



November 2016 • Cheshvan 5777

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# upcoming events מה חדש

Please note that details of events are occasionally subject to change. Check our website for the most up-to-date information.  
Unless specified all events take place at Bonai Shalom.

## Shabbat & Festivals (Holidays) שבת וחגים

### The Basement: A Family-Friendly Shabbat Experience Friday, November 18 • 6:00pm

Kid-friendly basement and vegetarian potluck with Hannah at Rabbi Marc's house. A twist on The Basement, this cozy service will have chanting, drumming, and not-quite-quiet contemplative space. Children are encouraged to join!

### Thanksgiving Day Thursday, November 24

## Social Action תקון עולם

### Understanding the Connection Between Suicide and Gun Violence

November 13 • 2:00-4:00pm

An expert panel will provide information about suicide risk factors and warning signs, the role of guns as the single most frequent cause of suicide deaths, and steps we can take to help prevent suicide. The panel will also specifically address concerns for teens and veterans. This event will take place at Har HaShem in Boulder. For more information, contact Stephanie Greenberg, research@swgreenberg.com.

### Bridge House Community Table Monday, November 14 (2nd Monday Monthly) 4:00-6:30pm • at Bridge House

Bonai's commitment to Bridge House's Community Table is to provide volunteers to help prepare and serve meals to those in need. Hot meals are served from 5:00-6:00pm, set-up starts at 4:00pm, clean-up till 6:30pm. Please help with whatever time you can give.

### Volunteer at Boulder Shelter for the Homeless Sunday, November 20 (3rd Sunday Monthly) 5:30-7:30am

For two decades, CBS has had a small, dedicated group serving breakfast at the Boulder Shelter for the Homeless on the third Sunday of every month during the Winter Emergency Season (October-April). We are always looking for new people to join the group! This opportunity is fantastic for those who like to get started early and is very rewarding work on behalf of those in need. If you would like to sign up or get more information, contact Rick Goldstein at rick.goldstein@ieee.org.

## Adult Learning & Programs לימוד ותוכניות

### Talmud Class Wednesday, November 2 • 12:00pm

We will continue our weekly study of Tractate Sotah in The Babylonian Talmud. Beginners are welcome and feel free to bring a brown bag lunch.

### Lunch n' Learn: Erich Fromm and God: Modern Jew, Humanist, or Social Scientist?

November 3 and 10 • 12:00-1:30pm  
at Robert Winer's home

Join us for a lunch conversation with Robert Winer, M.D., psychoanalyst and Tom Trager, retired Attorney and Humanist Jew, on the "concept of God" from Erich Fromm's 1966 book "You Shall be as Gods": A Radical Interpretation of the Old Testament.

### Svasana on Shabbat Saturday, November 5 • 9:30am

A Restorative Yoga practice to help our bodies, minds, and spirits rest. Drop your kids at school and come spend an hour for yourself on Shabbat. Enjoy slow movements and supported yoga postures that allow us to bring focus to our breath and minds, which in turn allows our nervous systems and spirits a chance to come home to Shalom. If you feel comfortable doing so, please bring a yoga mat and any yoga blankets or props you may have. Guided by Marni Siegel.

### Mah Jongg Saturdays, November 5 and 19 • 12:45pm

Our Shabbat afternoon games have been very successful. We will continue to play twice a month through the winter. Beginners, and those who haven't played in years, are always welcome. If you have any questions, please call Arti at 303-543-7654.

continued



Congregation Bonai Shalom is an egalitarian synagogue of diverse membership that embraces traditional prayer and practice with openness and creativity. We strive to make a difference in our community and the world by preparing our children for Jewish Life, providing adult education, strengthening connections to Israel, and participating in social action projects and green initiatives. Bonai Shalom is affiliated with The United Synagogue of Conservative Judaism.

## Adult Learning & Programs continued

### "A Wise Question is Half the Answer" - Solomon Ibn Gabirol, 11th Century Andalusia

Sunday, November 6 • 4:00-6:00pm

What are your burning questions? What is animating you? Are there questions you've wanted to ask a rabbi but been afraid to? As we stand on the threshold of a very important election for our country, what are the questions, concerns, excitements, and fears you feel for living more honestly and alive-ly? Rabbi Marc and Hannah will offer Torah sources and ideas responding to and further engaging these questions. Spring Adult Ed options will include responses to the questions that arise.

### From Succot to Hannukah: Secret Links

November 7 and 14 • 7:00-9:00pm

Explore the link between Succot and Hannukah and read the history of the Hasmoneans, the descendants of the Maccabees including one who was pelted with etrogs by an angry populace. A series of classes with Dr. Naomi SS Jacobs. Suggested donation \$10-\$15.

### Chai Mitzvah

Saturday, November 12 • 9:40-10:30am

Chai Mitzvah is an adult Jewish engagement initiative, asking the question, "What do you want your adult Jewish life to look like?" and guides participants in answering that question through study, spirituality, and social action. Groups will take place each month and will explore a variety of topics. Led by Karli Sherwinter at the Boulder JCC.

### Mussar HaLashon: Ethics of Speech with Maggid Charna Rosenholtz, MA

Sunday, November 13 • 6:30-8:30pm

*Das ganze welt licht offen spitz tzing*

*The future of the world is at the tip of the tongue – Yiddish Proverb*

According to the Baal Shem Tov, the quality of our speech determines whether or not it becomes a creative force. What is ethical speech and how do we give feedback that builds up instead of tears down? We will explore what Jewish tradition says about ethical speech, lashon hara (evil tongue), and tochecha (rebuke), as we apply it to our lives.

### D'var Torah in Chevruta: Chayei Sarah

Saturday, November 26 • 10:30am

For this week's *dvar torah* (sermon), engage in chevrotah, small groups thinking together to generate, share, and sharpen ideas based on texts and questions relating to the central ideas in parshat Chayei Sarah.

### Shira: Singing as Spiritual Practice

Tuesday, November 29 • 8:00-9:00pm

Join us in building singing community! We'll explore *niggunim* (melodies), experimenting with rhythm, volume, texture, harmony, and listening. This is for folks of all levels of comfort and skill singing. Facilitated by Rabbinic Intern Hannah Kapnik Ashar.

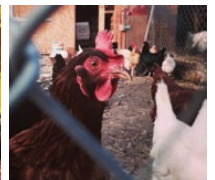
### Engendering Judaism: Exploring and Personalizing Feminist Jewish Literature with Hannah Kapnik Ashar

Wednesday, November 30 • 7:00pm

How are others grappling with and animated by living as a Jewish woman in the modern era? We will read and discuss excerpts from modern greats in feminist Jewish thinking. This class is for female-identifying folks.

### Text Study Group

Tuesdays, November 1, 8, 15, 22 and 29 • 1:00pm



## Children & Families

ילדים ומשפחות

### Shabbat Shelanu

2nd and 4th Shabbat monthly • 11:00am

Parent-led Shabbat service for families with children ages 0-5. Service includes singing, dancing, stories, and snack.

### Shabbat B'Yachad

Saturday, November 5 • 10:45am

Learning service for children in Grades 3-5 led by 'Storhteller' Dafna Michaelson. Parents are welcome and children do not have to be enrolled in the Religious School to participate.

### Shabbat Koleinu

Saturday, November 5 • 11:00am

Learning musical service for children in K-2nd grade led by Elyse Bloom. Parents are welcome and children do not have to be enrolled in the Religious School to participate.

### Youth Group Bowling at CU Connections

Sunday, November 6

Ilanot (Grades K-2) - 10:00am - 12:00pm

Bonim (Grades 3-5) - 12:15-2:15pm

\$18/Person includes pizza and treats, parents are welcome to stay and watch! RSVP to Zach Goldberg: zach@bonaishalom.org by November 2.

### Thanksgiving Break

Saturday, November 19-26

### Religious School

Wednesdays, November 2, 9, 16, 30

4:10pm

Saturdays, November 5 and 12

9:30am

### Student Torah Reading with Hannah

Saturday, November 5 • 9:45am

This program is for students in Grades 5 and 6 who would like to start learning how to read Torah, with the end result of being able to practice what they learn by reading for our B'Yachad services. In December, it becomes the Torah Club so students can meet with Hannah approximately once a month to maintain their skills and sign up for when they can read. Contact hannah@bonaishalom.org if interested.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>1</b> Rosh Hodesh Cheshvan 1:00pm - Text Study Group  <b>NOV</b>	<b>2</b> 12:00pm - Talmud Class 4:10pm - Religious School	<b>3</b> 7:00am - Thursday Morning Minyan 12:00pm - Lunch & Learn at Robert Winer's	<b>4</b> 5:37pm - Candle Lighting	<b>5</b> Parshat Noach 9:30am - Shabbat Services 9:30am - Religious School 9:30am - Svasana on Shabbat 9:45am - Student Torah Reading with Hannah 10:45am - Shabbat B'Yachad 11:00am - Shabbat Koleinu 12:45pm - Mah Jongg 6:56pm - Havdalah
<b>6</b> 9:00am - Shacharit Minyan 10:00am - 12:00pm - Ilanot Bowling at CU Connections 12:15-2:15pm - Bonim Bowling at CU Connections 4:00pm - A Wise Question Is Half the Answer	<b>7</b> 7:00-9:00pm - From Succot to Hannukah: Secret Links	<b>8</b> Election Day 1:00pm - Text Study Group	<b>9</b> 4:10pm - Religious School	<b>10</b> 7:00am - Thursday Morning Minyan 12:00pm - Lunch & Learn at Robert Winer's	<b>11</b> Veterans Day 4:30pm - Candle Lighting	<b>12</b> Parshat Lech-Lecha 9:30am - Shabbat Services 9:30am - Religious School 9:40am - Chai Mitzvah 11:00am - Shabbat Shelanu 5:49pm - Havdalah
<b>13</b> 9:00am - Shacharit Minyan 2:00-4:00pm - Social Action Program on Suicide Prevention 6:30-8:30pm - Mussar HaLashon Class	<b>14</b> 4:00pm - Bridge House Community Table 7:00-9:00pm - From Succot to Hannukah: Secret Links	<b>15</b> 1:00pm - Text Study Group	<b>16</b> 4:10pm - Religious School	<b>17</b> 7:00am - Thursday Morning Minyan	<b>18</b> 4:24pm - Candle Lighting 6:00pm - The Basement: A Family-Friendly Shabbat Experience	<b>19</b> Parshat Vayera 9:30am - Shabbat Services 12:45pm - Mah Jongg 5:43pm - Havdalah
<b>20</b> 9:00am - Shacharit Minyan	<b>21</b>	<b>22</b> 1:00pm - Text Study Group	<b>23</b>	<b>24</b> Thanksgiving Day	<b>25</b> 4:20pm - Candle Lighting	<b>26</b> Parshat Chayei Sara 9:30am - Shabbat Services 10:30am - D'var Torah in Chevrua 11:00am - Shabbat Shelanu 5:40pm - Havdalah
<b>27</b> 9:00am - Shacharit Minyan	<b>28</b>	<b>29</b> 1:00pm - Text Study Group 8:00pm - Shira	<b>30</b> 4:10pm - Religious School 7:00pm - Engendering Judaism			

# Connect to Bonai!

Bonai Shalom is connected to social media. Please "like" our page on Facebook, and "follow" our Twitter feed and Pinterest site. Simply put "Congregation Bonai Shalom" in the search boxes and you will find us. We will be using these sites to get the word out about all of Bonai's programs!



## Congregation Bonai Shalom

1527 Cherryvale Road  
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## Adult Education Fall 2016

Looking for ways to explore Judaism and learn from some of Boulder's greatest teachers? Whether it's text study, a discussion group, or social event, you won't want to miss these upcoming opportunities!

**Talmud Class**

**Svasana on Shabbat**

**Mah Jongg**

**Erich Fromm and God: Modern Jew, Humanist, or Social Scientist?**

**"A Wise Question is Half the Answer"**

**From Sukkot to Hanukkah: Secret Links**

**Chai Mitzvah**

**Mussar haLashon: Ethics of Speech**

**D'var Torah in Chevruta**

**Engendering Judaism: Exploring Feminist Jewish Literature**

**Shira: Singing As Spiritual Practice**

**See inside for details!**