



October 2016 • Tishrei 5777

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# upcoming events מה חדש

Please note that details of events are occasionally subject to change. Check our website for the most up-to-date information.  
Unless specified all events take place at Bonai Shalom.

## Shabbat & Festivals (Holidays)

שבת וחגים

**Erev Rosh Hashanah • Sunday, October 2**

**Rosh Hashanah I • Monday, October 3**

**Rosh Hashanah II • Tuesday, October 4**

**The Basement: A Contemplative Shabbat Experience  
Friday, October 7 • 6:00pm**

Join Rabbi Marc for a different kind of Shabbat prayer experience in his basement. On this significant Shabbat between Rosh Hashanah and Yom Kippur, Shabbat Shuva, our theme for contemplation will be our own personal Teshuva. We will chant, meditate, sing, and reflect as we bring in Shabbat together. There will be some drumming in this service too. You are invited to stay for kiddush, soup, and challah. Feel free to bring some Kosher wine or dessert. No RSVP required, but let the office know if you are planning to come so that the Rabbi knows how much soup to make!

**Shabbat Shuva • Saturday, October 8**

**Erev Yom Kippur • Tuesday, October 11**

**Yom Kippur • Wednesday, October 12**

**Community Break-Fast Meal  
Wednesday, October 12 • 7:15pm**

**Kabbalat Shabbat • Friday, October 14 • 6:00pm**

**Erev Sukkot • Sunday, October 16**

**Sukkot • Monday, October 17- Sunday, October 23**

**Second Day Sukkot Celebration: Hallel and Havruta  
Tuesday, October 18, 10:30am-12:00noon**

Join us for this new program as we come together on this Festival of Joyful Gathering for a celebratory Hallel and

Torah study, looking at traditional and chasidic teachings on the meaning of sitting in the Sukkah, followed by a community lunch. Weather permitting, this will be in the Sukkah.

**Soup in the Sukkah • Friday, October 21 • 6:45pm**

**Last Day of Sukkot - Hoshana Raba  
Sunday, October 23**

**Shemini Atzeret Services**

**Monday, October 24 • 9:30am-12:00noon**

Special service with Hallel, Tefillat Geshem (prayers for rain) and Yizkor (approximately 11:00am). Please stay after and join us for a Kiddush.

**Community Simchat Torah Celebration**

**Monday October 24 • 6:00pm**

See the Torah up close and personal! Children are invited to gather around the reading table to see what's inside our precious wisdom bank. We will open to a couple of particularly beautiful or interesting sections of the Torah after holiday-friendly crafts and a parade. Community-wide services begin at 7pm with Maariv. We will dance with the Torah and celebrate the Chatan Torah and Kallat Bereshit, Jeff and Karen Raizen, in celebration of their contributions to our community and their love of Torah. We will sing, dance, and eat. The dancing will be slightly shorter than usual, allowing for celebrations of our honorees in the evening. We will also celebrate them at Simchat Torah morning services. We welcome Pardes Levavot to join us for Simchat Torah celebrations.

**Simchat Torah Services**

**Tuesday, October 25 • 9:30am**

Join in another round of dancing with the Torah and honoring Jeff and Karen Raizen!



Congregation Bonai Shalom is an egalitarian synagogue of diverse membership that embraces traditional prayer and practice with openness and creativity. We strive to make a difference in our community and the world by preparing our children for Jewish Life, providing adult education, strengthening connections to Israel, and participating in social action projects and green initiatives. Bonai Shalom is affiliated with The United Synagogue of Conservative Judaism.

## Social Action

תקון עולם

### Bridge House Community Table

Monday, October 10 (2nd Monday monthly)

4:00-6:30pm • at Bridge House

Bonai's commitment to Bridge House's Community Table is to provide volunteers to help prepare and serve meals to those in need. Hot meals are served from 5:00-6:00pm, set-up starts at 4:00pm, clean-up till 6:30pm. Please help with whatever time you can give.

### Social Action Road Clean-up

Sunday, October 9 • 10:00am

## Adult Learning & Programs

לימוד ותוכניות

### Sukkah Building

Sunday, October 9 • 10:00am

Bring your hammer, screwdriver, and work gloves and join us after Sunday Shacharit Minyan to help build our community Sukkah!

### Shira In The Sukkah

Tuesday, October 18 • 8:00-9:00pm

Join us in building singing community! We'll explore *niggunim* (melodies), experimenting with rhythm, volume, texture, harmony, and listening. This is for folks of all levels of comfort and skill singing. Facilitated by Rabbinic Intern Hannah Kapnik-Ashar.

### Svasana on Shabbat

Saturday, October 22 • 9:30am

A restorative yoga practice to help our bodies, minds, and spirits rest. Drop your kids at school and come spend an hour for yourself on Shabbat. Enjoy slow movements and supported yoga postures that allow us to bring focus to our breath and minds, which in turn allows our nervous systems and spirits a chance to come home to Shalom. If you feel comfortable doing so, please bring a yoga mat and any yoga blankets or props you may have. Guided by Marni Siegel.

### Mah Jongg

Saturday, October 22 • 12:45pm

Our Shabbat afternoon games have been very successful. We are going to continue to playing twice a month through the winter. Beginners and those who haven't played in years are always welcome. If you have any questions, please call Arti at 303-543-7654.

### Jews, Food and the Earth - the Ethics of Jewish Eating

October 23 • 3:00-4:30pm • \$10

Join Farmer Becca and Rabbi Marc for study and discussion about how Jewish values can influence our food choices as we consider condition of workers, treatment of animals, impact on the environment, and how we share our bounty. The Boulder JCC and Bonai Shalom strive to produce sustainable food and teach these from a Jewish perspective. Weather permitting, this class will be in the Sukkah at the JCC. Register at [www.boulderjcc.org/farmprograms](http://www.boulderjcc.org/farmprograms).

### Chidush for Teachers

Sunday, October 30 • 8:30am

## Children & Families

ילדים ומשפחות

### Student Torah Reading with Hannah

Saturdays, October 1, 8, 15, 29 at 9:45am

This program is for students in Grades 5 & 6 who would like to start learning how to read Torah, with the end result of being able to practice what they learn by reading for our B'Yachad services. There will be classes through Nov. 5 (but not on 10/22). In December, it becomes the Torah Club so students can meet with Hannah approximately once a month to maintain their skills and sign up for when they can read. Contact [hannah@bonaishalom.org](mailto:hannah@bonaishalom.org) if interested.

### Shabbat Shelanu

2nd and 4th Shabbat monthly • 11:00am

Parent-led Shabbat service for families with children ages 0-5. Service includes singing, dancing, stories, and snack.

### Shabbat B'Yachad

Saturdays, October 1, 15 & 29 • 10:45am

Learning service for children in Grades 3-5 led by 'Storahteller' Dafna Michaelson. Parents are welcome and children do not have to be enrolled in the Religious School to participate.

### Shabbat Koleinu

Saturdays, October 15 & 29 • 11:00am

Learning musical service for children ages K-2nd grade led by Elyse Bloom. Parents are welcome and children do not have to be enrolled in the Religious School to participate.

### Simchat Torah Shelanu

Monday, October 24 • 5:00-5:45pm

Come celebrate Simchat Torah together with singing, stories, and movement! This program is led by Elyse Bloom and is geared toward families with children ages 0-5.

### Family Fourth Friday Kabbalat Shabbat & Dinner

Friday, October 28 • 5:30pm

Join us for a family-friendly service followed by dinner as we bring in Shabbat together. The short, early service, led by Rabbi Marc, starts at 5:30pm and includes music, a story, and prayers. \$14/adult, \$7/child 4-12, Free/3 and under. RSVP [@bonaishalom.org](mailto:@bonaishalom.org).

### Religious School

Saturdays, October 1, 15, 22 & 29 • 9:30am

Wednesdays, October 5, 19 & 26 • 4:10pm

### B'nai Mitzvah Dinner in the Sukkah

Wednesday, October 19 • 6:15-8:15pm

## Youth

נוער

### Rosh Hodesh Girl's Group

Saturday, October 1 (monthly) • 12:00noon

Through discussion, arts and crafts, creative ritual, games, and drama, girls and their leaders draw on Jewish values and a gender lens to explore the issues the girls care about most, such as body image, friendship, relationships, family, competition, and stress.

### Shevet Achim: The Brotherhood

Sunday, October 30 (monthly) • 5:00-7:00pm

Join Shevet Achim for a bonding experience where 8th-9th grade boys can have open discussions about real teen issues. Led by Rabbi Marc and BJTI Director Gary Brandt, this fun and transformative experience inspires boys to grow into adulthood with confidence, compassion, and purpose.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>2</b> Erev Rosh Hashanah 9:00am - Shacharit Minyan, followed by Hatarat Nedarim 6:15pm - Mincha 6:23pm - Candle Lighting 6:30pm - Ma'ariv	<b>3</b> Rosh Hashanah I 8:30am-3:00pm - Rosh Hashanah I Services	<b>4</b> Rosh Hashanah II 8:30am- 12:00pm - Rosh Hashanah II Services 7:40pm - Havdalah	<b>5</b> 4:10pm - Religious School	<b>6</b> 7:00am - Thursday Morning Minyan	<b>7</b> 6:00pm - The Basement: A Contemplative Shabbat Experience 6:15pm - Candle Lighting	<b>8</b> Parshat Vayeilech Shabbat Shuva 9:30am - Shabbat Services 9:45am - Student Torah Reading with Hannah 11:00am - Shabbat Shelanu 7:34pm - Havdalah
<b>9</b> 9:00am - Shacharit Minyan 10:00am - Social Action Road Cleanup 10:00am - Community Sukkah Building	<b>10</b> 4:00pm - Bridge House Community Table	<b>11</b> Erev Yom Kippur 1:00pm - Text Study Group 6:00pm - Kol Nidre and Ma'ariv 6:09pm - Candle Lighting/Fast Begins	<b>12</b> Yom Kippur 8:30am-7:00pm - Yom Kippur Services 7:15pm - Community Break-Fast Meal	<b>13</b> 7:00am - Thursday Morning Minyan	<b>14</b> 6:00pm - Kabbalat Shabbat 6:04pm - Candle Lighting	<b>15</b> Parshat Ha'Azinu 9:30am - Shabbat Services 9:30am - Religious School 9:45am - Student Torah Reading with Hannah 10:45am - Shabbat B'Yachad 11:00am - Shabbat Koleinu 7:23pm - Havdalah
<b>16</b> Erev Sukkot 9:00am - Shacharit Minyan 6:01 pm - Candle Lighting	<b>17</b> 9:30am-12:00pm - Sukkot I Services	<b>18</b> 10:30am-12:00pm - Sukkot Celebration: Hallel and Havruta 1:00pm - Text Study Grp. 7:19pm - Havdalah 8:00pm - Shira in the Sukkah	<b>19</b> 4:10pm - Religious School 6:15-8:15pm - B'nai Mitzvah Dinner in the Sukkah 10/17/2016 - 10/23/2016 - Sukkot	<b>20</b> 7:00am - Thursday Morning Minyan	<b>21</b> 5:54pm - Candle Lighting 6:00pm - Abbreviated Kabbalat Shabbat 6:45pm - Soup in the Sukkah	<b>22</b> 9:30am - Shabbat Services 9:30am - Svasana on Shabbat 9:30am - Religious School 11:00am - Shabbat Shelanu 12:45pm - Mah Jongg 7:13pm - Havdalah
<b>23</b> Last Day of Sukkot - Hoshana Raba 5:52pm - Candle Lighting 3:00-4:30pm - Jews, Food, and the Earth: The Ethics of Jewish Eating	<b>24</b> Shemini Atzeret & Erev Simchat Torah 9:30am - Shemini Atzeret Services 5:00-5:45pm - Simchat Torah Shelanu 6:00pm - Comm. Sim- chat Torah Celebration	<b>25</b> Simchat Torah 9:30am - Simchat Torah Services 1:00pm - Text Study Group 7:09pm - Havdalah	<b>26</b> 4:10pm - Religious School	<b>27</b> 7:00am - Thursday Morning Minyan	<b>28</b> 5:45pm - Candle Lighting 5:30pm - Family Fourth Friday Kabbalat Shabbat & Dinner	<b>29</b> Parshat Bereshit 9:30am - Shabbat Services 9:30am - Religious School 9:45am - Student Torah Reading with Hannah 10:45am - Shabbat B'Yachad 11:00am - Shabbat Koleinu 7:04pm - Havdalah
<b>30</b> 8:30am - Chidush for Teachers 9:00am - Shacharit Minyan 5:00pm - Shevet Achim: The Brotherhood	<b>31</b>					

# High Holiday Service Schedule 5777

We will be welcoming the new year at the NEW Boulder JCC located just across the street from the synagogue at 6007, Oreg Ave. We hope you will join us!

## Oct 2 - Erev Rosh Hashanah

6:15pm - Mincha, Candle Lighting, Ma'ariv

## Oct 3 - Rosh Hashanah I

Main Services in Levin Hall

8:30am - P'sukei D'Zimra/Opening Prayers

9:00am - Shacharit/Morning Service

10:00am - Torah Service

11:30am - Rabbi's Sermon

12:00pm - Musaf/Additional Holiday Service

Lunch following Musaf

3:00pm - Tashlich/"Casting off"

Youth & Family Services

9:30am-10:45am - Family Service led by Dafna Michaelson, Shofar blast by Becca Bloom

9:30am-10:30am - Teen Programming

10:45am-12:00pm - Youth Activity Room (Grades K-5)

11:00am-11:30am - Rosh Hashanah Shelanu led by Illyse Bloom

11:30am - Kid-friendly food available at Bonai

## Oct 4 - Rosh Hashanah II

Main Services in Levin Hall

8:30am - P'sukei D'Zimra/Opening Prayers

9:00am - Shacharit/Morning Service

10:00am - Torah Service

11:30am - Rabbi's Sermon

12:00pm - Musaf/Additional Holiday Service

Youth & Family Services

9:30am-10:45am - Family Service led by Dafna Michaelson

11:00am-11:30am - Rosh Hashanah Shelanu led by parents

## Oct 11 - Erev Yom Kippur

6:00pm - Kol Nidre and Ma'ariv

## Oct 12 - Yom Kippur

Main Services in Levin Hall

8:30am - P'sukei D'Zimra/Opening Prayers

9:00am - Shacharit/Morning Service

10:30am - Torah Service

11:15am - Yizkor Service

12:15pm - Musaf/Additional Holiday Service

12:15pm - Yom Kippur Alternative Meditation

2:30pm - Break

3:15pm - Afternoon Sessions (See choices below)

4:30pm - Mincha/Offerings

5:45pm - Neilah/Sealing

6:45pm - Shofar Blast

7:00pm - Ma'ariv/Evening Service & Havdalah

7:15pm - Community Break-Fast Meal

Youth & Family Services

9:30am-10:45am - Family Service led by Dafna Michaelson

9:30am-10:30am - Teen Programming

10:45am-12:00pm - Youth Activity Room (Grades K-5)

11:00am-11:30am - Yom Kippur Shelanu led by Illyse Bloom

### *Yom Kippur Afternoon Sessions*

Restorative Yoga with Matt Kapinus

Teshuvah, Tefillah, Tzedakah - Self, Spirit and Society with Rabbi Marc & Hannah Kapnik-Ashar

The Book of Jonah as Spiritual Initiation with Dr. Naomi Susan Schwartz Jacobs