A Farmer, a Priest and a Rabbi...
A Winter Evening of Food, Farm and Faith

Tuv Ha’Aretz, Boulder’s Interfaith CSA will be sponsoring this program of food for thought from two different faith traditions and a farmer on **Thursday, January 23, from 7:00-8:30 pm at a location TBA.** Amy Tisdale from Red Wagon Organic Farm will talk about how farms, farmers and farm workers in Colorado survive the winter and the importance of CSA (Community Supported Agriculture) to local farms. Rabbi Marc will reflect on issues of food justice in the Jewish tradition following a recent rabbinic mission with migrant workers in Florida’s tomato fields. The Rev. Mary Kate Rejouis from St. Aidan’s Episcopal Church will discuss how exploring our relationship and connections with the food we eat and where it comes from can lead to a deepening of faith and connections with others. Snacks will be provided. For more information, email boulderjewishcsa@gmail.com or go to http://tuvhaaretz.wordpress.com/.

---

### January/February Events

Events take place at Unitarian Universalist Church, 5001 Pennsylvania Avenue unless indicated. Contact the office for details. Please refer to the calendars for a full listing of events.

**Community Meeting**
- Sunday, Jan. 19 • 10 am
- Congregation Har HaShem SOUTH building

**First Friday Shabbat Dinners**
- Friday, Jan. 3: Rabbi Tirzah Firestone
- Friday, Feb. 7: Nigel Savage

**Talmud Lunch ’n Learn**
- Wednesdays, Jan. 8, 22 and 29 and Feb. 12, 19 and 26

**Community Table**
- Mondays, Jan. 13 and Feb. 10
  - 3:45 to 7 pm
- First United Methodist Church, 1421 Spruce St., Boulder

**Text Study Group**
- Tuesdays • 1 to 2:30 pm
  - location TBD

**Thursday Morning Minyans**
- Thursdays • 7 to 8:30 am
  - Congregation Har HaShem SOUTH building

**Board Meetings**
- Tuesdays, Jan. 21 and Feb. 18

**Education Committee Meetings**
- Thursdays, Jan. 9 and Feb. 13

**Ritual Committee Meeting**
- Thursday, Jan. 9

**Inclusion Committee Meeting**
- Thursday, Jan. 23 • 1-2 pm
  - Congregation Har HaShem SOUTH building

**Sisterhood Board Meetings**
- Thursdays, Jan. 30 and Feb. 27

**An Evening with Sisterhood with Speaker Zilla Goodman**
- Thursday, Jan. 9 • 7-9 pm

**Bonai Hiking Group**
- Sunday, Jan. 19 • 9:30 am

**Shabbat Shelanu**
- Saturdays, Jan. 11, 25 and Feb. 8, 22

**Shabbat B’Yachad**
- Saturdays, Jan. 18 and Feb. 15

**Jr. Congregation**
- Saturday, Feb. 1

**Kindergarten/1st Grade Family Shabbat Dinner**
- Friday, Jan. 31

**Bet/Gimmel Seudat Shlishit & Havdallah**
- Saturday, Feb. 8

**B’nei Mitzvah Family Dinner**
- Friday, Feb. 21

**Community Meeting**
- Thursday, Jan. 9 • 7-9 pm
  - Speaker Zilla Goodman

**Inclusion Committee Meeting**
- Thursday, Jan. 23 • 1-2 pm
  - Congregation Har HaShem SOUTH building

**Community Table**
- Mondays, Jan. 13 and Feb. 10
  - 3:45 to 7 pm
- First United Methodist Church, 1421 Spruce St., Boulder

**Text Study Group**
- Tuesdays • 1 to 2:30 pm
  - location TBD

**Thursday Morning Minyans**
- Thursdays • 7 to 8:30 am
  - Congregation Har HaShem SOUTH building

---

**Shabbat morning services begin promptly at 9:30 a.m. and at 9 a.m. when there’s a Bar/Bat Mitzvah. Join us!**

---

**MAH NISHMAH? WHAT’S HAPPENING?**

---

**Friday, January 3**

*Rabbi Tirzah Firestone*

The Mystic Guest: The Healing Power in the Psyche

Reb Tirzah will share dreams, stories, and teachings from her life and research about the uncanny help that comes to us to further us on our journeys toward wholeness.

Rabbi Tirzah Firestone was the beloved founding rabbi of Congregation Nevei Kodesh in Boulder until she retired last year. She is also an acclaimed author and psychotherapist and is currently working on her doctorate in Depth Psychology with an emphasis on eco and the global community, at Pacifica Graduate Institute. Reb Tirzah is no stranger to Bonai Shalom and she and Rabbi Marc have collaborated on a number of programs over the years.

---

**Friday, February 7**

*Nigel Savage*

Post-Pew: Now What for American Jewry?

Late 2013 saw the publication of the Pew Study, showing that US Jewry is aging and shrinking – except for the ultra-orthodox, who are growing. Should we be concerned? What should we do?

Nigel Savage is the founder and director of Hazon, America’s largest faith based environmental organization, and is also at the forefront of American Jewish life with much wisdom to offer on trends in philanthropy and community.

**MAKE YOUR RESERVATIONS TODAY!**
President’s Message

Friends,

Thank you all for attending the community meeting in November. We had great attendance and participation with 63 members attending, including 12 of our 16 Board members. In that meeting we heard a variety of opinions regarding the restoration of our Cherryvale building and our long term plans. Some thought we should stay at the Unitarian Universalist Church until we are able to move to a new building on the commons. Some thought that moving to a new building on the Commons would create too much of a financial burden on our membership to be considered at this time. Concern was raised over many details: What can be done to reduce risk of future flooding? How do we insure that we meet the needs of all groups, e.g., playground and school facilities for families, kitchen, ritual? How do we really know what can be done, either on our property or on the Commons? How do we really know what the congregation wants versus anecdote? What is our process and when will we have a roadmap?

The Board and committees have had time to work through a number of issues and details. I want to give a special thanks to the volunteers who have put in huge numbers of hours helping to work out our recovery plan and process. Below is an update that will address many questions and show the path forward for when we will have answers.

First and foremost, the Board has decided that we as a congregation need to return to our Cherryvale address as soon as is reasonably possible. Our goal is to be in the building by spring or early summer for Shabbat and by the end of summer for the start of school. The rationales for this decision are many. The dollar cost for maintaining multiple locations (offices at Har HaShem; services, programs and Saturday school at UU; storage units; catering without a kitchen of our own) is substantial. The space alone costs $3,000 per month and the catering costs average $3,000 per month (but can be much higher depending on events). Additionally, operating from multiple locations causes significant added overhead and stress on the staff just in order to conduct routine business. And finally, that location is the physical center of our spiritual community in a way that a temporary location cannot be.

Returning to Cherryvale does not prevent us from moving to the Commons in the coming few years. Creating a new building across the street by all accounts will cost substantially more (factors of 2-5) than restoring our current building and property and would take place on a longer timescale (2-5 years). A decision whether to stay at our current address or move to the Commons must be made by a community vote and that vote must be an informed one. So, in parallel with returning to our current building, we have commissioned a study on possibilities for long-term land usage and building on our current property and on a parcel of land at the Commons. Results from those studies will be available in the February – March timeframe.

We are also actively investigating funding possibilities for a new building that would minimize the burden on the community as a whole.

Thank you to everyone who has donated to our flood recovery. Thank you especially to those who have spent many hours volunteering to plan and coordinate our fundraising and insurance efforts. As of December we have received a total of $275,000 in flood-related income including donations and insurance, along with $25,000 in additional commitments for donations. We are also applying for a Small Business Administration recovery loan.

continued on page 4
Thoughts From Our Rabbi

Shelter from the Cold – Boohoo if not for BOHO

In the early 1990s I worked as a volunteer for an organization called “Crisis at Christmas,” which every year opens a gigantic warehouse in London over the week of Christmas when many other warm and safe locations are closed, providing hot meals, a safe place to sleep and many other services, including haircuts, clothing and medical assistance for over 3,000 homeless people. As a Jew in my early twenties beginning to become more and more aware of the issues of homelessness, I thought that volunteering there would be a valuable contribution and a way to confront my own discomfort. It became my Christmas tradition for a few years! I still remember the enormous impact this decision had on me that first year, in opening my eyes to a whole community of people who, for as many reasons as there are individuals, have found themselves living on the streets or in temporary shelters. I learned that there is no such thing as “the homeless,” but that there are millions of people throughout the world, especially in our big cities, who do not have a home and each one of them has their own unique story to tell. The volunteering that I did those years back in London included offering healing and bodywork to some of these folks, many of whom were rarely touched except in a violent way. In this work I was privileged, in creating a moment of safety, to hear unbelievable stories of loss and struggle and misfortune.

It is too easy in our understandable discomfort with a community that, at times, feels threatening, to dismiss homeless people by saying “oh, it’s just a lifestyle choice,” or “why can’t they just get a job?” It may be true that some people do indeed choose a vagrant life, but certainly not the majority. As I write this, we are in the middle of a bitterly cold spell of weather in Boulder with temperatures in the low single digits. On these freezing nights, I cannot even imagine how awful and life-threatening it must be to be on the streets and the twenty-year old memories of those winters in London have come flooding back to me. Talking of floods, some of us are still displaced after our flood and some have only recently had heat and hot water restored after months. This temporary homelessness has been really hard for many of us. I don’t underestimate the trauma and yet it gives only a very small taste of what it must be like for those who, for as many reasons as there are individuals, have found themselves living on the streets, but beyond our assumptions and our judgments, our tradition demands that we see their humanity. Judaism strongly urges us to assist the vulnerable in our society; to feed the hungry and clothe the naked. I know that giving a dollar to a homeless person in the street can bring up a lot of questions and unease for many of us and we may choose not to help out in that way, but we can support BOHO, the Boulder Shelter for the Homeless, EFFA, Community Food Share, Community Table (at which Bonai volunteers serve on the second Monday of the month,) Bridge House, Food Rescue and others, as well as their partner organizations, or we can donate our own gently used coats, hats, socks, mittens, gloves, and new packages of men’s briefs at Bonai’s offices at Har HaShem or blankets and sleeping bags at the JCC to take away some of that winter chill. As this winter continues and we enjoy our warm clothing, comfortable beds and efficient heating systems, let’s not forget those left out in the cold and the organizations dedicated to serving them.

We may not ever fully grasp the systemic reasons for homelessness in our society, nor understand every individual who finds themselves on the streets, but beyond our assumptions and our judgments, our tradition demands that we see their humanity. Judaism strongly urges us to assist the vulnerable in our society; to feed the hungry and clothe the naked. I know that giving a dollar to a homeless person in the street can bring up a lot of questions and unease for many of us and we may choose not to help out in that way, but we can support BOHO, the Boulder Shelter for the Homeless, EFFA, Community Food Share, Community Table (at which Bonai volunteers serve on the second Monday of the month,) Bridge House, Food Rescue and others, as well as their partner organizations, or we can donate our own gently used coats, hats, socks, mittens, gloves, and new packages of men’s briefs at Bonai’s offices at Har HaShem or blankets and sleeping bags at the JCC to take away some of that winter chill. As this winter continues and we enjoy our warm clothing, comfortable beds and efficient heating systems, let’s not forget those left out in the cold and the organizations dedicated to serving them.

Bonai Shalom’s temporary office shelter is in the south building of Congregation Har HaShem. Working there late on a Tuesday night recently brought me right back to ‘Crisis at Christmas,’ as I saw the volunteers and homeless guests arrive for their weekly promise of food and shelter under the auspices of BOHO – Boulder Outreach for Homeless Overflow. The scale is way less than a tenth of what I experienced in London, but the energy was the same and the intense need is evident. There is something so wonderful in witnessing a sacred space transform into a sanctuary for a couple of hundred people who would otherwise be in the frozen outdoors. Har HaShem is one of several faith communities in Boulder County that works with BOHO to provide this essential indoor need in the winter, as well as the summer with a weekly, designated sleeping area outside. My conversations with staff and volunteers at Har HaShem have all emphasized the very positive relationship they have had with this program and all involved, commenting on the respect and gratitude that comes from the beneficiaries. Bonai Shalom’s dedicated Social Action Committee also has a strong connection with BOHO, though for practical reasons we have not yet been able to be a winter or summer site for them. We do have a coat and blanket drive, however, which is also an essential contribution. BOHO is in its fifth season of providing Emergency Warming Centers (EWCs) and at the time of writing this, at least 50 nights have already seen an EWC in operation in Boulder. Without this service, some people will almost certainly have died of hypothermia on those bitter nights.

Blessings,
Rabbi Marc
rabbi@bonaishalom.org, 303-442-6605, ext. 1102
To date we’ve spent $45,000 on remediation and furnace repair in both the Rabbi’s house and the synagogue building. We have committed a total of $115,000 to restoring the Rabbi’s basement and to begin work restoring the synagogue building. Contracts have been signed and work is in progress. The total target for restoring our site remains $500,000.

A rough outline of the milestones we are looking forward to include: A member survey on future directions for the synagogue (December), a timeline for rebuilding options from the Architecture Committee (January 1st), a follow-up community meeting (January 19th) a report from our land-use contractor on options for our current properties and the Commons (February-March), return to Bonai for shabbat (spring-early summer), potential congregational vote on move to the Commons (annual meeting May-June), and return to full use (including school and programming) at our current properties (August-September).

The Architecture Committee members (Ron Squarer, Gary Jacobs, Cairrole Woodward, Arti Goldstein, Nissan Cohen, Bruce Wildman, and Itzik Ziv) deserve all our appreciation for the work they are donating to Bonai Shalom to help guide our future. Similarly, our thanks go out to the Fundraising Committee members (Larry Cohn, Bruce Wildman, Aza Squarer, and Arti Goldstein) for making it possible for us to have options.

The Executive Committee and Board works very closely with both committees to evaluate and vet their recommendations in terms of cost-benefit to our membership. We will continue to do all we can to maintain maxim transparency as we proceed. If you have any questions on process, or wish to help out, please let me know.

I also would especially like to express my deepest appreciation to JEWISHcolorado (formerly the Allied Jewish Federation of Colorado) for its generous support assisting us with the financial impacts of one of the worst disasters in Colorado’s history. To date, JEWISHcolorado has awarded Bonai Shalom grants totaling $35,000. Donations came from around the world as well as from Federations across the country. JEWISHcolorado has raised more than $335,000 from over 1,000 donors. They have awarded grants to nine Boulder-area Jewish organizations and will continue to distribute the full amount of all funds received, once pledges are paid.

Finally, as part of our fundraising campaign, we have received generous offers to match up to $90,000 in donations. Wishing everyone the best for the (secular) new year,

Shalom,
Steven Hill, President, 303-588-5645

Kiddush Sponsors
Do you have an event you’d like to celebrate or a person you’d like to honor? Sponsoring a kiddush is a perfect way to share the joy!

Think GREEN – make your kiddush a ZERO WASTE kiddush! Contact the office for details.

January 4......Jerry & Marilyn Pinsker In honor of the birth of Daliah Paige, their granddaughter
January 18....Shayna and Andrew Linn in honor of their daughter
January 25....Aza and Ron Squarer in honor of Aza’s father’s 85th birthday
February 1 ....Jason and Diana Blau

Please note that, due to our temporary dislocation and the lack of facilities for food storage and service, we have limited capacity for sponsored kiddushes (saved for Bar and Bat Mitzvah celebrations). For more information, questions, or to schedule future dates, please contact the Bonai office at office@bonaishalom.org or 303-442-6005.

COMMUNITY TABLE
Can you spare an hour and a half once a month to help feed hungry and often homeless people a hearty meal?

Bonai Shalom is responsible for supplying volunteers for Community Table the second Monday of every month. Please join us on January 13 and February 10 at the First United Methodist Church, 14th and Spruce Streets, in Boulder (one block east of the Hotel Boulderado, one-half block north of the Boulder Theater).

Dinner is served 5-6 p.m. and we have two informal shifts, 3:45-5:30 p.m. and 5:30-7 p.m. You may come anytime during those hours, and stay for as long as you like. Whatever time you can share is appreciated!

JOSEPH SECOR PAINTING
Professional, quality painting in Boulder since 1976
• COMMERCIAL & RESIDENTIAL
• DRYWALL PATCHING
• PRESSURE WASH & STAIN
303-443-4020 FREE ESTIMATE

Michael R. Freedman, Ph.D.
Clinical Psychologist

1123 Spruce Street, Suite 301
Boulder, Colorado 80302
(303) 443-4487
Boulder-Wide Tu B’Shevat Seder to Celebrate “The Tree of Life”

Wednesday, Jan 15 • 6:15–8:00 pm
Congregation Nevei Kodesh

This year, the Jewish Community is coming together for an all-ages, participatory, mystical seder for The New Year of the Trees. We’ll consider how to bring blessing to everything fruitful, and to the Tree of Life itself, for the benefit of all living beings. Rabbi David Seidenberg, the founder of NeoHasid.org, will be leading the seder. There will be information tables from local environmental groups as well. This evening is appropriate for all ages, and families are welcome. There will be child care available, and we’ll have a special activity for children.

Please RSVP to info@neveikodesh.org so we know how many people will attend.

Please bring one or more of the following:
• An object you found in nature that was not shaped by human hands
• Information or a story about an environmental action or project you care about
• A poem, song or story about trees
• White or red grape juice to share

Rabbi David Seidenberg, founder of NeoHasid.org, teaches text and music, Jewish thought and spirituality, in their own right and in relation to ecology. David’s book on ecology and Kabbalah will be published by Cambridge University Press in 2014. David has smikhah (ordination) from the Jewish Theological Seminary and from Rabbi Zalman Schachter-Shalomi, and he has taught throughout North America, in Europe and in Israel.

Co-Sponsored by Haver, Tuv Ha’Aretz, Congregation Har HaShem, Congregation Bonai Shalom, and Congregation Nevei Kodesh.

We need your ideas and input for NEW INCLUSION COMMITTEE

Bonai Shalom has established a new committee focusing on making our congregation accessible to people of all abilities. We want to be welcoming to all people, and we want to accommodate any special needs that anyone has. In order to do that, we must know what the needs are. We are in the process of identifying people whose participation could be improved by accommodating their needs.

Areas we’re focusing on:
1. Religious School. We are fortunate to have an Education Director Karen Raizen, with a Master’s degree in Special Education.
2. Adult education
3. Worship and ritual
4. Events and programs
5. Bar/Bat Mitzvah preparation
6. Architectural accessibility of the building (as we rebuild)

Here’s what we need from you:
1. Tell us your concerns, requests and needs, so we can help.
2. Give us ideas and suggestions that improve Bonai’s programming and facility.
3. Identify any people who want to participate but need special accommodation.
4. Contact us with concerns, questions, or information; attend one meeting; or join our committee.

Adult Education Classes

Please consider joining us for a stimulating and diverse set of classes in the coming year. The topics range from Torah to . . . baseball! PLEASE NOTE that all classes, except as otherwise noted, will take place at the Unitarian Universalist Church at 5001 Pennsylvania Ave. in Boulder. If you have any questions or suggestions, please contact: David Hosansky, david@wordedge.com, 303-980-0723; or Karen Raizen, Bonai Education Director, karen@bonaishalom.org, 303-442-6605, ext. 1104.

Text Study: Jewish Writing Discussed
Ongoing; Tuesday afternoons • 1 to 2:30 pm
Join our enthusiastic and eloquent participants as they explore various Jewish texts – currently, the book is “The 13-Petaled Rose: A Discourse on Jewish Existence and Belief” by Adin Steinsaltz. PLEASE NOTE that the group is meeting in private homes at this time – contact Larry Cohn at 720-304-3333 if you wish to join!

Talmud Class: Lunch ’n Learn with Rabbi Marc
Wednesdays, Jan. 8, 22, 29 and Feb. 12, 19 and 26
Noon to 1 pm
Rabbi Marc will continue to lead this stimulating study. Feel free to bring a brown-bag lunch (dairy/parve)!

Colorado Mediation Center, LLC
Beth Brown Ornstein, JD
Professional Mediator, CCMO

Mediation, Arbitration, Med-Arb, Facilitation & Training Services

a common sense approach to prevent, manage and resolve conflict

4450 Arapahoe Ave. ph: 303-415-2042
Suite 100 fax: 303-499-3937
Boulder, CO 80303 email: cme@mediationnow.com
www.coloradomediationcenter.com
**Religious School Happenings**

**From the Education Director**

In Jewish tradition, learning never ends. Learning doesn’t end for our teachers, either, and on the last Sunday in October, our teachers went back to ‘school’.

For the past several years, 18 Pomegranates has generously supported the Boulder Education Team (BET) in bringing speakers to our Jewish community’s teachers for valuable annual professional development sessions. This year’s session was on project based learning. Many thanks to 18 Pomegranates for this opportunity.

It was a valuable learning session that our teachers enjoyed and have begun to use in their classrooms. Bonai is lucky to have teachers who take extra time to learn more about teaching so that they can provide the best possible learning environment for the students to ensure a positive and successful Jewish educational experience.

On Dec. 15th, the Religious School held their annual Social – this year it was a Smoothie Social. Thank you to Rabbi Marc, who obtained a blender that could be attached to his bike and powered by someone riding the bike! It was a lot of fun to see, to try, and certainly delicious! At the Smoothie Social, we had the great pleasure to thank both Jonathan Lev and Jerry Pinsker of the Boulder JCC for their generosity, help, and support for the school following the flooding. We couldn’t have kept our school functioning as efficiently without their help and the use of the JCC building. Todah rabah!

I would also like to thank Jennifer Weismann for her help in organizing the Smoothie Social, and to Eric Weismann, Marni Siegal, Val Gane, Julie Victor, Ira Leibtag, Shauna Sadow, Ari Bates-Vinueza, and Kayla Goldstein for their help in making the event successful. Many thanks to Suzanne Sweeney who is always in the background putting in lots of hours to keep things going smoothly!

Many parents have willingly stepped up to help the first half of the school year with our myriad of tasks this year to help keep the school running smoothly. Thank you to our snack volunteers, our volunteer tutors, our set up and tear down volunteers, and those who help our teachers with rides when needed. Your time and effort makes a big difference in the school, shows your children how important it is to help within the community, and reinforces that you are supporting their Jewish education. Thank you!

May the new secular year of 2014 bring us health, happiness, and more opportunities for good learning together!

Karen Raizen, Education Director, karen@bonaishalom.org, 303-442-6605, ext. 1104

**RELIGIOUS SCHOOL EVENTS**

- **Jan. 5** No School/Winter Break
- **Jan. 8** Parent Teacher Conferences
- **Jan. 11** Shabbat Shelanu
- **Jan. 12** Family Tu B’Shevat Seder Followed by Parent Teacher Conferences
- **Jan. 12** Tu B’Shevat Shelanu
- **Jan. 15** Tu B’Shevat Seder for 6th and 7th Grade Students
- **Jan. 18-19** No Religious School (MLK weekend)
- **Jan. 18** Shabbat B’Yachad
- **Jan. 25** Shabbat Shelanu
- **Jan. 31** Gan/Alef (K/1) Family Shabbat Dinner
- **Feb. 1** Jr. Congregation
- **Feb. 1** Gimel (Gr. 3) Seudat Shlishit and Havdallah
- **Feb. 8** Shabbat Shelanu
- **Feb. 9** Home for Dinner Family Education for Dalet/Hey (Grades 4 and 5)
- **Feb. 15-16** No Religious School
- **Feb. 15** Shabbat B’Yachad
- **Feb. 21** B’nai Mitzvah Family Shabbat Dinner
- **Feb. 22** Shabbat Shelanu
- **Feb. 23** Food Justice Family Ed

**Shabbat Services**

Join us at our weekly Shabbat services held Friday evenings at 6 p.m. and Saturday mornings at 9:30 a.m. Services on Saturday are followed most weeks by a congregational Kiddush lunch that all are invited to attend. As Bonai students, your children are required to attend services a minimum of nine times a year. Please see information about Family Shabbat Programs, which are specifically geared toward students.
Youth & Family Programs

Shabbat Youth Programming
Celebrating Shabbat together as a community is truly restorative. Bonai offers age-appropriate youth programming for our youngest children and their families. Here is the schedule:

**First Shabbat of each month • 10:30 am: Jr. Congregation**
A shorter, interactive service for students in Grades 3-5. Students will have increasing participation and leadership in leading prayers. The Torah service includes Torah discussion/bibliodrama/storytelling options.

**Second & Fourth Shabbat of each month • 11:00 am: Shabbat Shelanu**
For young families with children ages 0-5. This is a parent-led Shabbat celebration that includes the joy of music, dancing, and storytelling.

**Third Shabbat of each month • 10:30 am: Shabbat B’Yachad**
For families with children in Grades K-3. This is an interactive service with activities and discussion about the prayers in the service and the parsha, led by Dafna Michaelson, who brought Storahtelling to us in 2012-13.

Family Programming
We are offering new and different kinds of family programming – both in and out of school. Through school, we have scheduled **Family Shabbat dinners for the different grade levels** as well as some **Mincha/Havdallah events**. We are introducing some new holiday programming for our “Shelanu” families, and bringing some family education programs into the school.

Our Dalet/Hey class (4th and 5th grade) invited parents to join them in the first of three family sessions that are part of Hazon’s new **Home for Dinner** family education program, a pilot program in which we are participating this year. The turnout was very good and parents commented that it was a valuable and enjoyable learning experience. The next two sessions will be held in February and March. The culminating event will be a class Family Shabbat Dinner in April.

Another upcoming family holiday event will be a **Tu B’Shevat family seder on Sunday, January 12th, beginning at 10 am.** All Religious School families are invited. Later that afternoon, at 4 pm, there will be a special Tu B’Shevat Shelanu celebration for our families with children 0-5 years old.

Youth Group Programming
What’s the most fun way to help build a strong Jewish identity in our children – youth groups! Bonai has a new youth advisor, Maytal Schmidt. Maytal comes to us from the state of Maryland, where she has been active with children and leading youth groups, and we are so happy to have her leading these activities!

We have three new youth groups and they are off to a great start. Because bowling is an activity that encourages interaction and conversation, each group started with their own pizza and bowling party. The Tzofim (Grades 2 and 3) had 9 students participating, the Bonim (Grades 4 and 5) had 13, and Kadima (Grades 6 and 7) had 9. We are looking to keep the momentum going and have a schedule of events planned for the rest of the school year. The dates are set, so please put them in your calendars, and the details will be forthcoming in emails. At any time, if you have any questions, please contact Maytal Schmidt, Youth Advisor, at maytal.schmidt@gmail.com.

**Youth Group Calendar**

Jan. 25 – Bonim Movie Night
Feb. 8 – Kadima Event
Feb. 9 – Tzofim Event
Feb. 23 – Bonim Event
Mar. 2 – Kadima Prepare a Purimshpiel
Mar. 9 – Tzofim Movie Night
Mar. 15 – Kadima Purimshpiel Presentation
April 5 – Kadima Ceramic Pottery Painting
(seder plate or Elijah’s cup)
April 13 – Bonim Chocolate Seder
May 4 – Tzofim/Bonim Color War
Mar. 2 – Kadima Movie Night

Jay Wolf
specializing in windows, doors and skylights
phone 303-530-2818
fax 303-530-2881
7933 grasmere drive
boulder, colorado 80301

bradweisman.blogspot.com

Brad Weismann
Writing - Editing - Social Media - Journalism
ph: 303-442-4701
fx: 1-888-270-8362
bweisnmann@yahoo.com
Boulder, CO on-site or telecommute
Among the Members

Please notify the office of any change in your street address, phone number and/or e-mail address. Please check the online Membership Directory on our website (www.bonaishalom.org) for all current member information. If you would like a printed directory, please contact the office.

Did you or your child win an award? Achieve a goal? Share it with your Bonai community so we can all say “mazel tov!” Email Kit Colorado at bulletin@bonaishalom.org to include it in the Bulletin.

MAZEL TOV TO:
To Hannah Kapnik Ashar and Yoni Ashar on the birth of their daughter on Nov. 1!
To Mara and Patrick Tcheunou (Barbara Trager’s daughter and son-in-law) on the birth of their son, Julian Newton Tcheunou, on Nov. 1!
Jordann Hoetzel and Betsy Kessler on the birth of Noa Mayla Kessler on Nov. 17!
Marilyn and Jerry Pinsker on the birth of a granddaughter on Nov. 18!
Meirav Goldman on becoming a Bat Mitzvah.
Ari Banta on becoming a Bar Mitzvah.

HAPPY BIRTHDAY TO THOSE 21 AND UNDER:
January
    Ari Banta
    Elizabeth Cantor-Guitar
    Olivia Davis
    David Engleman
    Noah Flaxman
    Amira Friedman
    Gabriella Miriam Hoggard
    Naomi Kirschner
    Aviva Lane
    Maggie Sara Leibtag
    Ezra Jacob Margolis
    Joel Ornstein
    Alan Seltzer
    Kayla Shewinter
    Noah Steinberg
    Michelle Stovall
    Grace Spivey
    Corinne Sweeney
    Glory Wood-Isenberg
    Samuel Woodward

February
    Jordan Buchman
    Max Caplan
    David Dayan
    Lisa Dayan
    Ethan Fellow
    Jenevive Rosenfeld
    Max Schneeweiss Cole
    Ellie Shiovit
    Aaron Wildman
    Zachary Logan Yacht

CONDOLENCES TO –
To Jason Blau and his family on the loss of his uncle, Neal Blau (Nachum ben Shmuel haLevi).
To Mitch and Amy Bloom on the loss of Mitch’s mother, Louise Joyce Bloom.

REFUAH SHLEMAH (a whole and speedy recovery) TO:
Yaakov ben Shira (RMS’ cousin), Rachel bat Fruma (Josh & Froma Fallik’s daughter), Liora bat Helen (Leslee Haliburton),
David Zalman ben Bayla Leah (Bill Shiovit), John Heuman
(Debbie Maduff’s brother-in-law), Maury Budin (Hena Pillof’s
friend), HaRav Devorah Rut bat Tamar v’HaRav Tvi (Rabbi
Deborah Bronstein), Ita bat Blum Hendel (Irene Rosenschein),
Ruth Carol (Marilyn Carol’s mother), Harav Yacov Halevi
ben Malka (Rabbi Yaacov Rone), Dovid ben Golda (Donald
Bernstein), Basheh Glicka bat Chaya Raizel (Bess Hittelman,
Sheryl Buchman’s grandmother), Sara Leah bat Chaim (Sue
Samuels), Chaya bat Zeleg Tzvi v’Shoshana, Krendl Chaya bat
Devorah (Karyn Schad), Devorah bat Miriam (Doris Small),
Malka Rivkah bat Batia v’Laibel, Ray Crotty (Sue & Mike
Samuels’ friend), Eshka bat Chaya Ziesel (Larry Cohn’s mother),
Shmuel ben Naftali (Freya Brier’s father), Michael Landsman
(Yocheved Landsman’s son), Rose Bresloff (Liz Relin’s friend),
Kalman Eliezer ben Labe Baruch (Liz Relin’s friend), Elliott
Magalnik (Francine Lavin Weaver’s partner), Tamara Rut bat
Rivkah, Itzik ben Bat Sheva (Irving Winesuff, Jenine Rubin’s
father), Lois Lawson (Brad Weismann’s aunt), Sitle Hindman
bat Hanna (Jackie Seltzer’s mother), Jim Linville (brother of
Ru Wing), Kathy Trukositz (Sharon Kocina’s stepdaughter),
Rick Mason (brother-in-law of Sharon Kocina), Susan Frimet
(mother of Sharon Kocina), Claire Weaver (Butch Weaver’s
mother), Aytonnah bat Charlotte (Ed Victor’s mother), Raphoel
Shmuel Naftali ben Esther Liba, Daniel Yochanan Shalom ben
Sarah (Daniel Rettberg, friend of David Schwartz and Naomi
Jacobs), Katarina bat Miria (Kathryn Bernheimer), Batya bat
Meier v’ Blima (Beth Rosenschein), Kati Pressman, Deena Leah
bat Elchanan v’ Perel (Laura Wolf), Jan Baum (sister-in-law of
Hena Pillof), Linda Nevelow (Mother of Courtney Spivey), Reb
Meshullam Zalman Chaya ben Chaya Gittel, Sylvia Wohl (Tzetzet
Beila Bat Hannah) (mother of Stephanie Greenberg), Esther bat
Penina v’Gershon (Esther Sadeh), Peggy Gary (Elizabeth Cantor’s
birth mother) Yehudei bat Benjamin (Judy Herbet), Yonah ben
Daniel (Jonah Maduff), and Haley Maduff.

---

Protecting Colorado for over 25 years
Home Security System
$149.00 Installed
$38.00 Per Month
- Control Panel
- Keypad
- Two Door Contacts
- One Motion Detector
Call 303-448-4357 for more information.
Social Action/Tikkun Olam

Mission Statement
The Social Action Committee identifies, supports, and publicizes projects and activities that will allow congregants to participate in Tikkun Olam with a sense of connection to Jewish tradition and teachings. These projects will focus on safeguarding against threats to life, the earth, freedom, human rights, human dignity, peace, and justice.

Making Your Age an Asset: Job Search at 50+
JCCN (Jewish Community Career Network) will present a program for older job seekers on Wednesday, January 8, from 7 to 9 pm at the Boulder JCC, 3800 Kalma. The program is free of charge and will also benefit career changers, consultants and entrepreneurs who want to start the new year with a fresh approach. Participants will learn and practice strategies for presentation of self in resumes and online and in face-to-face interviews. Reservations are appreciated at info@jccnťoulder.org.

Date with the State
Want to learn more about our state government? Are you interested in seeing sausage being made? (It’s said that the two things you should never observe are sausage-making and politics.) If so, please join members of the Social Action Committee for the Jewish Community Relations Council’s Date with the State on February 24 from 8 am to 3 pm. We will be gathering at the State Capitol for a day that is designed to inform us about the issues facing the State Legislature in 2014 and how the legislative process works. The day will focus on current issues of importance to our community. The program will include briefings by legislative leadership and key officials in state government, advocacy training, observation on the House and Senate floors, and lunch with legislators. The cost for the day, if you’d like a box Kosher lunch, is $18. Please contact socialaction@bonaishalom.org or Joan Nagel, 303-449-5135, for information.

Hineinu: Inclusion Committee Members Sought
There is a new initiative, called Hineinu, focusing on inclusiveness and disabilities issues in the Jewish community. The Social Action Committee is establishing a sub-committee to focus on inclusiveness in our congregation with the purpose of ensuring that people with any physical barriers to participating in our services and programs are accommodated. We are seeking members for this group and are also requesting that individuals with special needs let us know how we can be helpful. Contact Judy Megibow at 303-440-5558 or socialaction@bonaishalom.org.

Bridge House Kitchen Seeking Volunteers
Bridge House (CBS is actively involved in serving the homeless at their Community Table every second Monday) has recently opened a stunning, brand new commercial kitchen at 5345 Arapahoe. The facility is not only cooking healthy, delicious food but also running a training program for clients who are in the Ready to Work employment program. Bridge House is looking for new volunteers with kitchen skills or the enthusiasm and passion to help cook alongside the new executive chef. Various schedules are available from Monday to Friday. E-mail Shari Leyshon at shari@boulderbridgehouse.org. She can give you specifics and see what would work best for your schedule.

Winter Clothing Drive for Homeless (Blankets Needed Too)
Out winter clothing collection for the Boulder Outreach for Homeless Overflow has gotten off to a great start, but winter is only beginning. Please drop off gently used coats, hats, socks, mittens, gloves and packages of new men’s briefs at the temporary CBS office at Congregation Har HaShem (south building) Tuesday-Thursday from 9-5 and Friday, 9-2. We will also be collecting, blankets, quilts, and sleeping bags for the Boulder Shelter for the Homeless. Drop-off for these items is at the Jewish Community Center, 3800 Kalma.

Social Action Committee
E-mail us at socialaction@bonaishalom.org about your questions, interests and ideas for projects.

WOW!
Jesse Gane donated his allowance to the Youth Space matching fund! Thanks Jesse!

If you would like to honor a loved one or commemorate a special event with a leaf on the Tree of Life, or have a Yahrzeit plaque inscribed for placement on the Memorial Board, please either contact the office or visit www.bonaishalom.org and click on “donations” to download a form. The cost for either a leaf or a plaque is $360.

WOW!
Jesse Gane donated his allowance to the Youth Space matching fund! Thanks Jesse!

Thank you!
Happy Winter to you all. As our community is in flux and temporarily homeless, we hope our programs bring a feeling of home wherever that may be!

Our next event of this coming season will be Indian food demonstration by Debbie Garlick at Jan Sturgeon’s home on January 23rd at 7 pm. Come taste food from the exotic east.

Upcoming programs:
- Indian food demonstration – January 23rd
- Zilla Goodman talk – February 13th
- Computer Class – March TBA
- Politics of Women’s Healthcare – April TBA
- Elections and Flower Arrangement – May 8th, Location TBA
- Installation and recipe exchange – June 19th, Location TBA

Please watch for the latest information as the programs listed in the Bulletin were tentative and some have been changed.

Sisterhood is open to ALL Bonai Shalom women. We usually meet on the second Thursday of the month at noon or 7:00 pm.

Annual dues are $18 and those new to Bonai Shalom membership enjoy a complimentary first year.

A HEART-FULL THANKS TO ALL THE SISTERHOOD’S BOARD MEMBERS AND VOLUNTEERS FOR A GREAT JOB. WE CAN’T DO IT WITHOUT YOU.

I look forward to seeing you at our January Indian cooking demonstration.

All the best!
Debbie Garlick and Marilyn Pinsker, Sisterhood Co-Presidents
303-413-8147

Notes From the Office

Dear Friends,

As most people are, I was raised with many core values that have become part of the solid framework of the person I am today. One of these core values is service to others; I believe this is why I’m drawn to non-profit work, activism, and volunteerism.

Lately I’ve revisited the idea of Seven Generation Sustainability, a concept usually attributed to the Iroquois Indians, who are native to my home state. Perhaps even more so because of this, it’s an idea that hit close to home, so to speak. This Great Law of the Iroquois encourages consideration for the children who will arrive here seven generations ahead (about 140 years into the future) and then deciding whether the decisions we make today will benefit those children. This ecological concept is one that is central to my life choices. It’s not every day that a new idea prompts life change.

When I first heard of Hesed and Tikkun Olam, something clicked in my heart and in my head. “YES! This is what it is about!” I thought. I’ve always believed in the concept of helping others, such as we do when we volunteer and give to others for no reason other than to give and create something better than what existed before. Though I’ve lived these values, finding names for commonly-shared values is always exciting. These concepts feel very comfortable and, like the Great Law, very close to home. I am so happy to share the company of a community that holds these values so close to its heart.

I want to thank everyone who has called, stopped by or emailed with offers of help, to volunteer or to pass on encouraging words. Please keep it coming! In the next weeks and months we could definitely use more of it. Contact the office to find out more ways to volunteer.

Best wishes for a great new (secular) year!
Kit Colorado, Administrative Director
303-442-6605, ext. 1103, kit@bonaishalom.org

PS: There are exciting things happening in the office! Stay tuned for a new staffing configuration that I believe will help invigorate our community.
Candle Lighting Times

January 3........4:30 pm
January 10........4:36 pm
January 17........4:44 pm
January 24........4:52 pm
January 31........5:00 pm
February 7........5:09 pm
February 14........5:17 pm
February 21........5:25 pm
February 28........5:33 pm

The prescribed time for lighting candles is exactly 18 minutes before Shabbat actually comes in, in order to ensure that we do not light candles after Shabbat, as the Torah forbids the lighting of fire on Shabbat. Once we have lit candles, we have brought in Shabbat, and anything that our personal practices forbids on Shabbat starts then. Regardless of your level of observance, it is an important, holy and wonderful Mitzvah to gather as a family each week and light candles to shift the energy of the week into the transformative energy of Shabbat. A truly healing weekly ritual!

Shabbat Ends

January 4........5:33 pm
January 11........5:39 pm
January 18........5:47 pm
January 25........5:54 pm
February 1........6:02 pm
February 8........6:09 pm
February 15........6:17 pm
February 22........6:25 pm

At the end of Shabbat, it is traditional to perform the short Havdalah ceremony to distinguish the holiness of Shabbat from the everydayness of the week in a beautiful ritual with wine, spices and a multi-wicked candle. The symbolism of this service is to capture the essence of the light and sweetness of Shabbat and bring it into our week to sustain us in our work and busy lives.


NEWSLETTER NOTES

The Bulletin is posted on the CBS website at the beginning of each month. Visit www.bonaishalom.org and click on “Newsletter.” Extra Bulletins are available in the office.

WE’D LOVE TO HEAR FROM YOU...

If you have family news to be included or other items, please submit it to Kit Colorado. Please note that all submissions are subject to editorial review/edit and upon availability of space.

TO SUBMIT ITEMS OR CONTACT THE EDITOR...

Send to bulletin@bonaishalom.org or contact Kit at 303-442-6605.

January/February Yahrezeitn

Hebrew dates begin at sunset; therefore, the yahrezeit begins after sunset on the Gregorian date shown.

<table>
<thead>
<tr>
<th>Hebrew</th>
<th>Hebrew</th>
<th>Deceased</th>
<th>Related to</th>
<th>Yahrezeit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan. 1</td>
<td>29 Tevet</td>
<td>Mathilde Eichetersheim</td>
<td>Mireille Key</td>
<td>Grandmother</td>
</tr>
<tr>
<td>Jan. 1</td>
<td>29 Tevet</td>
<td>Isidore Irving Wolfe</td>
<td>Allan Wolfe</td>
<td>Father</td>
</tr>
<tr>
<td>Jan. 2</td>
<td>1 Shevat</td>
<td>Dorothy Agin</td>
<td>Judy Megibow</td>
<td>Mother</td>
</tr>
<tr>
<td>Jan. 2</td>
<td>1 Shevat</td>
<td>Sylvia Pinkser</td>
<td>Jerry Pinkser</td>
<td>Mother</td>
</tr>
<tr>
<td>Jan. 2</td>
<td>1 Shevat</td>
<td>Ruben Sterneberg</td>
<td>Charlotte Smokler</td>
<td>Father</td>
</tr>
<tr>
<td>Jan. 3</td>
<td>2 Shevat</td>
<td>Tzila Ben-Ari</td>
<td>Paula Erez</td>
<td>Mother</td>
</tr>
<tr>
<td>Jan. 3</td>
<td>2 Shevat</td>
<td>Rika Horwitz-Romano</td>
<td>Shoshana Horwitz-Romano</td>
<td>Grandmother</td>
</tr>
<tr>
<td>Jan. 4</td>
<td>3 Shevat</td>
<td>Isidor Samuels</td>
<td>Susan Samuels</td>
<td>Father</td>
</tr>
<tr>
<td>Jan. 4</td>
<td>3 Shevat</td>
<td>Sila Ben-Ari</td>
<td>Paula Erez</td>
<td>Mother</td>
</tr>
<tr>
<td>Jan. 4</td>
<td>3 Shevat</td>
<td>Steven Prime</td>
<td>Sharon Kocina</td>
<td>Brother</td>
</tr>
<tr>
<td>Jan. 4</td>
<td>3 Shevat</td>
<td>Andy Friedman</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jan. 5</td>
<td>4 Shevat</td>
<td>David Schwartz</td>
<td>David Schwartz</td>
<td>Father</td>
</tr>
<tr>
<td>Jan. 5</td>
<td>4 Shevat</td>
<td>Brenda Klearman</td>
<td>Linda Hermelin</td>
<td>Sister</td>
</tr>
<tr>
<td>Jan. 6</td>
<td>5 Shevat</td>
<td>Berthold Weiss</td>
<td>Michelle Goldman</td>
<td>Father</td>
</tr>
<tr>
<td>Jan. 7</td>
<td>6 Shevat</td>
<td>Anna Borchert</td>
<td>Sandor Cohn</td>
<td>Father</td>
</tr>
<tr>
<td>Jan. 8</td>
<td>7 Shevat</td>
<td>Esther Konigsberg</td>
<td>Irene Rosenzweig</td>
<td>Sister</td>
</tr>
<tr>
<td>Jan. 9</td>
<td>8 Shevat</td>
<td>Betty Cohen</td>
<td>Cei Greenberg</td>
<td>Mother</td>
</tr>
<tr>
<td>Jan. 10</td>
<td>9 Shevat</td>
<td>Gerhion Rosenholtz</td>
<td>Charna Rosenholtz</td>
<td>Grandparent</td>
</tr>
<tr>
<td>Jan. 11</td>
<td>10 Shevat</td>
<td>Lisa Heyman</td>
<td>Nancy Davis</td>
<td>Sister</td>
</tr>
<tr>
<td>Jan. 12</td>
<td>11 Shevat</td>
<td>Miriam Halpern</td>
<td>Debra Bieza</td>
<td>Mother</td>
</tr>
<tr>
<td>Jan. 12</td>
<td>11 Shevat</td>
<td>Rabbi Abraham Safran</td>
<td>William Safran</td>
<td>Father</td>
</tr>
<tr>
<td>Jan. 12</td>
<td>12 Shevat</td>
<td>Eve Inger</td>
<td>Carol Secor</td>
<td>Mother</td>
</tr>
<tr>
<td>Jan. 13</td>
<td>13 Shevat</td>
<td>Lillian Newman</td>
<td>Robyn Hill</td>
<td>Grandparent</td>
</tr>
<tr>
<td>Jan. 13</td>
<td>13 Shevat</td>
<td>Abraham Goodman</td>
<td>Abraham Goodman</td>
<td>Grandparent</td>
</tr>
<tr>
<td>Jan. 14</td>
<td>14 Shevat</td>
<td>David Rose</td>
<td>Sandy Friedman</td>
<td>Father</td>
</tr>
<tr>
<td>Jan. 15</td>
<td>15 Shevat</td>
<td>Anne Hirsch</td>
<td>Debbie Madoff</td>
<td>Aunt</td>
</tr>
<tr>
<td>Jan. 16</td>
<td>16 Shevat</td>
<td>Bert Gorman</td>
<td>Charna Rosenholtz</td>
<td>Grandfather</td>
</tr>
<tr>
<td>Jan. 17</td>
<td>17 Shevat</td>
<td>Hanna Cohn</td>
<td>Lawrence Cohn</td>
<td>Father</td>
</tr>
<tr>
<td>Jan. 19</td>
<td>19 Shevat</td>
<td>Dyron Shiloh</td>
<td>Yvoni Shiloh</td>
<td>Mother</td>
</tr>
<tr>
<td>Jan. 20</td>
<td>20 Shevat</td>
<td>Virginia Schubert</td>
<td>Ru Win</td>
<td>Mother</td>
</tr>
<tr>
<td>Jan. 24</td>
<td>24 Shevat</td>
<td>Linda Diamond</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jan. 25</td>
<td>24 Shevat</td>
<td>Kurt Loewenstein</td>
<td>Mark Loewenstein</td>
<td>Father</td>
</tr>
<tr>
<td>Jan. 25</td>
<td>24 Shevat</td>
<td>Barbara Rolston-Busch</td>
<td>Shauna Sadow</td>
<td>Aunt</td>
</tr>
<tr>
<td>Jan. 25</td>
<td>24 Shevat</td>
<td>Bertha Bosak</td>
<td>Linda Diamond</td>
<td>Mother</td>
</tr>
<tr>
<td>Jan. 26</td>
<td>25 Shevat</td>
<td>Yissrael Scher</td>
<td>Irene Rosenzweig</td>
<td>Father</td>
</tr>
<tr>
<td>Jan. 26</td>
<td>25 Shevat</td>
<td>Gishe Vayshenker</td>
<td>Peter Vayshenker</td>
<td></td>
</tr>
<tr>
<td>Jan. 28</td>
<td>27 Shevat</td>
<td>Perry Rosenfeld</td>
<td>Alan Rosenfeld</td>
<td>Father</td>
</tr>
<tr>
<td>Jan. 28</td>
<td>27 Shevat</td>
<td>Salima Yona Bat Efraim</td>
<td>Yair Ezer</td>
<td>Mother</td>
</tr>
<tr>
<td>Jan. 29</td>
<td>28 Shevat</td>
<td>Anne Reing</td>
<td>Elizabeth Reing</td>
<td>Mother</td>
</tr>
<tr>
<td>Jan. 29</td>
<td>28 Shevat</td>
<td>Ann Bandier Klanka</td>
<td>Julie Staffer</td>
<td>Aunt</td>
</tr>
<tr>
<td>Jan. 30</td>
<td>29 Shevat</td>
<td>Morris Leibtag</td>
<td>Ira Leibtag</td>
<td>Father</td>
</tr>
<tr>
<td>Jan. 30</td>
<td>29 Shevat</td>
<td>Edith Lowe</td>
<td>Janet Lowe</td>
<td>Mother</td>
</tr>
<tr>
<td>Jan. 1</td>
<td>1 Adar</td>
<td>Herb Harrison</td>
<td>Carl Harrison</td>
<td>Father</td>
</tr>
<tr>
<td>Feb. 1</td>
<td>1 Adar</td>
<td>Thomas Kreindler</td>
<td>Karlin Sharwinter</td>
<td>Father</td>
</tr>
<tr>
<td>Feb. 5</td>
<td>5 Adar</td>
<td>Gladys Halpern</td>
<td>Rachel Amanal</td>
<td>Grandparent</td>
</tr>
<tr>
<td>Feb. 7</td>
<td>7 Adar</td>
<td>Esther Felix</td>
<td>Rhonda Horwitz-Romano</td>
<td>Great Grandmother</td>
</tr>
<tr>
<td>Feb. 9</td>
<td>9 Adar</td>
<td>Paul Diamond</td>
<td>Louis Diamond</td>
<td>Father</td>
</tr>
<tr>
<td>Feb. 9</td>
<td>9 Adar</td>
<td>Sylvia Peckler</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Feb. 9</td>
<td>9 Adar</td>
<td>Jenny Moran</td>
<td>Gali Beh</td>
<td>Grandmother</td>
</tr>
<tr>
<td>Feb. 10</td>
<td>10 Adar</td>
<td>Robert Stein</td>
<td>Linda Loewenstein</td>
<td>Father</td>
</tr>
<tr>
<td>Feb. 10</td>
<td>10 Adar</td>
<td>Geraldine Wolfe</td>
<td>Allan Wolfe</td>
<td>Sister</td>
</tr>
<tr>
<td>Feb. 11</td>
<td>11 Adar</td>
<td>Richard Pearl</td>
<td>Rebecca Cohen</td>
<td>Brother</td>
</tr>
<tr>
<td>Feb. 11</td>
<td>11 Adar</td>
<td>Leib Bundoransky</td>
<td>Mariya Vayshenker</td>
<td></td>
</tr>
<tr>
<td>Feb. 12</td>
<td>12 Adar</td>
<td>Siebert J. Schwartz</td>
<td>David Schwartz</td>
<td>Father</td>
</tr>
<tr>
<td>Feb. 13</td>
<td>13 Adar</td>
<td>Morris Judd</td>
<td>Orty Hersh</td>
<td>Grandfather</td>
</tr>
<tr>
<td>Feb. 13</td>
<td>13 Adar</td>
<td>Paul Levy</td>
<td>Sari Levy</td>
<td>Father</td>
</tr>
<tr>
<td>Feb. 13</td>
<td>13 Adar</td>
<td>Fred Bodener</td>
<td>Sandra Cohn</td>
<td>Father</td>
</tr>
<tr>
<td>Feb. 13</td>
<td>13 Adar</td>
<td>Morris Judd</td>
<td>Nina Judd</td>
<td>Father</td>
</tr>
<tr>
<td>Feb. 14</td>
<td>14 Adar</td>
<td>Julian Baroch</td>
<td>Arthur Wouk</td>
<td>Uncle-in-Law</td>
</tr>
<tr>
<td>Feb. 14</td>
<td>14 Adar</td>
<td>Doris Siegel</td>
<td>Janine Starr</td>
<td>Grandmother</td>
</tr>
<tr>
<td>Feb. 14</td>
<td>14 Adar</td>
<td>Paul Wildman</td>
<td>Bruce Wildman</td>
<td>Father</td>
</tr>
<tr>
<td>Feb. 15</td>
<td>15 Adar</td>
<td>Sadie Flaxman</td>
<td>Samuel Flaxman</td>
<td>Grandparent</td>
</tr>
<tr>
<td>Feb. 17</td>
<td>17 Adar</td>
<td>Ned Schad</td>
<td>Devon Schad</td>
<td>Grandparent</td>
</tr>
<tr>
<td>Feb. 18</td>
<td>18 Adar</td>
<td>Dorothy Cohn</td>
<td>Barbara Cohn</td>
<td>Mother</td>
</tr>
<tr>
<td>Feb. 18</td>
<td>18 Adar</td>
<td>Mioara Moros</td>
<td>GaliBeh</td>
<td>Mother</td>
</tr>
<tr>
<td>Feb. 19</td>
<td>19 Adar</td>
<td>Morris Derechinsky</td>
<td>Jeanne Nauenberg</td>
<td>Father</td>
</tr>
<tr>
<td>Feb. 20</td>
<td>20 Adar</td>
<td>Ruth Kramer</td>
<td>Robert Kramer</td>
<td>Father</td>
</tr>
<tr>
<td>Feb. 21</td>
<td>21 Adar</td>
<td>Harold Kaufman</td>
<td>abeth Cantor-Guir</td>
<td>Grandparent</td>
</tr>
<tr>
<td>Feb. 22</td>
<td>22 Adar</td>
<td>Denise Anthony</td>
<td>Rhonda Horwitz-Romano</td>
<td>Close Friend</td>
</tr>
<tr>
<td>Feb. 22</td>
<td>22 Adar</td>
<td>Rose Rosoff</td>
<td>Henry Rosoff</td>
<td>Grandmother</td>
</tr>
<tr>
<td>Feb. 23</td>
<td>23 Adar</td>
<td>Irving Levine</td>
<td>Barbara Cohn</td>
<td>Parent</td>
</tr>
<tr>
<td>Feb. 23</td>
<td>23 Adar</td>
<td>Lila Sosin</td>
<td>Susan Sosin</td>
<td>Mother</td>
</tr>
<tr>
<td>Feb. 24</td>
<td>24 Adar</td>
<td>Fannie Goodman</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Feb. 25</td>
<td>25 Adar</td>
<td>Nathan Marchenson</td>
<td>Jessica Adams</td>
<td>Grandparent</td>
</tr>
<tr>
<td>Feb. 26</td>
<td>26 Adar</td>
<td>Edwin Peckler</td>
<td>Valerie Singer</td>
<td>Father</td>
</tr>
</tbody>
</table>
D’var Torah by Ariella Banta

Who were you before you were here? If you don’t know, then how do you think your identity is chosen? You knowing your name? By what clothes you wear or how your grades are or how you speak? I honestly don’t think it’s any of those. That’s what other people think of you. Your identity is what YOU make yourself to be. If you think you are an independent spirit, then that is your identity, because you found it yourself. You did not wait for others to tell you. I actually chose my own identification. I found my Hebrew name on my own. Nobody told me what it was, or what it should be, but it felt like G-d had guided me to the name, and I think he meant for me to find that name. Ariella. It means Lioness of G-d. When I found that name on a website for Jewish names, I knew right then and there I didn’t need to look anymore. It practically just jumped off the page. It’s hard to describe, but I know it was like how the burning bush came to Moses. When I looked into my name more, it turned out I had a tie to that name. My grandmother’s maiden name was Loewe, which translates to lion in German and to Lavi in Hebrew which also means lion. So, in a way, it was like I uncovered some of my history and didn’t even know it then.

Another reason the name stuck out for me was when I was younger and even now, I have always loved lions. I felt like I could relate to them. They are strong fast, intelligent and graceful creatures, which I have heard I have some of those traits. Lions also like to know who they are in their pride, just as I like people to know who I am. In sixth grade, I wrote a story in English about how the lion got its roar. I didn’t even think about how it related to my Hebrew name back then, but I didn’t have to consider other options about what I wanted to do, it just stuck, like my name. It just spontaneously came without another thought needed to decide.

The first reading of this parsha is how G-d is telling Moses who he is and what he has to do. It’s G-d guiding Moses to whom he was to become, he guided him to whom he was, kind of like what he did for me. G-d guided me to the name, then I just went from there with a little help from Him on the way.

Some of the commentaries say that G-d is not something that is perfect every time and that the way God is now is set in stone. Quite the contrary, some believe that he is always changing and evolving, always wanting to be better or more than was or already is.

Rabbi Nahum Sarna believes that the many names for G-d in the Torah give God “character and nature”, or the “makeup of the whole personality.” Some say that G-d has many names. We already knew that, but they say that each name is from another line in the Torah where a new side is shown from the stories written. They also say that the names for G-d are just many parts one one supernatural being. Rabbi Abba ben Mammel, from the third century Tiberias, has some ideas about the many names of G-d. “He claimed that G-d is called Elohim when making judgements about people and nations; Tzevaot, ‘Hosts,’ when making war against evil-doers; El Shaddai, ‘G-d Almighty, when forgiving humans for harming themselves and others; and Adonai when increasing compassion and love in the world. G-d’s names reveal G-d’s deeds.” Just as we give people nicknames for their traits, we do the same to G-d. The names give him the traits of a compassionate loving, kind being. That’s why we use the plural Elohim. It means many, standing for the many names that G-d has been given for all the miracles of which he has bestowed upon us.

In my opinion, and and some of the commentators think, “no matter how many names we give G-d, or no matter how they say what he does, or how beautiful they are, no name can ever really describe G-d and everything that has done for us. It’s kind of the same for humans. We humans are a lot more complicated than we seem, so even though we have a name, and it was given to us when we were born, it really cannot describe who we are in one word. That’s like saying sum up a five hour play in one word; you can’t do it. No matter how pretty your name is, or what it means, it cannot sum up your whole existence, just like how these names cannot sum up G-d.

In the Torah, there are many characters that end up finding their identity. In parsha Vayishlach, Yakov had a struggle with a being at night and it waged all night. The being, instead of blessing him, gave him the name Yisrael, meaning “One who wrestle with G-d,” then he went from being the “heel,” to being a leader of our great nation. He found who he was through G-d’s help. He did not try to find it, it found him. Moshe, the hero this parsha, also found who he was. He had a lot of trouble finding himself too. He was an orphaned child, found in a basket in the river, and was a prince of Egypt. Then Miriam told him that he was her and Aharon’s brother. He ran away after murdering a man. He had a lot of identities, prince, Jew, nomad, shepherd, a lot of things. It was only when Hashem came to Moses through the burning bush that he realized who he was.

There is a song called “Wake Me Up,” written by a contemporary artist, Avicii, and a line from his song is, “So wake me up when it’s all over, when I’m wiser and I’m older.” Which means when we are young, we are kind of naive and don’t really pay attention, like we are asleep, hence the when it’s all over, when those childhood years are over, when we are Bar and Bat Mitvzah age, we are wiser and older, ready to handle being a Jewish adult and help carry on the tradition of Judaism. Another line is, “All this time was I finding myself, and I didn’t know I was lost,” which kind of means we are subconsciously finding who we really are, even though we may not know that we were looking for anything or that we may have found it until something memorable happens.

This parsha means a lot to me. Part of it comes from the Woodwards, who have the best passover seders ever which is where we tell this story, well until the parting of the Red Sea, and it was and is one of my favorite holidays because of the meaning and the connections we can make from it to our own daily lives sometimes. That’s why I was so excited to be doing this parsha, I know the story, maybe not as detailed as the Torah makes it, but I know the outline and some of the details like the back of my hand. I love how it encompasses finding identity, struggle, stubbornness, the mystical and powerful, with courage in the same parsha. These are all elements that come from everyday human life. Even the part about finding who you are. When something happens that makes you change your life or remember it differently, you are right then discovering who you are.

My tutor, David Greenberg, who first I want to thank for getting me ready for this day, told me that on your Bar or Bat Mitvzah, you feel a special connection that only you feel with G-d that day. It’s like this cups you have and you connect the two with a string. Well, it’s like you have one and G-d had the other, it’s kind of like that. This is the day where G-d gives you a little special attention. This is your day where he grants those little wishes you want, and where he will make those happen. This day, this special day, that only happens once at this age, and is for you and you only. Cherish it, after all, you are only thirteen once.

I’m not doing this Bat Mitvzah for anyone. I love you dad, but I didn’t do this for you. I made this choice, I chose to finish my conversion. Coming up here, to read the Torah, and give this D’var, just affirms the fact that I chose this and that I want to be Jewish. Being a Bat Mitvzah, I wanted this, I chose this, and I was certain about it. I was excited that I was doing this. This was my choice.

Now, I’ll ask you this question again. Who were you before you were here? If you still don’t know, don’t try hard to find IT, let it find YOU.
Meirav Goldman’s Bat Mitzvah Speech

Shabbat Shalom! Hi, I’m Meirav and thank you all for coming today.

Last month, a man named Stu Cabe came to my school. Stu is a speaker for the Boomerang Project and comes to schools to talk about community behavior. He talked to my grade for seven hours. He spoke about being kind, the effects of bullying, he even told us a story about elephant behavior. But what really caught my eye was when he said the word “CHANGE”. Change is a very powerful thing; it can be any kind of change, from change in evolution to change in technology and, especially change in how we all interact with each other.

The name of my Parsha is V’Yechi. V’Yechi means “and he lived”, which refers to Ya’akov or Jacob. But this is a strange name for this parsha since Jacob actually dies. Let me tell you the story and I will get back to this point and how the name V’Yechi ties in with the chain of events.

Jacob lived 147 years. The last 17 years he spent in Egypt. He asked G-d for a sign that that he was dying, and then he became ill. Jacob knew being sick was a sign of his passing so he asked a messenger to send over Joseph, who essentially governed Egypt for the Pharaoh. He asked for Joseph to bury him in the Land of Israel. But why did he ask Joseph and not his other sons such as Judah or Reuven? The Midrash says that Jacob sent over Joseph because he was the only one who could fulfill his wish. Joseph was the secondary ruler of Egypt and he could actually fulfill Jacob’s wish. Jacob asked to be buried in Ma’arat HaMachpela [the cave of the patriarchs] and Joseph agreed.

Jacob proceeded to bless his children. Then Jacob blessed Joseph’s sons. Ephraim was the oldest and Manashe the younger brother. Usually you bless the oldest with the left hand and youngest with the right hand but this time Jacob put his left hand on Manashe and his right hand on Ephraim. Jacob did that because he knew that Manashe’s descendant is Joshua who led the Israelites into the land of Israel after Moshe passed away. That’s why on Friday night sons are blessed with “may you be like Ephraim and Manashe”, because Jacob wants us to live up to their example. It’s also interesting to note that Jacob was himself the youngest who received his father’s blessing first.

Suddenly Jacob dies, Joseph and his brothers bring him to the land of Israel and bury him, right before his death Jacob said something but no one could understand him. After they buried him and came back to Egypt, Joseph went to the pit with his brothers where they had thrown him in earlier in his life to sell Joseph as a slave out of jealousy. According to the Midrash, Joseph’s brothers got scared, they believed Joseph was going to plan revenge on them. One of the brothers said, “Don’t kill us, we will do anything, we will even be your slave.” Joseph cried and said, “I’m not upset; I came here to thank G-d, because if you didn’t do this to me, I wouldn’t be able to provide for you during famine and to bury our father, Jacob, in Israel.” He continued, “At first something seems bad, but then CHANGE takes its part out of it and shows the potential for good is possible. We can all sit here and cry or think about what this change has done for me.” We learn that Jacob’s last words to Joseph were that Joseph should forgive his brothers.

This brings us back to my topic, where I referred to the word “change”. This relates to my Parsha, or more specifically, Jacob. Jacob changed a lot throughout his life. The first example is with the whole Esau episode when Jacob stole Esau’s birthright. Nonetheless, this “change” was done through deceit and, although Jacob may have felt correct in the first place, when he meets his brother many years later, he apologized. Jacob’s name was also changed to Yisrael, or Israel, which means to wrestle with G-d, because Jacob did wrestle with G-d, both physically and spiritually. Jacob changed the leadership of the Jewish people from Reuven, his eldest to Judah because of leadership traits he saw in Judah. Also as discussed above, Jacob changed the order of blessing his own grandchildren because of leadership traits, and finally the most important change is that he was honest at the end of his life.

When I first read the parsha, I thought when Jacob gives the blessings to his sons he is very harsh and unkind. But Jacob was being honest and hadn’t been honest earlier in his life; he lied to his father to get a blessing and a birthright which belonged to his older brother Esau. That wasn’t being truthful, but he changed and realized he needed to be honest. Pinchas Peli, a 20th century commentator, says that Jacob taught his sons an important lesson, so that they can change. His sons had behaved badly in throwing Josef into the pit, as well as acting violently to the people of Shechem, and Jacob, when giving his blessings, told them the truth about the evil deed they committed. He felt that honesty was necessary in order for them to change. Peli also says “such a criticism would help them find their way towards the future, in which they were destined to assume the roles as heads of each of the tribes of Israel.” Jacob learned through his life, that truthful criticism was needed, and that was a fundamental change from when he was younger. Another viewpoint is from Isaac Abravanel, a Portuguese commentator that lived in the 15th century, saying that when it was time for Jacob to die, he wanted them to understand why he switched around the leaders. Jacob knew what strengths and weaknesses each son had, so he wasn’t being brutal, he was being honest, about why he made the change in leadership so that they would accept it and not fight.

Now let’s get back to my first question, why is the Parsha called Vayechi, “and he lived” when the focus is on events around Jacob’s death? The answer is Jacob changed so much throughout his life that his own course of changes allowed him to live to great potential. Jewish people remember their loved ones, like my grandfathers and my Aunt Bobbie, every year on the day of their death. This is not to remember how they died, but how they lived because we look at the whole journey of their life, not just the day they were born and we take the lessons from their life experiences. In Jacob’s case it was his need for honesty that changed.

This week marked the passing of Nelson Mandela, former President of South Africa who fought for the rights of all South Africans to enjoy equality and freedom. Nelson Mandela also changed a lot in his lifetime and we should remember his courage from a military struggle to peaceful cooperation. It would have been easy for Nelson Mandela to be angry, but he changed and chose a peaceful path.

Now I would like to talk about how change relates to me. My first change was being born in Malaysia, moving to Singapore, then to Israel, and lastly, six years ago, settling in Boulder. I have also changed quite a bit in my Jewish life. Going to Camp Ramah in the Rockies is a great experience and has changed me in two ways, firstly I was always afraid of heights and this past summer I climbed an 800 foot rock which gave me lots of confidence and courage. More importantly, Ramah has exposed me to a Jewish community that is very joyful and demonstrates pride and confidence in our heritage. I am so fortunate to have these experiences.

continued on page 15
Donations

If your donation is for a celebration, a specific event, IMO or IHO a specific person(s), or for anything else you want specified, please include that information along with your payment, so we can be sure to record it correctly in this column. Also, please indicate who is making the donation (an individual, a husband and wife, the family, etc.).

This listing includes donations made through December 31, 2013.

<table>
<thead>
<tr>
<th>Accounting Donation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Paul Bechtner Foundation</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Building Fund</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lloyd &amp; Mary Gelman – IMO Vincent Flash</td>
</tr>
<tr>
<td>Curtis &amp; Deborah Stovall</td>
</tr>
<tr>
<td>Howard Susskind – IMO Bernie Coleman</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Froma Fallik Education Memorial Fund</th>
</tr>
</thead>
<tbody>
<tr>
<td>Curtis &amp; Deborah Stovall – IMO Sam V. Gordon</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>General Fund</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carol Adamson</td>
</tr>
<tr>
<td>Allied Jewish Federation of Colorado</td>
</tr>
<tr>
<td>Anonymous Gift</td>
</tr>
<tr>
<td>Wendy Aronson – IMO of my grandfather</td>
</tr>
<tr>
<td>IHO the Torah</td>
</tr>
<tr>
<td>Gail Bates Yessne</td>
</tr>
<tr>
<td>Susan Berman</td>
</tr>
<tr>
<td>Congregation Beth Shalom</td>
</tr>
<tr>
<td>Robert &amp; Elisa Bildner</td>
</tr>
<tr>
<td>Ilyse Bloom</td>
</tr>
<tr>
<td>Bob Marquee &amp; Freya Brier</td>
</tr>
<tr>
<td>Nathan &amp; Miriam Brillman</td>
</tr>
<tr>
<td>Sara-Jane &amp; Bill Cohen – IHO Dahlia, granddaughter of Jerry and Marilyn Pinsker. Mazel Tov!</td>
</tr>
<tr>
<td>Barbara Cohn</td>
</tr>
<tr>
<td>Susan Cohen and Igor Vayshenker – IMO Bernard Cohen</td>
</tr>
<tr>
<td>Boulder Jewish Community Center</td>
</tr>
<tr>
<td>Jewish Community Center of Paramus Congregation Beth Tikvah</td>
</tr>
<tr>
<td>Sisterhood of Congregation Bonai Shalom – IHO Judy Megibow and Abby Robinson</td>
</tr>
<tr>
<td>Sisterhood of Congregation Emanuel</td>
</tr>
<tr>
<td>Shir Chadash Conservative Synagogue</td>
</tr>
<tr>
<td>Carol Chazdon</td>
</tr>
<tr>
<td>Carol Chazdon &amp; Robert Amend – IMO Victor and Elizabeth Amend</td>
</tr>
<tr>
<td>Judith Dack – IHO Francine Lavin Weaver</td>
</tr>
<tr>
<td>Ira &amp; Linda Diamond</td>
</tr>
<tr>
<td>Marla Diamond</td>
</tr>
<tr>
<td>Yair &amp; Paula Erez – IMO Benjamin Ben-Ari</td>
</tr>
<tr>
<td>Joshua Fallik – IMO of Rachel Fallik</td>
</tr>
<tr>
<td>Graham &amp; Nili Feingold</td>
</tr>
<tr>
<td>Rabbi Steven &amp; Joyce Foster</td>
</tr>
<tr>
<td>Rose Foundation</td>
</tr>
<tr>
<td>Nicole Frank</td>
</tr>
<tr>
<td>Steve &amp; Sandy Friedman</td>
</tr>
<tr>
<td>Joshua &amp; Arti Goldstein</td>
</tr>
<tr>
<td>Jim McPhee &amp; Jessica Hersh – IHO Jason Blau’s birthday</td>
</tr>
<tr>
<td>Steven &amp; Robyn Hill</td>
</tr>
<tr>
<td>Beth Israel Congregation</td>
</tr>
<tr>
<td>Andrea Jacobson – IHO Phillip Olson</td>
</tr>
<tr>
<td>Verne &amp; Abigail Jacobs</td>
</tr>
</tbody>
</table>

Bethesda Jewish Congregation
Little Neck Jewish Center Inc.
Michael Kone & Abby Robinson
Aron Krasnopoler – IHO Norm Traum
Lawrence Langer
Gus & Tamara Lester – IMO Martha Warshinsky
Thelma Levine
Adam & Valeries Lieberman
Alfred & Leanore Loeb – IHO Wendy Slotnick
Mike & Debbie Maduff
David Fishbaum & Anne McDonagh
Dr. Alan and Judy Megibow – IMO Estelle Stieglitz
Charlotte Michener Krasnoff – IMO Rabbi Marc Soloway
Robin Morris
Oreg Foundation
P’nai Philadelphia
Burton Radish
Heska Amuna Rabbi RDF
Elizabeth Rodman-Mandel
Jack & Emily Rudd
Martin’s Run
Michael & Susan Samuels
Stephen Segal
Joel & Marion Selbin – IMO Howard Krasnoff
Carolyn Siegel & Jeremy Siegel
Rabbi Deborah Silver
Doris Small – IMO Martin Small
Michelle Stein
Dorothy Taub
Irwin & Janet Tobin
Kol Tzedek
Igor Vayshenker & Susan Cohen
Leonard & Nancie Velick
Richard Warren
Peter Weinberg
Sheila Weinberg
Shirley Weisz
Anita Wenner
Mark & Jackie Wong
Arthur Wouk – IMO Sarah Wouk
Fay Wouk
Myrna Yalon
Morristown Jewish Center Beit Yisrael
Richard & Stacey Zis
Barbara Chertok
Sara-Jane & Bill Cohen – IHO of Barbara and Tom Trager on becoming members of the grandparents club!

continued on page 15
A few years ago, when we first moved to Boulder, my grandfather, who I called Saba, visited my family for Pesach. During that visit my Saba told my mom that even though he is older and seems wise and would know all the answers, he is constantly struck by how little he knows. His feelings on life keep changing. To me, that’s what makes a good person; when you are willing to change. My first reaction was that it was strange that my 80-year old grandfather was still evaluating and changing his mind on things and learning, and admitting it…. Now I realize that he was becoming more truthful to himself about life, and mistakes he had made. Even though I think I know everything, I still have an infinite amount to learn. Turning 13, I actually am just at the start of learning, changing, and evolving. Changing who you are makes you a good person. When you stop changing it means you stop trying and when you stop trying, it stops the opportunity to become a better person. Change is a lifelong job. Back to Yaakov, he changed his entire life, and that’s what made him a memorable character—hence the Parsha’s name, Vayechi. We remember Yaakov for his changes and struggles in life.

My parents are often honest with me. I can’t say that I always enjoy it, at all, but I suppose I would rather be told the truth by my parents than be lied to. An example is when my mom tells me my homework isn’t done well when I think it is. While studying for my parsha I initially thought that Jacob was being cruel; but then I learned that by being honest, he was setting his kids up for success. And that’s even better than lying and making them feel good.

For my Bat Mitzvah project I’m volunteering at the Boulder Homeless Shelter preparing breakfast with other fellow Bonai Shalom community members. This relates to my theme of “change” because supporting these residents gives them the opportunity to get their lives back in order and make their own stamp on society. This is very critical change. At the Boulder Homeless Shelter, they not only get food but they also get medical care, counseling, and dental care. That helps the residents get back on their feet, and, hopefully bring permanent positive change to their lives. This experience has not only made me feel very fortunate about my own life and the opportunities that I have available, but also there are many things I take for granted that are not all that important. This has contributed to my own personal change where I learned that what I thought were high priorities are not necessarily the case. I look forward to continuing volunteering there and seeing how else it might open my eyes.

I would like to thank my parents who gave me the opportunity to have a Bat Mitzvah, sister and brothers for reading aliyas and leading prayers even though it is not easy, my grandmother for coming out here, Rabbi Marc for guiding me, Josh for his guidance and being my tutor and being very patient with me and for preparing me, Rabbi Eliav and the Ramah staff for giving me an incredible and inspiring Jewish experience, and to the Homeless Shelter employees who support me in my volunteer efforts, and fellow Bonai volunteers, and to all my friends who are here to support me as well as all those who have sent their good wishes. Shabbat Shalom and thank you.
Voliyah Membership Program at CBS

Bonai offers two exciting programs that allow members to support CBS by giving above and beyond their standard membership. One way is through our Aliyah plus giving program, in which members give financially above their standard dues amount. Second is our Voliya (Volunteer Aliyah) program, in which members give extra volunteer hours to Bonai Shalom. Visit www.bonaishalom.org and click on the “Volunteer” link for details.

Connect to Bonai!

Bonai Shalom is now connected to social media. Please “like” our new page on Facebook, and “follow” our Twitter feed and Pinterest site. Just put “Congregation Bonai Shalom” in the search boxes and you will find us. We will be using these sites to get the word out about all of Bonai’s programs!

Shammus Opportunities

Do you remember the first time you were welcomed into our synagogue at a service? In business, many of us talk about the importance of the first impression. This is the special role of the Shammus at Bonai Shalom! The task is simple – the Shammus welcomes people into the sanctuary, provides them with the appropriate books for the service, and fills the cups for the Kiddush on Friday evenings – but the service is deeply important.

Please help us in this important role! You may sign up for future dates by emailing shammus@bonaishalom.org or calling the office. Please put Shammus duty and the date you desire in the subject line. You will receive an email confirming your scheduled date, and the week prior you will receive a reminder phone call. A Board member can always be available to assist you.

Thank you!

EARN MONEY FOR BONAI WHEN YOU FOOD SHOP!
NEW INFO, EXPANDED PROGRAM

King Soopers and Safeway gift cards are RECHARGEABLE (up to $500 at a time) at the check-out lane or service counter using your own credit card! You get the points every time you recharge (reload) the card, and Bonai Shalom, the JCC, and the Boulder chapter of Hadassah share the 5-percent profits equally.

Your first King Soopers or Safeway scrip card must be purchased from either Bonai Shalom or Karen Diamond. The number on this card is tied to the shared account — everyone profits! The cards are available in $10 denominations. The rechargeable gift card may be used at King Soopers gas stations and Safeway gas stations. The King Soopers rechargeable gift card may also be used at Kroger and Ralph stores, and a host of other nationwide stores listed on the card.

Whole Foods gift cards are now available in $100 denominations. These cards are not rechargeable. When the amount on the card is “used up,” the card is thrown away. Whole Foods offers a 3-percent rebate to our scrip program. For more information or to purchase a Whole Foods gift card, contact Karen Diamond at 303-939-8656.

Also, $100 or $200 Sprouts gift cards are available from Karen Diamond. These cards are not rechargeable, but Sprouts offers a 5-percent profit. Once the amount on the card is spent, a new one must be purchased from Karen — please contact her with questions and for orders.

A Place at Your Table?

In the Jewish tradition hospitality (hachnassat orachim) is not just a nice thing to do, but is one of the highest mitzvot! At Bonai Shalom, we try to be as welcoming and open as we can, yet, there is still more that we can do. If you know in advance that you will have places at your table for a Shabbat or Festival meal, please let us know at the office, so that we can match you up with honored guests! Also, if you are looking for some home hospitality, please let us know too, and we will do what we can.

King Soopers and Safeway gift cards are RECHARGEABLE (up to $500 at a time) at the check-out lane or service counter using your own credit card! You get the points every time you recharge (reload) the card, and Bonai Shalom, the JCC, and the Boulder chapter of Hadassah share the 5-percent profits equally.

Your first King Soopers or Safeway scrip card must be purchased from either Bonai Shalom or Karen Diamond. The number on this card is tied to the shared account — everyone profits! The cards are available in $10 denominations. The rechargeable gift card may be used at King Soopers gas stations and Safeway gas stations. The King Soopers rechargeable gift card may also be used at Kroger and Ralph stores, and a host of other nationwide stores listed on the card.

Whole Foods gift cards are now available in $100 denominations. These cards are not rechargeable. When the amount on the card is “used up,” the card is thrown away. Whole Foods offers a 3-percent rebate to our scrip program. For more information or to purchase a Whole Foods gift card, contact Karen Diamond at 303-939-8656.

Also, $100 or $200 Sprouts gift cards are available from Karen Diamond. These cards are not rechargeable, but Sprouts offers a 5-percent profit. Once the amount on the card is spent, a new one must be purchased from Karen — please contact her with questions and for orders.

A Place at Your Table?

In the Jewish tradition hospitality (hachnassat orachim) is not just a nice thing to do, but is one of the highest mitzvot! At Bonai Shalom, we try to be as welcoming and open as we can, yet, there is still more that we can do. If you know in advance that you will have places at your table for a Shabbat or Festival meal, please let us know at the office, so that we can match you up with honored guests! Also, if you are looking for some home hospitality, please let us know too, and we will do what we can.

Voliyah Membership Program at CBS

Bonai offers two exciting programs that allow members to support CBS by giving above and beyond their standard membership. One way is through our Aliyah plus giving program, in which members give financially above their standard dues amount. Second is our Voliya (Volunteer Aliyah) program, in which members give extra volunteer hours to Bonai Shalom. Visit www.bonaishalom.org and click on the “Volunteer” link for details.