From Age-ing to Sage-ing – Spiritual Eldering
Led by Rabbi Ori Har DiGennaro and Rosemary Lohndorf

“...[a Sage] is a person who deserves respect and honor and whose work it is to synthesize wisdom from long life experience and to formulate this into a legacy for future generations.” —The Live Oak Project

Six Thursdays, October 1 – November 5 2015
10:00am - 12:00pm
Congregation Bonai Shalom

Building on the teachings of Reb Zalman Schachter Shalomi z”l, this program invites you to embrace life and live your elder years more consciously, more joyfully, and more compassionately, while offering powerful contemplative tools for gathering and giving expression to the wisdom of your own ripening lives.

This new vision of growing older empowers us to:

• Harvest the wisdom of our life experience to enrich the present moment.
• Face our mortality and learn from it.
• Mature in our relationships & in our communities.
• Develop a regenerative spirit.
• Take active leadership roles in society.

Appropriate for all who want to gain deep meaning in the aging process, including professionals working with elders.

Register for the series or come to the first class.

Fee: $108 for Bonai Shalom members, $132 per class for non-members.
Additional $20 fee for materials workbook.
Co-sponsored with the Conscious Learning Community.