these mitzvot and provide meaning and comfort to those they serve. There is always a need for more volunteers to join the list of those willing to perform one or both of the rituals, and it would be great to enlist new recruits from among our Bonai members. If you are interested and would like to learn more about what this entails, please feel free to contact Janet Lowe at 303-902-4505 or janetplowe@comcast.net.

I encourage you to think seriously about taking on a new mitzvah as Rosh HaShanah approaches, and perhaps these specific acts will be your way to serve our community.

Thank you,
Rabbi Marc

First Fridays begin at 6 pm with services, 7 pm dinner, and 8 pm discussion.
Please RSVP at office@bonaishalom.org or call us at 303-442-6605. We will take checks as your RSVP prior to the event.

Nov. 13 • Phil Goodstein: Adventures in Colorado Jewish History

Jews, like many other groups, came to Colorado in the 19th century to escape bad conditions elsewhere. Some were pulled by the hope of fortune. Others came in the belief that Colorado’s supposedly magic air would help them recover from tuberculosis. While they frequently clashed with one another, they also built a community. Saints intermixed with sinners, the pious with skeptics and utter cynics. How these patterns have repeated themselves into the 21st century will be the subject of Phil Goodstein’s lecture on Adventures in Colorado Jewish History.

Phil Goodstein is a Denver native. He is the author of more than 20 books, most of which deal with Denver history from the bottom up. He explores not just the rich and powerful, but also Denver’s crime, corruption, and all of its various “seamy sides.” Among his volumes are Exploring Jewish Colorado and North Side Story. The latter includes a history of the West Colfax Jewish community. Since the 1980s, Phil has walked and biked around Denver neighborhoods, escorting groups of curious history buffs through the city’s sordid tales and political conflict. He received his undergraduate degree at Metro State College, his master’s at the University of Denver, and his doctorate in Modern European History from the University of Colorado.
When various scoundrels bribed their way into the High Priesthood during the times of the Maccabees and later, they may not have fully realized what they had signed up for. Mishnaic tractate Yoma chronicles the process the High Priest undergoes prior to Yom Kippur day. For seven days he must remain in the Temple instead of home. A substitute High Priest is readied in case he becomes invalid as is a substitute wife, in case his wife dies. The elders go over the Yom Kippur rite with him:

And they say to him, “My lord, high priest, you read it with your own lips, lest you have forgotten—or never [even] learned it to begin with.”

Certainly by the time of the Maccabean Revolt and afterwards, many high priests were quite ignorant of proper ritual.

For seven days the High Priest eats and drinks his fill. But on Erev Yom Kippur he is only permitted to eat a little, lest he sleep. The reason for this all-nighter is to prevent anything that might render him impure. How is he then entertained?

If he was a sage, he expounds [the relevant Scriptures].
If he was used to reading [Scriptures], he read.
And if not, they read for him.
And what do they read for him?
Job, Ezra, and Chronicles.

The book of Daniel would be an excellent choice. Daniel concerns the Almighty’s judgment of all nations and also gives us in verses 7:9-10 a great snapshot of the heavenly court, complete with books the remind us of the Book of Life:

Thrones were set in place, And the Ancient of Days took His seat. His garment was like white snow, And the hair of His head was like lamb’s wool. His throne was tongues of flame; Its wheels were blazing fire. A river of fire streamed forth before Him; Thousands upon thousands served Him; Myriads upon myriads attended Him; The court sat and the books were opened.

Should the High Priest become sleepy, young priests would snap their fingers at him and encourage to stand up and walk on cold stones. Ouch! Given that sleep deprivation is a classic way to bring about visions, one can suppose the High Priest would be tripping out on Yom Kippur — in a holy kind of way, of course.

A strong contrast to the High Priest’s isolation is described in the Mishnah, tractate Taanit 4:8:

Said Rabban Simeon b. Gamaliel, “There were no days better for Israelites than the fifteenth of Ab and the Day of Atonement.” For on these days Jerusalemite girls go out in borrowed white dresses so as not to shame those who owned none. All the dresses had to be immersed.
And the Jerusalemite girls go out and dance in the vineyards. What did they say?

“Fellow, look around and see-choose what you want!
“Don’t look for beauty, look for family:
“Charm is deceitful and beauty is vain, but a woman who fears the Lord will be praised (Prov. 31:30).”

This custom may seem to be a strange one, especially as Yom Kippur is paired with Tu b’Ab, the ancient Jewish equivalent of Valentine’s Day minus the bloody martyrdom aspect. But we recall that Yom Kippur is not the Black Fast of the Ninth of Av, but the White Fast, the celebration of our purest essence.

For better or for worse, we have no physical Temple, no Temple service, no sacrifices. Also we no longer use Yom Kippur as an occasion for flirting and matchmaking, at least not officially. Yet a seed of both customs is retained. Our Torah portion details the fate of two sacrificial goats and our Avodah (Great Effort) Service reminds us of the sacrificial service long past. Like the young women we all wear white, forget any class or economic divisions and focus on our character rather than our physical appearance. And though Yom Kippur is indeed a solemn occasion, it would not be adverse if in the midst of our brow beatings, we were also dancing in vineyards.
Among the Members

Please notify the office of any change in your street address, phone number and/or e-mail address. Please check the online Membership Directory on our website (www.bonaishalom.org) for all current member information. If you would like a printed directory, please contact the office.

Mazel Tov To:
Mazel tov to Marsha Stern on the birth of her grandson, Phineas Jack Jakobs!
Mazel tov to Elizabeth and Shai Har-Noy on the birth of their son!
Mazel tov to Betsy Kessler and Jordann Hoelzel for the birth of their baby boy!

B’nei Mitzvah:  
August 1 – Lauren Buchman  
October 17 – Noah Hill  
November 7 – Mincha, Elyana Steinberg  
November 14 – Eben Beh

Welcome New Members:
Many of you already know Denis and Donna Walsh as helpful and generous neighbors. They have joined as Friends of Bonai because they want to partake of the Conservative liturgy, worship and fellowship. Denis does HVAC work and Donna teaches about dealing with loss in our lives. In 1994 they moved their family, including four children, to Israel and lived there until 1996. After their children were out of the home they moved to Central America to work with a not-for-profit group. Working alongside the Belizean Department of Human Services they provided training for their foster/adoptive families and the caregivers in the orphanages. In their spare time they did humanitarian projects in the villages. Their interests include studying Torah, learning Hebrew, helping others within our community and abroad, tending to our chickens (one of our hens just hatched five new baby chicks) and Israeli Dance. Denis has a keen interest in Liquid Natural Gas and Donna enjoys pottery and Chinese Brush Painting.

Dr. Robert and Tara Winer recently moved here from Philadelphia. They have three grown daughters, Alexis, Jennifer and Stephanie Trees, who lives in San Francisco. Robert is a neurologist and psychoanalyst and Tara runs her own sales company. They joined Bonai because they feel that it mirrors most closely their shared sense of Jewish identity and practice. Tara enjoys hiking. Robert enjoys deeply delving into, discussing, and finding commonality and harmony in the fields of anthropology, history, literature, psychology, and religion.

Our Deepest Condolences To:
Alex Kohav for the loss of his father, Moses Stern.
Karen Raizen, our School Director, on the loss of her mother, Vera Scoles.
Larry Cohn for the loss of his aunt, Mim Krop.
Marilyn Carol for the loss of her aunt.

Happy Birthday to Those 21 and Under:
July  
4 - Sarah Crank  
5 - Eli Rosenfeld  
13 - Martin Libertun  
15 - Sharon Goldman  
16 - Elias Friedman  
18 - Lauren Buchman  
20 - Talia Amaru-Kapantais  
21 - Meredith Yacht  
22 - Adam Bloom  
22 - Jonah Kone  
22 - Samantha Stovall  
23 - Anna Englander  
23 - Haleli Mertz  
24 - Matan Huh  
24 - Ezra Kirschner  
28 - Cara Racenstein  
28 - Matthew Racenstein  
28 - Sophia McPhee

Aug.  
2 - Evan Buchman  
6 - Micah Goldstein  
6 - Sam Zis  
9 - Matan Gold-Edelstein  
9 - Eliana Goldstein  
11 - Avishai Niv  
13 - Dalia Arch-Andorsky  
13 - Shira Wood-Isenberg  
14 - Abigail Chaim-Weismann  
16 - Erin Barrekette  
21 - Ethan Wurman  
23 - Jacob Kohav  
24 - Samuel Garelick  
24 - Shira Hill  
25 - Simon Goldstein  
28 - Chaya Wurman  
30 - Anna Jaffe  
31 - Abigail Linn

Sept.  
2 - Jesse Siegal-Gane  
3 - Natalie Jo Leibtag  
4 - Ofri Ziv  
12 - Zev Ilan Arch-Andorsky  
13 - Benjamin Kohav  
15 - Jacob Bloom  
15 - Eli Rogers  
16 - Miriam Rosenshein  
15 - Michael Seltzer  
15 - Ben Squarer  
15 - Claire Victor  
24 - Harry Paul  
24 - Morris Schwartz  
25 - Sam Kirschner  
27 - Reuben Sherwinter

Oct.  
1 - Noah Hill  
3 - Isabel Weissmann  
5 - Ariel Amaru  
6 - Kayla Goldstein  
9 - Kate Sadow  
14 - Jonathan Ansell  
15 - Nathan Hill  
15 - Sofia Libertun  
18 - Giovonni Colbert  
19 - Miriam Rosenshein  
19 - Miriam Rosenshein  
20 - Max Rosenshein  
22 - Gabriel Wood-Isenberg  
24 - Raziel Sherman  
24 - Sarit Sherwinter  
28 - Hannah Schwartz  
29 - Aaron Kirschner  
30 - Moshe Behh  
31 - Eben Beh

Nov.  
1 - Zivi Kapnik-Ashar  
2 - Elyana Steinberg  
4 - Sarah Galdieri  
7 - Amanda Ansell  
12 - Ezra Kone  
16 - Leo Barringer  
16 - Noa Holzel-Kessler  
20 - Nina Schwartz  
20 - Shayna Siegal-Gane

Bonai Shalom supports events for our new members, our youngest members and our volunteers.
If you are interested or know someone interested in joining our Bonai Shalom family, please contact Arti Goldstein, membership@bonaishalom.org.

Our next New Member Event will take place November 11th, from 4-5:30.
Anyone who joined Bonai Shalom in the last two years is welcome to attend.
Details will follow in an invitation that will be mailed.


Inclusion Committee Update

By Judy Megibow, Inclusion Committee Chair

For my house shall be a house of prayer for all people.” (Isaiah 56:5)

These 12 words remind us that our synagogue should be a house of prayer for all people, not just those who are physically fit, able to sit quietly, or able to see, hear and move about without difficulty. It is incumbent upon all of us to make sure that we abide by these words in the Torah; it is the goal of the Inclusion Committee to make necessary accommodations so that all our members are able to participate fully in all spiritual, educational, celebratory and life activities at our synagogue.

Boulder Jewish Inclusion Survey: Bonai’s Inclusion Committee is proud to report that we developed and sent out the Boulder Jewish Inclusion Survey in May. This huge undertaking was done with input from Congregations Har HaShem and Nevei Kodesh. We have requested the help of all Jewish organizations in Boulder County in distributing the survey, and plan to share results with any organizations that request them. Our goals are to use the results: (1) to identify which specific accommodations are requested by individuals (2) to prioritize our resources in accommodating any requested needs (3) to identify individuals in our community with special needs, and (4) to identify individuals or organizations who can serve as partners/allies in our inclusion efforts. We have already had 85 responses to the survey, and more continue to come in. If you haven’t already responded, please do so at http://surveymonkey.com/s/BoulderJewishInclusion.

Upcoming Programs: The committee is focusing on improving some physical facilities to meet the needs of our members. We will shine a spotlight on inclusion during the High Holy Days with the help of Rabbi Marc, focusing on the importance of remaining sensitive to the needs of all of our members. Stay tuned for a fascinating scholar-in-residence program we are planning for early in 2016. We are also improving the training for those who serve as shammus, making sure that all feel welcome at Bonai.

Ruderman Grant Progress: Following their inclusion training in New York in March, Judy Megibow and Education Director Karen Raizen have continued to receive additional training from webinars offered to all the participating synagogues. Ed Frim, USCJ Ruderman Inclusion Specialist, visited Bonai on June 16 to observe our progress on inclusion, and to offer help and advice towards future improvements. He met with the professional staff, and with Karen Raizen, Judy Megibow, and Diana Blau. He is quite impressed with our efforts in moving forward towards our goals, and with the warmth and dedication of Rabbi Marc, staff, and volunteers.

Join Us/Take the Survey: We are always looking for more people to help our committee move forward toward our goals. Let the office know if you are interested in getting involved. Take the survey if you haven’t done so already. Let us know any needs you or your loved ones might have. And stay tuned for the ongoing efforts and accomplishments of our hard-working committee.

HHD Schedule

<table>
<thead>
<tr>
<th>Event</th>
<th>Time</th>
<th>Location</th>
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<tbody>
<tr>
<td>Erev Rosh Hashanah</td>
<td>6:30pm</td>
<td>Naropa</td>
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<tr>
<td>Sunday, September 13</td>
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<tr>
<td>1st Day Rosh Hashanah</td>
<td>8:30am</td>
<td>Naropa</td>
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<tr>
<td>Monday, September 14</td>
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<tr>
<td>Family Service (K-5th grade)</td>
<td>10:30am-12pm</td>
<td>Dojo Room</td>
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<tr>
<td>Mishpachti</td>
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<tr>
<td>Lunch</td>
<td>1:30pm</td>
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<tr>
<td>Tashlich</td>
<td>3:00pm</td>
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<td>Tuesday, September 15</td>
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<tr>
<td>Rosh Hashanah</td>
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<td>Shelanu (0 - 5 Years)</td>
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<tr>
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<td>Dojo Room</td>
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<tr>
<td>Kol Nidre</td>
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<td>Rabbi Marc</td>
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<td>Havdallah - Shofar Blast</td>
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<td>Community Break-the-fast Meal</td>
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<tr>
<td>Bonai Shalom</td>
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<tr>
<td>The following will take place at Bonai Shalom:</td>
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<tr>
<td>Sukkah Building</td>
<td>Sunday, Sept. 20</td>
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<td>Sunday, Sept. 27; 10am</td>
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<tr>
<td>Bnai Mitzvah Family Dinner</td>
<td>Thursday, Oct. 1; 6:15pm</td>
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<tr>
<td>Sukkah Decoration &amp; Sukkot Shelanu</td>
<td>Sunday, Sept. 27; 10am</td>
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<tr>
<td>Garden to Sukkah Dinner - First Friday</td>
<td>Friday, Oct. 2; 6:00pm</td>
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<td>Ramah Reunion Dinner</td>
<td>Wednesday, Sept. 20 - Friday, Oct.; 6:15pm</td>
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<td>Simchat Torah Shelanu</td>
<td>Monday, Oct. 5; 6:15pm</td>
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<tr>
<td>Community Simchat Torah</td>
<td>Monday, Oct. 5; 6:30pm</td>
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</table>

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Mission Statement
The Social Action Committee identifies, supports, and publicizes projects and activities that will allow congregants to participate in Tikkun Olam with a sense of connection to Jewish tradition and teachings. These projects will focus on safeguarding against threats to life, the earth, freedom, human rights, human dignity, peace, and justice.

Boulder County AIDS Project Food Drive
Thanks to the overwhelming generosity of CBS members, we collected 216 pounds of non-perishable food and other items for the Jack Hodges Food Pantry at BCAP, surpassing all of our other previous collections. As in previous years our food drive took place in the weeks preceding Passover, which gave congregants the opportunity to donate their chametz as well as other items to this worthy cause.

BOHO’s Women’s Shelter on Saturday Nights at CBS
Because of the successful first months of CBS’s sleepovers for homeless women on Saturday nights, it was decided that we would continue providing this service through the summer. Boulder Outreach for Homeless Overflow manages the Women’s Shelter at CBS. Since the beginning of the season, we have hosted a total of 330 guests on 29 nights. Here are ways congregants can help:

Monthly dinner: The Social Action Committee has been coordinating monthly dinners for our homeless guests. Look for a notice about our next dinner and how to sign up. During the summer, we serve protein-rich salads, bread, butter, salad, and cookies. Bonai Shalom provides paper goods, water, and tea. If you sign up to bring a food item, please bring enough to serve at least ten guests. Protein-rich salads can spoil easily in the summer heat, so we ask that you bring the salad (and serving utensils) to the synagogue on Saturday night, as we do not have access to the refrigerator in the kitchen. Any items to be stored in the cooler at Bonai Shalom, such as bread and butter, should have a hechsher. Please remember that all items must be nut-free. For information, contact Mireille Key, the Dinner Coordinator, at 303-746-1543 or languagebuff@comcast.net.

Snacks: We like to provide a healthy snack for each of our guests on Sunday mornings as they leave the building. We are collecting packaged cheese and crackers, tuna snack packets and protein bars that are packaged and can be stored for a few months. Nuts are OK as these items won’t be eaten on the premises. Look for the collection container in the social hall.

Prevention of Gun Violence
In the wake of Newtown, Aurora, and other mass shootings across the country, the leadership of the Conservative movement and the Jewish Council for Public Affairs, the national policy agency of the organized American Jewish community, each issued calls for action to reduce and prevent gun violence. The CBS Working Group on the Prevention of Gun Violence (a sub-committee of the Social Action Committee) formed in early 2013 to develop our own response to this issue that so deeply affects all of us, as Jews and Americans. The goals of the working group are advocacy, education, and dialogue. Whenever possible, we seek to collaborate with other local gun violence prevention groups. Our activities have included participating in silent vigils at the Colorado State Capitol, sponsoring a 1st Friday panel discussion and special Shabbatot in coordination with the National Gun Violence Prevention Sabbath, distributing information at the Boulder Farmers Market, participating in a local Guns2Art committee, contacting State legislators about relevant legislation, and affiliating with Colorado Faith Communities United Against Gun Violence, a statewide, multi-denominational coalition of congregations. We invite you to join us even if you haven’t been to previous meetings. For information, please e-mail Stephanie Greenberg at socialaction@bonaishalom.org.

Bridge House Opens New Home for (Soon-to-be Formerly) Homeless
Bridge House is opening a new endeavor at 4747 Table Mesa—48 beds of housing for homeless clients who are in the Ready to Work employment program. After a successful capital campaign to purchase the building, the program is now in need of linens and other items to provide each of the 48 client residents with new, move-in comforts. Community sponsors of Bridge House (Bonai Shalom is an active supporter) are asked to contribute toward the goal of helping these clients at last get a solid sleep each night. The cost of each set of bedding, towels, etc. is estimated at $150, but pooled contributions are very welcome. Contact Paula Erez at socialaction@bonaishalom.org for further information.

Boulder CROP Hunger Walk
Save the Date – Oct. 25
For the past several years, Bonai Shalom has participated in the interfaith CROP Hunger Walk. Last year over $34,400 was raised and distributed to Community Food Share, MAZON, and other hunger relief organizations. The date is October 25, 2 p.m., and is hosted by St. Mary Magdalene Episcopal Church at 4775 Cambridge Street in Boulder. We will be sending out information about how to donate. Please let us know if you would like to participate or help in any way by contacting socialaction@bonaishalom.org or call Joan Nagel at 303-449-5135.

Interested in a social action issue? Have ideas for a project?
Please contact the Social Action Committee at socialaction@bonaishalom.org.

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Fax: 866.464.6561
Email: buyitfromdeb@comcast.net

Farm to Sukkah
An elegant Sukkot dinner to benefit Bonai Shalom.

October 2, 2015 – 6pm.
$54 per adult $36 per child.

visit www.bonaishalom.org for more information and to RSVP.
Hi, food loving friends!

I’m so excited to offer some fun and healthy recipes here for you to experiment with throughout the year. Our Bonai staff recently devoured this soup when served alongside a seasonal green salad – it makes for a nourishing and refreshing summer lunch. Enjoy!

“Greek Lemon and Quinoa Soup” (vegan, gluten-free, delicious!)

1 T olive oil
2 small shallots, diced
1 cup carrots, diced (2 carrots)
2 cloves garlic, minced
5 cups vegetable broth
1 cup quinoa, well rinsed
1.5 T white miso
2 T tahini
1/4 cup fresh lemon juice (1 large lemon)
1/4 cup nutritional yeast
2 heaping T dried dill, or 1/4 cup chopped fresh dill

Heat the oil in soup pot and sauté shallots, carrots and garlic along with a dash of salt – use medium heat. Next, pour in veggie broth, quinoa and salt and bring to a boil. Reduce heat and simmer until the carrots and quinoa are cooked, around 20 minutes. In a separate bowl, whisk together the miso, tahini and lemon juice until lumps are gone. Once quinoa is fully cooked, add the miso/tahini/lemon mixture and nutritional yeast and dried dill. Creates approximately four servings.

Take ‘n’ Bake Challah

Fill your home with the yummy smell of fresh baked Challah every Friday!

Beginning this October, Bonai’s Kitchen will offer frozen “take ‘n’ bake” challah dough each week for $6/loaf. Prepared with love in our kitchen, this challah dough is a way to easily incorporate this beautiful tradition into your family’s Shabbat. Profits from the sale of the challah dough to benefit CBS Religious School.

Cafe Bonai To-Go!

Delicious, healthy, Kosher, affordable...meals to go! Guess what? Coming this November, Chef Ivy of Bonai’s kitchen will be offering Wednesday night dinners to go. Dinners will be available for pick-up on Wednesdays, 5-8pm (November-May). $12/ca. $40/four. All dietary requests will be celebrated!

For more info on Take ‘n’ Bake Challah or Cafe Bonai To-Go! please email Ivy@bonaishalom.org.

Hesed Freezer Cooking Days

First Wednesdays, Oct. 7, Nov. 4, and Dec. 2, 9am – 12pm

Come help prepare meals to stock the Hesed freezer, meals that will be shared with congregants in times of need. No cooking skills required, just a desire to be of service. Ivy Bourgon, Kitchen Supervisor will over see the preparations.

Remember to email me ANYTIME with food ideas, feedback, inspiration: ivy@bonaishalom.org.

By Ivy Bourgon, Kitchen Supervisor

Ivy Bourgon is so grateful to be in the kitchen and community here at Bonai Shalom. Ivy’s passion for food began in the Chicago area where she founded the Wild Tree Cafe & Organic Food Co-op and became known for her seasonal menu, small batch organic soups, farmer’s market salads, and support of local artists. Ivy, her husband Greg, and their ice-cream loving daughter Yona live here in Boulder and can’t wait to share their strawberry-rhubarb pie with you soon. Please email ivy@bonaishalom.org with your thoughts and feedback about food in our congregation.

Michael R. Freedman, Ph.D.
Clinical Psychologist

1123 Spruce Street, Suite 301
Boulder, Colorado 80302 (303) 443-4487
Newsletter Notes
The Bulletin is posted on the CBS website. Please visit www.bonaishalom.org and click on “Newsletter.” Extra copies are available in the office.

LET US HEAR FROM YOU...
If you have family news to be included or other items, please submit it to bulletin@bonaishalom.org or contact Kit at 303-442-6605. Please note that all submissions are subject to editorial review/edit and upon availability of space.

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boulder, colorado 80301

Yahrzeiten

Hebrew dates begin at sunset; therefore, the yahrzeit begins after sunset on the Gregorian date shown.

Deceased ........................................Relationship / Observed By ........................................Hebrew Date of Death

Av
Joseph Horwitz........................................Grandfather of Rhonda Horwitz-Romano ..............1 Av
Leonard Neiman ........................................Father of Joanne Neiman ..................................4 Av
Shirley Friedman ......................................Mother of Joan Nagel ......................................5 Av
Sarah Bresloff ........................................Aunt of Liz Relin ..............................................6 Av
Joseph Felix ........................................Great Grandfather of Rhonda Horwitz-Romano ..........6 Av
Edwin Kolodny ........................................Husband of Louis Kolodny .................................6 Av
Harry Rosenthal .................................Grandfather of Lois Linsky ....................................6 Av
Sylvia Corson Sprinces ......................Mother of Jackie Wong ........................................8 Av
Muchnik Gershon Lasky .................Father of Esther Sadeh .............................................9 Av
Elka Schmulowicz ..................................Sister-in-Law of Doris Small ..............................9 Av
Esther Schmulowicz ................................Mother-in-Law Doris Small .................................9 Av
Pesia Schmulowicz ................................Sister-in-Law Doris Small ..................................9 Av
Shlomo Schmulowicz ......................Father-in-Law Doris Small ....................................9 Av

Ethel M. Campbell ..........................Mother of Jan Schwimmer ..................................10 Av
Jeanne Bransilver ............................Grandmother of Amy Gup .....................................11 Av
Kenneth Rosenberg ..........................Father of Shauna Sadow ......................................12 Av
Janis Lynn Bloom ................................Sister of Mitchell Bloom ..................................13 Av
Barry Melnick .....................................Father of Jodi Ansell ........................................13 Av
Leah Proger ........................................Niece of Carol Secor ........................................13 Av
Martin Bass ........................................Father of Aviva Bass-Huh ..................................15 Av
Minnie Gang .........................................Mother of Marvin Gang ...................................15 Av
Louis Wouk ..........................................Father of Arthur Wouk ...................................16 Av
Sheldon Chazdon .............................Father of Carol Chazdon ....................................17 Av
Eye Corson Katz Kabel ..................Aunt of Mark Wong .............................................17 Av
Jack Goldman .....................................Father of Michelle Goldman .............................17 Av
Leonard Mathless ................................Brother of Barbara Trager ................................17 Av
Carl Moore .........................................Father of Monica Boykoff ................................19 Av
Murray Flug ........................................Father of Howard Flug ....................................20 Av
Joseph Kirschner .............................Father of Jan Kirschner ......................................22 Av
Nicholas Lowe .....................................Father of Janet Lowe ......................................22 Av
George Secor .....................................Father of Joseph Secor .....................................23 Av
Ruth Gang ..........................................Aunt of Marvin Gang ......................................24 Av
Honey Kirschner ................................Mother of Jan Kirschner ....................................24 Av
Bertha Bosik .....................................Mother of Linda Diamond .................................25 Av
Louis Bloom .........................................Father of Debbie Garelick ...............................26 Av
Columbus Mosca ................................Grandfather of Diana Blau .................................26 Av
Bertha Brimer .....................................Grandmother of David Schwartz ......................28 Av
May Neiman .........................................Mother of Joanne Neiman ...............................28 Av
Reuben Silver ...................................Grandfather of Robyn Hill .................................29 Av

Elul
Anne Diamond ....................................Mother of Louis Diamond ..................................1 Elul
John Friedman ....................................Father of Joan Nagel ........................................1 Elul
Larry Megibow .....................................Uncle of Mark Megibow .................................1 Elul
Brother of Alan Megibow

Emy Wong .........................................Mother of Mark Wong .......................................4 Elul
Doris Wilfond Ruben .....................Sister of Charlotte Krasnoff .................................5 Elul
Anatoly Avetisyan .............................Father of Julia Kohav .......................................6 Elul
Edith Harmon .................................Mother of Steve Friedman ................................6 Elul
Joan Levine .........................................Mother of Robert Levine .................................6 Elul
Daniel Ochen .....................................Uncle of Rhonda Horwitz-Romano .....................6 Elul

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Yahrzeiten continued

Hebrew Date of Death

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<td>7 Elul</td>
<td>Spouse of Mireille Key</td>
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<tr>
<td>7 Elul</td>
<td>Father of Bill Shiovitz</td>
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Tishrei

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<td>8 Tishrei</td>
<td>Grandfather of Debbie Garelick</td>
</tr>
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<td>8 Tishrei</td>
<td>Sister of Daniel Paul</td>
</tr>
<tr>
<td>8 Tishrei</td>
<td>Mother of Bruce Shaffer</td>
</tr>
<tr>
<td>8 Tishrei</td>
<td>Father of Karen Diamond</td>
</tr>
<tr>
<td>8 Tishrei</td>
<td>Brother of Charlotte Smokler</td>
</tr>
<tr>
<td>9 Tishrei</td>
<td>Father of Amy Bloom</td>
</tr>
<tr>
<td>9 Tishrei</td>
<td>Father of Debbie Maduff</td>
</tr>
<tr>
<td>10 Tishrei</td>
<td>Observed by Nissan Cohen</td>
</tr>
<tr>
<td>10 Tishrei</td>
<td>Mother of Ruth Seagull</td>
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continued on page 18
### Yahrzeiten continued

Deceased ............................................. Relationship / Observed By ................................................. Hebrew Date of Death

#### Tishrei continued

<table>
<thead>
<tr>
<th>Name</th>
<th>Relationship / Observed By</th>
<th>Hebrew Date of Death</th>
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<tbody>
<tr>
<td>Walter Wouk</td>
<td>Brother of Arthur Wouk</td>
<td>10 Tishrei</td>
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<tr>
<td>Annie Lasner</td>
<td>Grandmother of Francine Blum</td>
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</tr>
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<td>Mary Wigg</td>
<td>Sister of Ru Wing</td>
<td>12 Tishrei</td>
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<tr>
<td>Froma Fallik</td>
<td>Wife of Joshua Fallik</td>
<td>14 Tishrei</td>
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<tr>
<td>Ruth Greenberg</td>
<td>Mother of Alan Greenberg</td>
<td>19 Tishrei</td>
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<tr>
<td>Touran Khodadi</td>
<td>Mother of Rachel Fraenkel</td>
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<tr>
<td>Sherman Finesilver</td>
<td>Father of Susan Finesilver</td>
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<tr>
<td>Joseph S. Lavin</td>
<td>Father of Francine Lavin Weaver</td>
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<tr>
<td>Edna Flug</td>
<td>Mother of Howard Flug</td>
<td>21 Tishrei</td>
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<tr>
<td>Rose Fragin</td>
<td>Grandmother of Dori Shiovitz</td>
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<tr>
<td>Martin Diamond</td>
<td>Grandfather of Nathan Diamond</td>
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<tr>
<td>Allan Guitar</td>
<td>Husband of Rona Cantor</td>
<td>25 Tishrei</td>
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<tr>
<td>Helen Banker</td>
<td>Grandmother of Karlin Sherwinter</td>
<td>26 Tishrei</td>
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<tr>
<td>Mary Obstfeld</td>
<td>Grandmother of Nancy Davis</td>
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<tr>
<td>Rena Hirsch</td>
<td>Mother of Debbie Maduff</td>
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<tr>
<td>Hyman Newman</td>
<td>Grandfather of Robyn Hill</td>
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<td>Nathan Quinn</td>
<td>Father of Lois Kolodny</td>
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<td>Marlan Eliassen</td>
<td>Sister of Wayne Kocina</td>
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<tr>
<td>Milton Brimer</td>
<td>Uncle of David Schwartz</td>
<td>29 Tishrei</td>
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<tr>
<td>Howard Krasnoff</td>
<td>Husband of Charlotte Krasnoff</td>
<td>29 Tishrei</td>
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<tr>
<td>Samuel Ungar</td>
<td>Grandfather of Janet Lowe</td>
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<tr>
<td>Belle Pilloff</td>
<td>Mother of Herschel Pilloff</td>
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### Heshvan

<table>
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<tr>
<th>Name</th>
<th>Relationship / Observed By</th>
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<tbody>
<tr>
<td>Gertrude Friedman</td>
<td>Mother of Steve Friedman</td>
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<tr>
<td>David Goldman</td>
<td>Father of Edward Goldman</td>
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<tr>
<td>Anne Conway</td>
<td>Grandmother of Naomi Jacobs</td>
<td>4 Heshvan</td>
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<tr>
<td>Dot Siegal</td>
<td>Mother of Janine Starr</td>
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<td>Sima Sherman</td>
<td>Grandparent of Ian Sherman</td>
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<tr>
<td>Hannah Blasband</td>
<td>Grandmother of Stephanie Greenberg</td>
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<tr>
<td>Anne Neiman</td>
<td>Sister of Joanne Neiman</td>
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<tr>
<td>Beleen Shiovitz</td>
<td>Mother of Bill Shiovitz</td>
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<tr>
<td>Brian Caplan</td>
<td>Brother of Ian Caplan</td>
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<tr>
<td>Matthew Schwimmer</td>
<td>Grandfather of Daniel Schwimmer</td>
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<tr>
<td>Len Snyder</td>
<td>Grandfather of Hannah Snyder</td>
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<tr>
<td>Harold Greenberg</td>
<td>Father of Alan Greenberg</td>
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<tr>
<td>Margaret Vamosi Bandler</td>
<td>Mother of Barbara Steinmetz</td>
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<td>Grandmother of Julie Shaffer</td>
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<tr>
<td>Levy Horwitz</td>
<td>Great Grandfather of Rhonda Horwitz-Romano</td>
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<tr>
<td>James Kramer</td>
<td>Father of Robert Kramer</td>
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<tr>
<td>Gary Leibtag</td>
<td>Brother of Ira Leibtag</td>
<td>13 Heshvan</td>
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<tr>
<td>Glory Slomka Kleiner</td>
<td>Grandmother of Noah Goldstein</td>
<td>14 Heshvan</td>
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<tr>
<td>Stuart Small</td>
<td>Son of Doris Small</td>
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<tr>
<td>Alexander Samuel Bandler</td>
<td>Father of Barbara Steinmetz</td>
<td>15 Heshvan</td>
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<tr>
<td></td>
<td>Grandfather of Julie Shaffer</td>
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<tr>
<td>Yosefa bat Shaul v'Batya</td>
<td>Aunt of Bruce Shaffer</td>
<td>16 Heshvan</td>
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<tr>
<td>Jesse Kay</td>
<td>Grandmother of Marc Soloway</td>
<td>17 Heshvan</td>
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<tr>
<td>Henry Horowitz</td>
<td>Father of Michael Samuels</td>
<td>18 Heshvan</td>
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<tr>
<td>Jim Kaufman</td>
<td>Uncle of Suzanne Sweeney</td>
<td>18 Heshvan</td>
</tr>
<tr>
<td>Tillie Klearman</td>
<td>Mother of Linda Hermelin</td>
<td>18 Heshvan</td>
</tr>
</tbody>
</table>

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**Calling All Hesed Volunteers!**

If you have volunteered in the past, or you feel called to serve your fellow community members with acts of loving kindness, please join us.

Our tradition teaches that the Shekinah, the in-dwelling presence of the divine resides in the space between two people engaged in acts of Hesed. When we sit with someone who is sick, in grief, or in struggle, and sit with them from the place of Hesed within ourselves, with a compassionate heart and a listening ear, that is where god’s presence comes in to help with the healing.

The Hesed team here at Bonai Shalom shows up for congregants in times of need. Be it joyous occasions such as births and weddings, or times of struggle, grief or illness – our community provides acts of Hesed, such as bringing meals, phone calls, visits, anyway we can check in and be there for each other.

Consider joining the Hesed team, you are needed to serve your community. For more information, please contact hesed@bonaislalom.org.

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**Please visit our website at**

[www.bonaishalom.org](http://www.bonaishalom.org)

for updates and other great information!
Donations

Adult Education Fund
Lloyd & Mary Gelman

Education Fund
Lawrence Cohn
William & Marian Safran .................IMO Serine Fine

Flood Donations
Lawrence Langer

General Fund
Allan & Marta Wolfe
Bruce & Julie Shaffer
Carol Myers
Charlotte Smokler
David & Sallyanne Oettinger
Edmund Kass
Esther Sadeh
Howard & Valerie Singer
Jeffrey & Karen Raizen
Jeffrey & Lois Linsky
Lois Kolodny
Neil & Michelle Eckstein
Rich & Sharon Galdieri
Robert & Mary Blye Kramer
Robert & Sara Jane Sturitz
Tom & Barbara Trager
Vern & Shari Meyer
Wayne & Sharon Kocina

Carlene Hatch ............................IMO Luka Davis’ Bar Mitzvah
Joel & Susan Blau ........................IMO Howard Susskind’s 50th

Sara Davidson ..............................IMO Bonai Shalom
V J Weinstein ..............................IMO Becca Bloom
Yonatan Gold & Shari Edelstein ......IMO Danny Sherwinter for his

Alan & Judy Megibow .....................IMO Olga Kirsch
Arthur & Fay Wouk ......................IMO Vita Wouk & Julius
IMO Ralph Bornchoff

Bill & Joan Nagel ........................IMO Sandy Cohn
Dan & Jan Schwimmer .................IMO Eva Winterfield &
William Campbell
IMO Issac Feit

Doris Small ...............................IMO Moshe & Miriam Gostynski
Joshua Fallik .............................IMO David Fallik
Judith Lemberger ........................IMO Sandy Cohn
IMO Samuel Reiner

Jay Liebowitz ..............................IMO Froma Fallik on Aliza’s

Lloyd & Mary Gelman ..................IMO Martha Clark
Marvin & Shirley Gang ..................IMO Rose & Irving Cohen and
Minnie & Max Gang

Michelle Goldman .......................IMO Trude Weis

Mireille Key ..............................IMO Emilie Lellouche
Peter & Lisa Bain .......................IMO Ed Goren
Eve Ilse ..................................IMO Reb Zalman
Rick & Sandy Thau ....................IMO Sandy Cohn
Thomas Wieber & Eve Wood .........IMO Glory Ann Winer
Yair & Paula Erez ........................IMO Sandy Cohn

Kiddush Fund
Peter & Beth Ornstein ..................IHO Tommy Halliburton
Dan & Jan Schwimmer .................IHO Tommy Halliburton
Howard & Valerie Singer .............IHO Tommy Halliburton
Howard Flug ............................IHO Tommy Halliburton – 28, the
value associated with Koach –

Howard Susskind ........................IHO Tommy Halliburton
Janine Starr ..............................IHO Tommy Halliburton
Jason & Diana Blau ......................IHO Tommy Halliburton
Larry & Jodi Ansell .................IMO Harry Mathless
Mr. Bruce Kirschner & Janet Lowe
Tommy & Leslee Haliburton ..........IMO Carl Godchaux Laurence

Prayer Book Fund
Peter & Beth Ornstein ..................IHO Luka Davis’ Bar Mitzvah
Marvin & Shirley Gang .................IMO Rose Cohen
IMO Irving Cohen

Rabbi’s Discretionary Fund
Deborah Knox
Esther Sadeh
Gary & Janet Jacobs
Jeffrey & Karen Raizen
Larry & Jodi Ansell
Lawrence Cohn
Mr. & Mrs. Jerry Pinsker
Robert & Sara Jane Sturitz
Sarah Gershun
IMO Howard Susskind .................IMO Rabbi Marc’s 50th in the
Jubilee year

Karim Susskind ..........................IMO Eliyahu Shalom ben Eytan
v’Shayna Rina
IHO Asher Har-Noy’s Bris
IHO Atticus William Kessler-
Hoelzel’s entrance into the
covenant

Mark & Linda Loewenstein ...........IMO Mark and Jackie Wong on
the birth of their grand-
daughter

Elisabeth (Liz) Relin .................IMO Nathan Relin
Jason & Diana Blau ...................IMO Michael Shulman
Lois Kolodny ............................IMO Edwin Kolodny
Marvin & Shirley Gang ...............IMO Michael Shulman
Tom & Barbara Trager ................IMO Michael Shulman

Share Your Simcha
Leave your special message on a beautiful, custom-made Tree of Life leaf.
This is a great way to mark a birthday, wedding, or any simcha.
Leaves are $180

Yahrzeit Memorial Plaques
Remember your loved one with a plaque that will be placed on the memorial board inside the sanctuary.
Plaques are $360

Please call 303-442-6605 or email office@bonaishalom.org
Connect to Bonai!

Bonai Shalom is now connected to social media. Please “like” our page on Facebook, and “follow” our Twitter feed and Pinterest site. Simply put “Congregation Bonai Shalom” in the search boxes and you will find us. We will be using these sites to get the word out about all of Bonai’s programs!

SAVE THE DATE

Singing Communities Shabbaton with Joey Weisenberg
January 22-23

Musician, ba’al tfilah, author and teacher extraordinaire, Joey Weisenberg – the Creative Director of Mechon Hadar’s Center for Communal Jewish Music – leads singing groups that bring people together in Jewish song. Having come to cherish the imperfectly beautiful music of normal people singing together, Joey works to empower communities around the world to unlock their musical and spiritual potential, and to make music a lasting and joy-filled force in shul and in Jewish life.

Friday Evening
5:45pm Shabbat Preparation with Nigunim: Joey Weisenberg teaches a melody or two to warm up for Kabbalat Shabbat.
6:15pm Kabbalat Shabbat: Joey Weisenberg leads a musically and spiritually uplifting Kabbalat Shabbat service.
7:30pm Shabbat Dinner
8:30pm Transformation of a Nigun: Based on his extensive experience with nigunim (wordless melodies), nusach (prayer chant) and other musical styles, Joey teaches how to explore the soul of any melody. Focusing on beautiful old melodies that may have been lost by history, as well as his own compositions, we will collectively bring the music to life.

Saturday
9:30am Shacharit Services Begin
D’var Torah from Joey Weisenberg about the Architecture of Listening, exploring the interaction between physical space and spiritual music. Musaf davening led by Joey Weisenberg; Merging traditional nusach (prayer chant) with soulful nigunim (melodies), we will cultivate the power of the communal voice through rhythm, spontaneous harmony, and careful listening.

LUNCH
Building Singing Communities: Using ideas from his book Building Singing Communities, Joey discusses strategies for bringing people together to make music a lasting and joy-filled force in shul and Jewish life. We will sing, discuss, and have time for Q&A.

5:45pm Seudah Shlishit/Havdallah/Melave Malka: We will delight in taking “slow leave” of the Shabbat with songs, words of Torah, and a light dinner.

Joey Weisenberg is the Creative Director of the Hadar Center for Communal Jewish Music, and is the author of Building Singing Communities. He is a multi-instrumentalist musician, singer and composer who has performed and recorded internationally with dozens of bands in a wide variety of musical styles. Having come to cherish the imperfectly beautiful music of normal people singing together, Joey works to empower communities around the world to unlock their musical and spiritual potential, and to make music a lasting and joy-filled force in shul and in Jewish life.

For more information, please visit www.joeyweisenberg.com or www.mechonhadar.org.