Please note that details of events are occasionally subject to change. Check our website for the most up-to-date information.

Unless specified all events take place at Bonai Shalom.

**Shabbat & Festivals (Holidays)**

**Svساسة on Shabbat** – Saturday, May 7 • 9:30am
A restorative yoga practice to help our bodies, minds, and spirits rest. Drop your kids at school and come spend an hour for yourself on Shabbat. Enjoy slow movements and supported yoga postures that allow us to bring focus to our breath and minds, which in turn allows our nervous systems and spirits a chance to come home to Shalom. If you feel comfortable doing so, please bring a yoga mat and any yoga blankets or props you have. Guided by Marni Siegel in Rabbi Marc’s basement.

**Fair Trade Shabbat** – Friday, May 13- Saturday, May 14
We’re gearing up for this year’s Fair Trade Shabbat, May 13-14! Fair Trade Judaica is hoping to get twice as many synagogues involved this year to grow this initiative. Please feel free to forward this information to interested colleagues. Fair Trade Judaica has just launched a new Fair Trade Judaica B’nai Mitzvah Collection – a selection including a Kiddush cup, candle sticks, Tzedakah box, and Torah Yad all made by fair trade artisans. They will provide a sheet matching fair trade principles with Jewish values and a handout introducing students to the artisan who made their gift. Contact the Bonai office for more information!

**Avodat Lev** – Saturday, May 14 • 9:45am
Avodat Lev is a monthly alternative service in Rabbi Marc’s basement, running parallel to the main service in the sanctuary. It starts promptly at 9:45am and we invite all who wish to attend to be there at the beginning. This spirited gathering follows the structure of a traditional prayer service and is guided by the Kabbalistic model of Four Worlds: the physical, emotional, intellectual and spiritual, mapped on to each section. This experiential practice includes chanting phrases from the liturgy, periods of meditation, gentle movement, and drumming and is timed to finish so that participants can rejoin the rest of the community for the end of the Torah service, D’var Torah, Musaf and, of course, Kiddush!

**Musical Friday Night Kabbalat Shabbat** – Friday, May 20 (monthly) • 6:00pm
The band is getting back together to bring you soulful Shabbat services with new and old music on guitar, mandolin, violin, flute, drums, and our harmonious voices. Live music will be played throughout Kabbalat Shabbat and then our Ma’ariv service will be a cappella. Stay for a community potluck dinner after the service (vegetarian, nut-free, and labeled, if possible.)

**Lag B’omer Drum Circle** – Wednesday, May 25 • 7:00pm
Join CBS behind Rabbi Marc’s house for a bonfire and drumming circle. Bring your own picnic dinner, beverages, and chairs. In the case of inclement weather we’ll meet inside Rabbi Marc’s basement.

**First Friday**

First Friday with Dr. Naomi SS Jacobs
“Prophecy and Madness: A Jewish Perspective”
Friday, May 6 • Service at 6:00pm, followed by Dinner and Presentation
Rabbi Abraham Joshua Heschel has argued that prophets are not the same as “psychotics.” Was he correct? This talk will explore the close link between prophecy and “madness” in the Hebrew Bible, including the origins and development of the term “prophet,” references to prophets who go mad, and the story of King Saul.

Dr. Naomi S.S. Jacobs received her B.A. at the University of Chicago and Ph.D. at Durham University in the UK. She has taught at Durham University, Washington University, and in the greater Boulder Jewish community and writes scholarly articles in the field of Hellenistic Judaism. She is also an artist, bipolar activist, and novelist and lives with her husband David Schwartz in Lafayette.

Dinner is $15 per member and $18 per non-member. $54 max per family. BYO Kosher wine or beer. Payment must be made at time of reservation.

**Social Action**

Bridge House Community Table
Monday, May 9 (2nd Monday monthly) 4:15-6:30pm • at Bridge House
Bonai’s commitment to Bridge House’s Community Table is to provide volunteers to help prep and serve meals to those in need. Hot meals are served from 5:00-6:00pm, set-up starts at 4:15pm, clean-up till 6:30pm. Please help with whatever time you can give.

Congregation Bonai Shalom is an egalitarian synagogue of diverse membership that embraces traditional prayer and practice with openness and creativity. We strive to make a difference in our community and the world by preparing our children for Jewish Life, providing adult education, strengthening connections to Israel, and participating in social action projects and green initiatives. Bonai Shalom is affiliated with The United Synagogue of Conservative Judaism.
Adult Learning & Programs

Torah Reading Class – Mondays, May 2, 9, 16, 23, 30 & June 6 • 7:45-8:45pm
In this six-session class for adults and interested b’nai mitzvah students able to read Hebrew, Rabbinic Intern Hannah Kapnik-Ashar will teach Torah reading skills, including understanding the trope as punctuation and learning its music. Each participant will ‘graduate’ with reading a 3-4 verse aliyah on Shabbat or Thursday morning. If you are interested in participating, please email hannah@bonaishalom.org.

Talmud Class – Wednesdays, May 4, 11, 18 & 25 • 12:00pm
Join Rabbi Marc for a deep dive into Talmud. In February 2016, we began a whole new section of Talmud in our Wednesday lunch time class with Tractate Sotah.

The Open Book Monthly Torah Study – Saturday, May 14 • 8:30am
Join us on the 2nd Shabbat in the Rabbi’s basement for this monthly deep study and discussion of the weekly parsha before our Shabbat morning service. Tea, coffee, and snacks provided.

Shira: Singing as Spiritual Practice – Tuesday, May 17 • 7:30pm
Join us in the CBS sanctuary as we will build a singing community! We’ll explore niggunim (melodies), experiment with rhythm, volume, texture, harmony, and listening. This is for folks of all levels of comfort and skill. Singing facilitated by Rabbinic Intern Hannah Kapnik-Ashar.

Living Waters: Ancient Jewish Practice of Mikveh – Wednesday, May 18 • 6:00pm and Sunday, May 22 • 4:00pm • at Har HaShem
Explore the ancient ritual of mikveh and its rediscovery by liberal Jews. Jews immerse to celebrate moments of joy (i.e. marriage, bar/bat mitzvah), to heal after times of illness (completing cancer treatment, miscarriage), or to mark transitions (retirement, divorce). Explore how mikveh can be part of your spiritual practice. This class is led by Rabbi Ruthie Geltfarb at Congregation Har HaShem. Cost: $25 for both sessions. Register at bonaishalom.org.

Lunch & Learn: Mordecai Kaplan: Rabbi or Social Scientist?
Thursdays, May 19 & May 26 • 12:00pm • at the home of Tara and Robert Winer
Join us for a lunch conversation with Rabbi Marc and Robert Winer M.D., psychoanalyst. Mordecai Kaplan is considered by many as one of the most important influences over the organization and practice of post-World War II Reform, Reconstructionist, and Conservative Judaism. More than presenting his revolutionary ideas, Rabbi Marc and Robert’s hope is that the conversation will inspire and touch your heart. Together we will hear and discuss Mordecai Kaplan’s amazing story from the Orthodox pulpit to selling insurance; from the most revered professor of Homiletics at the Jewish Theological Seminary to excommunication by an Orthodox rabbinate in New York City. Throughout his long life, his warmth and love for K’lal Yisrael and commitment to Tikkun Olam was felt by all that came within his circle of fellowship.

Bring your own “brown bag” lunch. Beverages will be provided. At the home of Robert and Tara Winer. The address will be provided upon registration at bonaishalom.org.

Chai Mitzvah: Grow Your Judaism – Thursday, May 19 (3rd Thursday monthly) • 6:00-7:30pm
Chai Mitzvah is an adult Jewish engagement initiative, asking the question, “What do you want your adult Jewish life to look like?” The course guides participants in answering that question through study, spirituality, and social action. This nine-month journey, led by Rabbi Marc, explores a variety of topics with monthly study groups.

Adult Learning with Hannah Kapnik Ashar – Saturday, May 21 • 9:30am
This Shabbat morning text study will include self-reflection appropriate to the season and community-building among participants. Rabbinic Intern Hannah Kapnik Ashar will facilitate, drawing from the masterful Ayeka curricula.

Children & Families

Shabbat B’ychad – 1st & 3rd Shabbat monthly when Religious School is in session • 10:45am
Learning service for children in Grades 3-5 led by ‘Storahteller’ Dafna Michaelson. Parents are welcome and children do not have to be enrolled in the Religious School to participate.

Shabbat Koleinu – 1st & 3rd Shabbat monthly when Religious School is in session • 11:00am
Learning musical service for children in grades K-2, led by Music Specialist, Rachel Cole. Parents are welcome and children do not have to be enrolled in the Religious School to participate.

Shabbat Shelanu – 2nd & 4th Shabbat monthly • 11:00am
Parent-led Shabbat service for families with children ages 0-5. Service includes singing, dancing, stories, and snacks.

PJ Library Yom HaAtzma’ut Celebration at BJCC – Thursday, May 12 • 4:00pm
Learn about Israeli culture and celebrate Yom Ha’atzmaut, Israel's Independence Day, with the Jewish community and PJ Library! There will be activities, food, sing-alongs, story time with PJ Library, and fun for the whole family. Please sign up on bonaishalom.org.

Israel Shelanu – Sunday, May 15 • 3:30pm
It’s all about Israel! Join us for a fun, interactive program with Rachel Cole that includes singing, dancing, stories, crafts, and snacks. Suitable for kids ages 0-5.

Israel Street Fair – Fundraiser for Bonai Shalom Educational Programming – Sunday, May 15 • 4:00-8:00pm
Bring the whole family for games, face painting, hummus and pita-making, Israeli dancing, and yummy food from Falafel King! $9 per person or $36 per family.

Family Fourth Friday – Friday, May 27 • 5:30pm
( Please see back page for information.)

Youth

Rosh Hodesh - It's a Girl’s Thing!
Saturday, May 14 (meets monthly) • 12:00pm
CBS Library
Through discussion, arts and crafts, creative ritual, games, and drama, girls ages 11-18 and their leaders draw on Jewish values and a gender lens to explore the issues the girls care about most, such as body image, friendship, relationships, family, competition, and stress.

B’nai Mitzvah Rafting Trip
Sunday, May 22 • 11:00am

Shevet Achim: The Brotherhood
Sunday, May 22 (meets monthly) • 5:00pm
Join Shevet Achim for a monthly bonding experience where 8th-9th grade boys can have open discussions about real teen issues. Led by Rabbi Marc and BJTI Director Gary Brandt, this fun and transformative experience inspires boys to grow into adulthood with confidence, compassion, and purpose.
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<th>SUNDAY</th>
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<tr>
<td>1 10:00am – Great Brush Great Spirit Workshop 10:30am – Kitot Hei Recyle &amp; Reuse at BJCC with Becca Weaver</td>
<td>2 7:45pm – Torah Reading Class</td>
<td>3 6:30pm – Tuesday Evening Minyan</td>
<td>4 12:00pm – Talmud Class 5:30pm – Yom HaShoah Program at Nevei Kodesh 7:00pm – Community Yom HaShoah Services at Nevei Kodesh</td>
<td>5 Yom HaShoah 7:00am – Thursday Morning Minyan</td>
<td>6 6:00pm – First Friday with Dr. Naomi SS Jacobs 6:00pm – Kabbalat Shabbat 7:43pm – Candle Lighting</td>
<td>7 Parshat Aharei Mot 9:30am – Shabbat Services 9:30am – Religious School, B’nai Mitzvah Graduation, Honoring of Teachers 9:30am – Svasana on Shabbat 10:45am – Shabbat B’yachad 11:00pm – Shabbat Koleinu 12:30pm – Mahjong After Kiddush 9:04pm – Havdalah</td>
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<td>MAY</td>
<td>8 Mother’s Day Rash Chodesh Iyyar 10:30am – Baby Goat Open House</td>
<td>9 4:00pm – Bridge House Community Table 7:45pm – Torah Reading Class</td>
<td>10 Yom HaZikaron 12:00pm – Talmud Class 4:10pm – Last Day of Religious School 5:30pm – Community Yom HaZikaron Services Led by B’nai Mitzvah Class and Omer</td>
<td>12 Yom HaAtzma’ut 7:00am – Thursday Morning Minyan 4:00pm – PJ Library Yom HaAtzma’ut Celebration at BJCC</td>
<td>13 5/13-5/14 – Fair Trade Shabbat 6:00pm – Kabbalat Shabbat Services 7:50pm – Candle Lighting</td>
<td>14 5/13-5/14 – Fair Trade Shabbat Parshat Kedoshim 8:30am – The Open Book Monthly Torah Study 9:30am – Shabbat Services and Honoring Graduates! 9:45am – Avodat Lev 11:00am – Shabbat Shelanu 12:00pm – Rosh Hodesh: It’s A Girl Thing 9:11pm – Havdalah</td>
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<td>15 4:00-8:00pm – Israeli Street Fair – Religious School Fundraiser 10:30am – Bonai Hiking Group 3:30pm – Israel Shelanu</td>
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<td>21 Parshat Emor 9:30am – Shabbat Services 9:30am – Adult Learning with Hannah Kapnik Ashar 9:17pm – Havdalah</td>
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<td>22 11:00am – B’nnai Mitzvah Rafting Trip 4:00pm – Living Waters: Ancient Jewish Practice of Mikveh 5:00pm – Shevet Achim: The Brotherhood</td>
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<td>27 5:45pm – Family Fourth Friday 8:02pm – Candle Lighting</td>
<td>28 Parshat Behar 9:30am – Shabbat Services 11:00am – Shabbat Shelanu 9:23pm – Havdalah</td>
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<td>30 Memorial Day 7:45pm – Torah Reading Class</td>
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Connect to Bonai!

Bonai Shalom is connected to social media. Please “like” our page on Facebook, and “follow” our Twitter feed and Pinterest site. Simply put “Congregation Bonai Shalom” in the search boxes and you will find us. We will be using these sites to get the word out about all of Bonai’s programs!

May 27th, 2016

Family Friday at Congregation Bonai Shalom

Join us for a child-friendly Kabbalat Shabbat service followed by Shabbat dinner as we bring in the joy of Shabbat together.

The short, early service led by Rabbi Marc starts at 5:30pm and includes music, story, and prayers.

$14/adult, $7/child 4-12, Free/3 and under.

RSVP at bonaishalom.org

June 19th, 2016
Courthouse Lawn
Pearl Street Mall

FREE!

A one-day celebration of Jewish culture, featuring live entertainment, fine art and Judaica, ethnic food, community organizations and activities for all ages.